

Academy of Cognitive Therapy

Case Review Rating Scale for Supervisors

Applicant:

Case Identification:

Rater:

Date of Rating:

- (0) – Not Present
- (1) – Present but inadequate
- (2) – Present and adequate

Supervisee Information

- 1 1. Identifying information (job, experience of CBT, professional background)
- 1 2. Clients worked with and particular issues for supervisee

Formulation, Target Setting and Conceptualization

- 1 1. Assessment of strengths
- 1 2. Assessment of weaknesses
- 1 3. Issues supervisee's requested assistance with
- 1 4. Conceptualization of weaknesses or problems
- 1 5. Supervisee ion goals

Plan and Course of Supervision

- 1 1. Supervision plan
- 1 2. Procedures\methods used in supervision
- 1 3. Observation of supervisee's work (tapes, case write up)
- 1 4. Supervisory relationship
- 1 5. Outcome of supervision

Comments:

Total Score Pass Fail