Caterpillars to Butterflies: Innovative and Evolving Teaching Strategies to Make Learning Stick

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Teaching difficult concepts so that everyone gets it:
When planning a class or lesson, plan for

1. Content

2. Flow

3. Flow Theory according to Czikszentmihalyi are:

   1. Completely ___________, focused, concentrating – with this either
due to innate curiosity or as the result of learning
   2. Sense of __________
   3. Great inner __________ – knowing what needs to be done and how
well it is going
   4. Knowing the activity is __________ – that the skills are adequate, and
neither anxious or bored
   5. Sense of _______________
   6. Timeliness – thoroughly focused on present, don’t notice time passing
   7. Intrinsic motivation – whatever produces “flow” becomes its own
reward

Examples:

Skin Care

Paper dolls

Aphasia
Integrating technology into how you teach now

Random texts
Audio flash cards
Q-R codes
Videos (cardiac dance)

Linking assessment of learning and evaluation

Evaluation
Assessment:

4 Levels of evaluation: How To

1.

2.

3.

4.
References
Deck, M Nursing Professional Development: Stories, Tips and Tools, Journal for Nurses In Staff Development, 2010 to present.