

REGISTRATION INFORMATION

Enrollment is Limited. Early Registration is Advised

Registration Fee: **\$125**

includes:

- Course workbook (electronic only)
- Lunch and refreshment breaks

(hard copies of workbook can be ordered at the course for \$30)

*Cancellations and requests for refunds will be accepted until Oct. 15.
(a \$25 fee will apply to cancellations after Oct.15th)*

(Please print)

Name/Credentials: _____

Address: _____

City/State/Zip: _____

Employer: _____

Cell Phone#: _____

*Email: _____

*Confirmation of registration/payment will be sent via e-mail. Please clearly print e-mail address to ensure you receive confirmation.

Enclosed Tuition Fee: _____ Check #: _____

(Make checks payable to: RIDGE PHYSICAL THERAPY)

**Please return registration form with payment by
October 15 th to:**

Neil Anastasio, PT, Coordinator

**RIDGE PHYSICAL THERAPY
7410 Eleventh Avenue
Brooklyn, New York 11228-1942
Tel: 718-637-7924 • Fax: 718-745-4394**

Email: neilanastasio@yahoo.com

RETURN
ADDRESS

**Advanced Evidence-Based
Examination and
Management of Shoulder,
Hip, and Knee Joint
Replacements**

**Saturday
November 11th, 2017**

**at
RWJ Barnabas Health
@ Clara Maass Medical Center**

**1 Clara Maass Drive
Greifinger Learning Center
Belleville, NJ 07109**

973-450-2000

Course Instructor:

Michael Masaracchio
PT, PhD, DPT, OCS, SCS, FAAOMPT

Presented by:



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Ridge Physical Therapy

Course Description

This course will present a pertinent review of clinical anatomy and biomechanics of the shoulder, hip, and knee. The main purpose will be to discuss the evidence-based features of the examination and management of individuals with shoulder, hip, and knee joint replacements, with emphasis on outcome measures and effective measurable interventions within a clinical reasoning framework. This course will use a combination of lecture, panel discussion, and demonstration of therapeutic exercises and manual therapy to facilitate learning and exchange of ideas, with an emphasis on clinical decision making in the acute and port acute care rehabilitation settings.

Audience

- Physical Therapists
- Physical Therapist Assistants

Educational Objectives

At the conclusion of this course, participants should be able to:

1. Describe the relevant clinical anatomy of the shoulder, hip and knee joint.
2. Discuss the relevant biomechanics in open and closed kinetic chain of the shoulder, hip, and knee joint.
3. Explain how abnormal anatomy and biomechanics can lead to clinical pathology.
4. Develop independence in the examination of individuals following joint arthroplasty surgery.
5. Develop independence in recognizing complications following total joint arthroplasty.
6. Incorporate appropriate therapeutic and manual therapy interventions with evidence-based guidelines where appropriate in the management of the patients with joint arthroplasties.
7. Discuss the rehabilitation guidelines for shoulder, hip, and knee joint replacements based on tissue healing principles.
8. Analyze outcomes related to joint replacements in the acute, subacute, and outpatient settings.

At the conclusion of this activity, participants will be asked to self-assess the achievement of these educational activities.

Program

Saturday November 11, 2017

7:30 – 8:00am	REGISTRATION / CONTINENTAL BREAKFAST
8:00 – 8:30	Hip and Knee Anatomy / biomechanics
8:30 – 10:00	Prevalence, Indications, and Risks of THA; Surgical techniques
10:00 – 10:15	Complications
10:15 – 11:15	THA Rehabilitation – Precautions, Pre-Operative, Acute Care, Subacute Care, Outpatient, Outcomes
11:15 – 11:30	Prevalence, Indications, Risks TKA
11:30 – 12:15	TKA Surgical Techniques & Complications
12:15 – 12:45	LUNCH PROVIDED
12:45 – 1:45	TKA Rehabilitation – Acute Care, Subacute Care, Outpatient, Outcomes
1:45 – 2:15	Shoulder Anatomy / biomechanics
2:15 – 2:30	Prevalence, Indications, Risks TSA
2:30 – 2:45	Surgical Techniques
2:45 – 3:00	Pre-Operative Rehabilitation
3:00 – 4:00	Post-Operative Rehabilitation for TSA – Principles of Rehabilitation, Biomechanical Implications, Rehabilitation Intact Rotator Cuff, Rehabilitation Tissue Deficiency
4:00 – 5:00	Rehabilitation Reverse TSA
5:00 – 5:15	Complications
5:15 – 6:00	Questions / Discussion

Faculty

Dr. Michael Masaracchio PT, DPT, PhD, OCS, SCS, FAAOMPT has been a practicing physical therapist for 16 years. He is currently an Associate Professor and Director of the Anatomy Lab at Long Island University's Department of Physical Therapy. Clinically, Dr. Masaracchio is the Director of clinical education Masefield Cavallaro Physical Therapy, where he specializes in the examination and treatment of orthopedic and sports related pathologies. He is board certified in orthopedics and sports from the American Physical Therapy Specialization Council and has recently been appointed to the Specialization Academy of Content Experts for the sports physical therapy examination. He has recently completed his Fellowship in Manual Therapy from Regis University and is a Fellow in the American Academy of Orthopedic Manual Physical Therapists. Dr. Masaracchio has recently co-authored three articles and a text book. Dr. Masaracchio has presented at local, national, and international conferences on the examination and treatment of various orthopedic and sports related pathologies.

Educational Information

Certificates will be awarded to participants who attend the program, submit completed evaluation forms, and sign the roster to verify attendance. The number of continuing education credits (CEUs) awarded will be based upon the number of program hours attended and the requirements of the specific accreditation organization.

An application for 9.0 CEU's has been made to:

The New Jersey State Board of Physical Therapy Examiners

CME ORTHOPEDICS is recognized by the **NEW YORK STATE EDUCATION DEPARTMENT'S STATE BOARD FOR PHYSICAL THERAPY** as an approved provider of physical therapy and physical therapist assistant continuing education. This course is offered for 9 contact hours.