Book reviews should be approximately 300-500 words including any references. They should be double-spaced, in Times size 12 font. Include title, author/editor(s), number of pages, publisher, year of publication, and price.

Note that JEMDR does not usually accept book reviews that are independently submitted, and that book reviews are subject to the editorial review process.

Book reviews should address all of the following points, in no particular order.

Purpose and Audience
- Describe the purpose of the book.
- Who is the target audience: clinicians, researchers, general public?
- Is the book geared towards a certain discipline (e.g., social work, psychology)?

Strengths and Deficiencies
- Identify at least two strengths.
- Identify at least two limitations or deficiencies. For example, does the book make grandiose claims for treatment success, without evidence?

Content and Organization
- Describe the content of the book and its organization.
- What population is described (e.g., children, adults, teens, veterans, abuse survivors)?
- Is the book written from a certain theoretical perspective (e.g., CBT, AIP, psychodynamic)?
- If appropriate, is related research cited and explained?
- Is related literature (articles, books) cited?
- Is the theoretical basis well-developed?

Congruence with AIP Model and EMDR Standard Protocols
- Does the book reference the Adaptive Information Processing model? If the book advocates a different theoretical model, does it explain how and why the recommended model deviates from the AIP model?
- Does the author use standard EMDR protocols and procedures? If a modification is advocated, does the author explain the nature and purpose of the changes? If these modifications are described as an improvement, is any empirical evidence provided?

Quality of Writing
- What is the quality of the writing? Does it vary across chapters?
- Are relevant terms and concepts clearly defined?
- Is the content understandable? Does the book use "jargony" language that is hard to understand?

Recommendations
- State your level of recommendation. For example, if a clinical book, is it useful for the average therapist, students, beginners, or researchers? If for the public, how valuable will it be for the average reader, or the as-yet-uninformed?)