



AMERICAN ACADEMY
OF COSMETIC SURGERY

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Improved Abdominoplasty Results and Decreased Downtime With New BILA Technique

CHICAGO, IL – Liposuction remains one of the top cosmetic procedures performed in the United States today. Since its inception in 1974 by Dr. Giorgio Fischer, a gynecologist from Italy, physicians have continually strived to further refine the technique, increasing the results while decreasing complications and recovery. Liposuction was revolutionized in 1985 with California dermatologist Dr. Jeffrey A. Klein's invention of the tumescent technique. But impressive advances can still be seen to this day. One such advance was recently developed by internationally-renowned surgeon Dr. Harold Bafitis, integrating several cosmetic procedures including liposuction that provides results that are truly transformational to both the patient and the field of cosmetic surgery.

Dr. Bafitis' comprehensive Bafitis Integrated Liposculpture Abdominoplasty (BILA) procedure is a combination of liposculpture and abdominoplasty that can be performed with minimal anesthesia and minimal downtime. Fat transfer to areas like the buttocks can be incorporated as well for a total body transformation.

"By combining liposculpture, fat grafting, circumferential tightening and abdominoplasty, this procedure can now be done with only IV sedation or, in selected patients, monitored 'awake' sedation," states Dr. Bafitis. "Patients no longer have to be bent forward for weeks and have worries about excessive tension at the incision line. The patient is usually up and walking within a few days. And drains are limited and often not necessary. The patients and results speak for themselves."

An internationally-renowned authority on cosmetic and plastic surgery, Dr. Harold Bafitis is double board-certified in general surgery and plastic and reconstructive surgery. For over 20 years, Dr. Bafitis has trained medical students, residents and other cosmetic surgeons. In addition, he contributes to prominent medical publications and has lectured nationally and internationally to medical and lay groups about all aspects of cosmetic and plastic surgery.

Dr. Bafitis along with Dr. Thomas L. Jackson are the featured keynote speakers at the American Academy of Cosmetic Surgery's (AACS) upcoming hands-on cadaver dissection workshop on *New and Established Techniques in Breast and Body Contouring*. Held June 21-23 at the prestigious Practical Anatomy & Surgical Center training

facility at Saint Louis University, the event gathers a world-class faculty to present new and established procedures and complications management in the field of body and breast contouring.

“This hands-on cadaver workshop is truly a unique opportunity for all cosmetic surgeons, from residents to the more seasoned physicians,” states Dr. Gerald Edds, AACS President. “Attendees are able to further hone their skills in these areas, learn new techniques like Dr. Bafitis' BILA technique and, perhaps more importantly, learn how to effectively mediate any complications – all in a safe, no-risk environment that affords plenty of one-on-one interaction with the internationally renowned expert faculty.”

Each day is focused on one area of cosmetic surgery with hands-on cadaver work incorporated into the second half of the day. Day one focuses on Breast Augmentation and Mastopexy; day two on Breast Reduction and; day three on Body Contouring. Attendees can register for their choice of breast, body or both workshops.

New and Established Techniques in Breast and Body Contouring

June 21-23, 2012

Saint Louis University, MO

Course Co-Directors: Drs. Robert F. Jackson and Michael Kluska

For complete details on this event, including registration and the educational program, visit

www.cosmeticsurgery.org/LSW.

PRESENTERS ARE AVAILABLE FOR INTERVIEWS.

CONTACT THE AACS COMMUNICATIONS TEAM AT 312.981.6773.

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About the American Academy of Cosmetic Surgery

Founded in 1985, the mission of the American Academy of Cosmetic Surgery (AACS) is to advance the specialty of cosmetic surgery and quality patient care. AACS is the leader in continuing medical education for all specialties of cosmetic surgery, providing fellowship training programs, live surgery workshops, medical symposiums and an annual scientific meeting. Most members of the AACS are board-certified cosmetic surgeons, dermatological surgeons, plastic and reconstructive surgeons, head and neck surgeons, oral and maxillofacial surgeons, obstetric-gynecologic surgeons, general surgeons and ophthalmic surgeons – all of whom specialize in cosmetic surgery. AACS is the organization that represents all cosmetic surgeons in the American Medical Association (AMA) through its seat in the AMA House of Delegates. For more information, visit www.cosmeticsurgery.org.