



For immediate release:

Dedicated to Career Growth, BVH Promotes Five Employees

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BVH Integrated Services, P.C., announces the promotion of five employees: Michael W. Palleschi, Project Manager, Samantha Godin, Senior Electrical Engineer, Sabrina Randall, Plumbing Designer, Tinah K. Nakalawa, BIM Modeler, and Nicole M. Parker, CPD, LEED, Green Associate, Senior Plumbing/ Fire Protection Engineer.

As a senior mechanical engineer, and now project manager, Michael Palleschi is responsible for managing a wide variety of multi-disciplinary projects and tailoring each project to meet the expectations and specific needs for our clients.

Michael joined BVH in September 2016, and has focused his efforts on expanding BVH's presence in the Boston area market with a concentration on healthcare and research/lab related clients and projects. "It is very exciting and rewarding to be a part of BVH's management team. I know that BVH is made up of individuals who have great potential, and it will be amazing to see the expansion of our presence throughout the Boston area. I look forward to managing many upcoming projects." Michael is a graduate of Northeastern University with a Bachelor of Science in Mechanical Engineering.

As a senior electrical engineer with a specialty in higher education and laboratory projects, Samantha Godin's recent experience includes the University of Connecticut Edward V. Gant Renovation, Newton and Walpole fire stations, University of Notre Dame Hesburgh Library Renovation, and Bentley University Jennison Hall. Samantha's experience at BVH over the past three years has made a positive impact toward fulfilling her career aspirations. "Some people are not always lucky to find a job that makes them feel complete, but I am one of the lucky ones. BVH is my home and I, a member of its family. I am accepted, heard, and understood here and that has encouraged me to advance as an engineer and leader. I know my journey at BVH will continue to flourish and I am looking forward to the years ahead." Samantha came from a small rural town in Connecticut. She attended Northeastern University in Boston, and is now working in BVH's Newton office.

As a plumbing designer, Sabrina Randall will be involved in the design of plumbing and fire protection systems for a variety of project types, including academic buildings, research laboratories, municipal complexes and infrastructure projects. Sabrina has been with BVH since 2015. "Working for BVH has given me the opportunity to learn, grow, and progress to the title of plumbing and fire protection designer. It took hard work, dedication, and a desire to progress to achieve this promotion." Sabrina attended both the Illinois Institute of Art in Chicago and Porter and Chester Institute in Worcester, Massachusetts.

As a BIM modeler, Tinah Nakalawa specializes in Revit project set up and BIM management. Tinah works among all trades to ensure the models that BVH produces are fully coordinated. Serving as a point guard, she is responsible for setting up the Revit model, coordinating all of the different trade views, and helping designers with the modeling process. She also coordinates the 3D views and serves as a troubleshooter for the designers, helping improve field coordination and reducing the amount of change orders.

“BVH is a fantastic place to work. I was hired as an Administrative Assistant and as soon as I expressed interest in moving into another role, all of my coworkers were on board and extremely supportive. I sat down with some of the management team, including Tom Iskra and Jeff Cichonski, and outlined my goals. They made sure I achieved them, even when I didn’t think that I could. I had no experience using Revit in college, but the training program here is top notch, including a nine-day intensive Revit training session with other BIM modelers at BVH.” Tinah graduated from University of Massachusetts Amherst in 2014, and began working at BVH in August 2016.

As a plumbing/fire protection engineer, Nicole Parker is involved in the design of plumbing and fire protection systems, primarily for healthcare facilities. Nicole has been involved with several projects for Baystate Health, including the new ER expansion at Baystate Wing Hospital, the Pediatrics Specialty Suite at the Baystate Medical Center, pharmacy renovations at Baystate Noble Hospital and D’Amour Cancer Center, and a new cardiovascular imaging suite in North Hampton. In addition to hospital renovations and additions, she has been involved with utility infrastructure studies for Norwalk Hospital, Danbury Hospital, and Baystate Hospital of the Future.

Nicole has been with BVH since 2015, accumulating her total experience to just over twenty years. Nicole has continued to gain experience and knowledge through all the different projects she has worked on, and also from her co-workers. “There is such a vast amount of knowledge base in the company and learning from others has been a great opportunity.” Nicole graduated from Mount Holyoke College in South Hadley, MA, with a Bachelor of Arts degree in Physics. Nicole is currently the president of the Connecticut Chapter of ASPE and has been actively encouraging others to join. “It is an excellent way to meet with peers and share experiences, exchange ideas about the plumbing industry, and network with other chapter members,” says Nicole.

About BVH Integrated Services, P.C.

With offices in Connecticut and Massachusetts, BVH Integrated Services, P.C., is a multi-disciplined engineering firm providing civil, site utility, structural, mechanical, electrical, plumbing and fire protection engineering services, commissioning and technology design. Serving clients since 1958, BVH is a leader in sustainable building design, with clients in the higher education, healthcare, research, K-12 schools, and municipal markets. BVH has been recognized by Hartford Courant/Fox CT as a “Top Workplace” for the past three years.

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