

Frequently Asked Questions (FAQs)

~ Certification and Approved Consultant Applications ~

- **If I begin my consultation after I complete Part 1 of a 2 Part EMDR Basic Training program, but before I complete Part 2, will it count towards my consultation hours for Certification?**

No. Consultation received prior to the completion of an EMDRIA Approved Basic EMDR Training program cannot be used towards the Certification application requirement. Only consultation received AFTER completion of the Basic EMDR Training can be used towards the Certification application.
- **Can the Basic EMDR Training be used towards the 12 EMDRIA Credit requirement for either Certification or Approved Consultant application purposes?**

No. EMDRIA Credits (continuing education in EMDR) are designed to build upon the Basic EMDR Training. Some Basic EMDR Trainings may offer continuing education units through other various state or national accrediting agencies, but for EMDRIA application purposes, only approved EMDRIA Credit Programs satisfy this continuing education in EMDR requirement.
- **Will my continuing education hours roll over?**

Example: Applicant submits 30 hours of continuing education. Will the left over 18 hours count when the applicant renews their certification/approved consultant status in two years?

No. The continuing education after their initial 2-year approval will have to be obtained within the two-year period from the time their application was approved to the date it is renewed.
- **Will I receive a renewal notice?**

Yes. You should receive your renewal notice approximately 60-90 days prior to expiration date. If you don't renew by your expiration date, you will automatically fall into the 6 Month Grace Period Policy (For further information, contact the administrative office for a copy of EMDRIA's Late Renewal Policies and Procedures).
- **What is meant by "Do you have at least 2 years experience in your field of license/certification/registration?"**

Two years experience is defined as: At least the equivalent of 2 years full-time clinical experience in the mental health field after receiving a graduate degree making the applicant eligible for licensure, registration or legal practice as a mental health clinician.
- **What is required for notarized documentation?**

Example: "I have 2 years experience in my field of license."

Write this out and then have it notarized. Any authorized notary can do this for you for a minimal fee. You do not have to provide any confidential records or information. You may combine the required notarized statements on one sheet of paper and have it notarized once for your convenience.
- **What is consultation-of-consultation?**

Consultants-in-Training (CIT) will oversee Certification candidates. The CIT then meets with an Approved Consultant to give an overview and discuss the CIT's performance. The Approved Consultant does not have to be present during the CIT's consultation with the Certification candidate.
- **What is the difference between consultation and supervision?**

Consultation is given by one licensed practitioner to another, while supervision is offered by one licensed person to someone who is unlicensed and usually working under the licensed person's professional license. Supervision denotes a legal responsibility that the licensed person carries for the actions of the unlicensed supervisee. Consultation does not carry such liability.
- **Is Certification required to practice EMDR?**

Certification is a voluntary process that is not required by anyone. It is a pathway through which individual therapists may wish to pursue further training. Certification is not required at this time in order for a clinician to practice EMDR. If you are trained, then you can do EMDR under your license. Certification in EMDR is an option that many therapists have wanted because of Managed Care concerns and hospital privileges. In some venues, two weekend trainings in EMDR are not considered sufficient. In some hospitals, EMDR has not been allowed as treatment because there is no certification process. The EMDR Certification model is patterned after the certification models of the American Society of Clinical Hypnosis (ASCH) and the American Association for Marriage and Family Therapy (AAMFT) Approved Supervisor training.
- **How can an applicant that lives in a rural area, with no Approved Consultant accessible, obtain consultation?**

Applicants that live in rural areas and have no Approved Consultant easily accessible for face-to-face consultation may be eligible to obtain consultation via phone. Phone consultation would not need to be approved through EMDRIA in advance.