



Health Systems Transformation Task Force Member Biographies

M. Jacob Adams, MD, MPH Dr. Adams is an Associate Professor in the Division of Epidemiology, Department of Public Health Sciences at the University of Rochester School of Medicine and Dentistry. He has been Program Director for the General Preventive Medicine and Public Health Residency at the University of Rochester for the last 2.5 years.

Dr. Adams completed his undergraduate degree at Washington University in St. Louis and his medical degree at the Johns Hopkins School of Medicine in Baltimore, MD. While in Rochester, he completed a Pediatric Internship, an NIH-funded Preventive Cardiology Research training fellowship and a Masters in Public Health as well as a Preventive Medicine Residency. Dr. Adams has focused his research interests in the long-term cardiac effects of childhood cancer therapy, particularly the effects of thoracic irradiation. He was a recipient of an NHLBI-funded K-23 Patient Oriented Mentored Career Development award to re-start the Hempelmann cohort of individuals irradiated with an enlarged thymus as babies between 1926 and 1957 in Rochester, New York as well as their siblings. The scientific goal of this effort is evaluate the risk of low dose chest irradiation on the lifelong risk of coronary artery disease and to update the evaluation of risk for malignancy from this exposure. As a result of his Preventive Medicine residency he has become very interested in quality improvement and patient safety initiatives in inpatient and community settings. He is particularly interested in applying these efforts and skills to cancer survivorship programs.

Prior service to the American College of Preventive Medicine has been as a member of the Career Development Planning Subcommittee for Preventive Medicine 2013, a member of the Population Health Track Subcommittee for Preventive Medicine 2014. This year he is co-chair of the latter for Preventive Medicine 2015.

Wendy E. Braund, MD, MPH, MEd, FACPM is the State Health Officer and Senior Administrator, Public Health Division, in the Wyoming Department of Health. Previously, Dr. Braund was employed by the US Department of Health and Human Services, serving in the Office of Disease Prevention and Health Promotion and then the Health Resources and Services Administration.

Dr. Braund is a 2007 graduate of the Johns Hopkins Bloomberg School of Public Health Preventive Medicine Residency Program and is board certified in General Preventive Medicine and Public Health. She is a Fellow of the American College of Preventive Medicine. Her degrees include a BA from Duke University, MEd from the University of Pennsylvania Graduate School of Education, MD from the Pennsylvania State University College of Medicine, and MPH from the Johns Hopkins Bloomberg School of Public Health.



Earl W. Ferguson, MD, PhD, FACC, FACP, FACPM is a healthcare executive, cardiologist, and preventive medicine specialist with a major interest in telemedicine, telehealth and telecommunications and computer applications to healthcare, including electronic health records, health information exchange and cardiovascular imaging. He is CEO of Sun BioMedical Technologies, a biotech company doing research on early, undetected atherosclerotic cardiovascular disease. He is also leading development of a Cardiovascular Imaging Program at Ridgecrest Regional Hospital (RRH), a Coronary Artery Risk Evaluation (CARE) Program, and Coordinated Cardiovascular Care throughout the high desert region of Southern California providing cardiology consults to RRH and its Rural Health Clinic.

He also provides telemedicine consults to remote areas of the high desert of California and remotely monitors patients with pacemakers and automated implantable cardiac defibrillators. He is Past President, California State Rural Healthcare Association and Executive Director of the Southern Sierra Telehealth Network established in 2001. He has served as a Director on numerous other boards, including the California Broadband Cooperative (Digital 395 Project), California Telehealth Network, California Health Information Partnership & Services Organization (largest and most successful Rural Extension Center), Ridgecrest Regional Hospital, Growth Creators, and National Space BioMedical Research Institute External Advisory Council. He was also Interim Medical Director, National Rural Accountable Care Organization and is now a Consultant for NRACO. He was a member of the Editorial Board, Telemedicine and eHealth Journal, for almost two decades.

Dr. Ferguson is a retired US Air Force Colonel and was a member of the Federal Senior Executive Service with NASA before moving to Ridgecrest in 1996 to develop advanced rural health information technology applications. He spent most of his Federal service career in academic and leadership positions, including commanding and supervising large healthcare systems, hospitals and medical centers. He is the author of *American Healthcare Reform: Fixing the Real Problems*.

Heather Hopkins, MD, B.S. PT, FAAPMR works in sports medicine and non-surgical orthopedics. She currently serves as the Medical Director of Wilcox Memorial Hospital Rehabilitation Department. She also serves on the USA swimming sports medicine task force and volunteers with FINA as an anti-doping delegate at world cup swimming venues. Dr. Hopkins is a diplomat of the American Board of Physical Medicine and Rehabilitation.

Dr. Hopkins received her B.S. in physical therapy from Northern Arizona University, worked for 15 years as a physical therapist, then returned to medical school and received her M.D. from the University of Texas Southwestern Medical School. She completed her internship in Internal Medicine at Parkland Health and Hospital System, and a residency in Physical Medicine and Rehabilitation at UT Southwestern Medical Center. She pursued further specialization with board certifications in Sports Medicine and Integrative and Holistic Medicine. She continued her passion for health and wellness with training in



plant based nutrition, exercise physiology, and wellness coaching. She and her family love the healthy, Hawaiian lifestyle and she enjoys outrigger canoe paddling, hiking, cooking, and gardening.

Tisha Johnson, MD, MPH is the University of Kentucky General Preventive Medicine – Public Health Residency Director and Assistant Professor at the College of Public Health. Previously, she served as the 14th Luther L. Terry Fellow within the Office of Disease Prevention and Health Promotion, Office of the Assistant Secretary for Health and Human Services. Dr. Johnson received her medical training at Youngstown State University and Northeast Ohio Medical University in a combined BS/MD program. After completing an Internal Medicine residency at the University Hospital of Cincinnati, she worked as an internist in a private practice. In 2013, she completed a residency in Preventive Medicine, serving as the Chief Resident for the University of Kentucky General Preventive Medicine – Public Health Residency. Dr. Johnson earned a Master of Public Health from the University Of Kentucky College Of Public Health. Her research interests include the bridge between health and health care.

Samar Muzaffar, MD, MPH currently serves as Medical Director for the Missouri Department of Social Services MO HealthNet Division, Missouri's Medicaid program. Prior to joining MO HealthNet, Dr. Muzaffar served as the state EMS Medical Director for the Missouri Department of Health and Senior Services. Dr. Muzaffar received her BA from Wellesley College. She then received her medical degree from the University of Missouri-Columbia and a Master's in Public Health from Johns Hopkins University School of Public Health, followed by three years of post-graduate training in general surgery, a surgical critical care fellowship, and preventive medicine training for which she returned to Johns Hopkins University Bloomberg School of Public Health. Dr. Muzaffar is board certified in preventive medicine and a Fellow of the American College of Preventive Medicine, and her public health training and work experience includes local, state, and federal level work including health promotion, injury and disease prevention, quality and performance improvement, and program and systems development with a focus on health services delivery.

Michael D. Parkinson, MD, MPH, FACPM is Principal of P3 Health (“Prevention, Performance, Productivity”) engaging employers and organizations to improve the health, productivity and competitiveness of companies and organizations. Dr Parkinson is the Past President of the American College of Preventive Medicine, the national medical specialty society of physicians trained in and committed to disease prevention, health promotion and systems-based approaches to improving health and health care. He currently is the Senior Medical Director for Health and Productivity overseeing employer health and productivity strategies for UPMC Health Plan and WorkPartners. He formerly was Executive Vice President, Chief Health and Medical Officer of Lumenos, a pioneer of consumer-directed health plans and a subsidiary of Wellpoint.

A retired Air Force colonel, he served as associate director of medical programs and resources in the Office of the Surgeon General where he was responsible for policy and planning for over 2 million



beneficiaries, 70 facilities and a \$4 billion budget. While assigned to the US Public Health Service, he provided oversight of federal programs in public health, geriatrics and preventive medicine training. He served on the National Advisory Committee of the Robert Wood Johnson Foundation Health Care Purchasing Institute assisting employers to purchase higher quality care.

Mike was vice chair of the American Board of Preventive Medicine and a member of the Residency Review Committee. Other appointments included the Institute of Medicine Committee reviewing NASA employee health programs, and as faculty for the 14-cities Robert Wood Johnson Foundation “Aligning Forces for Quality” project. He currently serves on the External Advisory Board of the NIOSH-funded U of Iowa Center for Workforce Excellence, as a board member of the American Heart Association Great Rivers Affiliate and on the editorial boards of the *American Journal of Preventive Medicine* and the *American Journal of Medical Quality*. Dr. Parkinson is a recipient of the Air Force Legion of Merit, Distinguished Service Award of the American College of Preventive Medicine, and Distinguished Recent Graduate Award from the Johns Hopkins School of Public Health. He received his AB from Cornell University, MD from George Washington University, family practice training at the UCLA and his MPH, preventive medicine residency and chief residency at Johns Hopkins.

F. Douglas Scutchfield, M.D., is the initial incumbent in the Peter P Bosomworth Professorship in Health Services Research and Policy at the University of Kentucky. He holds faculty appointments in the College of Public Health and the College of Medicine. He received his MD degree from the University of Kentucky, where he was elected to AOA medical honorary. He completed post graduate medical education at Northwestern University, The Centers for Disease Control and Prevention and the University of Kentucky. Dr. Scutchfield is a diplomat of the American Board of Preventive Medicine and was, from 1972-1985 a diplomat of the American Board of Family Practice. He holds fellowships in both the American College of Preventive Medicine and the American Academy of Family Practice. He holds honorary doctoral degrees from Eastern Kentucky University and the University of Pikeville. He was one of the founders of the College of Community Health Science at the University of Alabama and founded the Graduate School of Public Health at San Diego State University, he founded the school, now college, of public health at the University of Kentucky.

Dr. Scutchfield has held many national positions in professional organizations, including President of the American College of Preventive Medicine, and received several awards from those organizations, including the American Medical Association’s Distinguished Service Award. He is a skilled editor and has served as editor, guest editor and on the editorial board of many journals. He is the author of over 200 referred papers, book chapters, and technical reports and has edited several books. He is a valued consultant and has consulted broadly both in the US and abroad.

Troy E. Sybert, MD, MPH currently serves as the Chief Medical Officer for the Capella Healthcare System where he assumes senior leadership responsibility for Capella’s affiliated hospitals’ quality and service



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excellence initiatives. He also facilitates the work of Capella's National Physician Leadership Group. Previous leadership roles have included activities in quality, safety, and informatics.

Dr. Sybert received his B.S. from the University of Houston, his M.D. from the University of Texas Southwestern Medical School, and his Master's of Public Health from the University of Texas Medical Branch Graduate School. He completed his internship and residency in a combined Internal Medicine and General Preventive Medicine Program at the University of Texas Medical Branch. He was then selected for a fellowship in Hospital Medicine at Mayo Clinic in Rochester, MN. He, his wife, and his three great kids enjoy life in the Greater Nashville area.