

## ACEP is the home of energy psychology: research, training, global policy and more.

## *Is ACEP your community?*

- I work (or want to work) with clients on the levels of mind, body and spirit.
- I'm looking for holistic methods that lead my clients to gentle, rapid and deeper healing.
- I want a place that embraces people from diverse disciplines and balances energy healing methods with solid clinical practice and leading edge science.
- I'm frustrated that the healthcare field doesn't widely embrace integrative methods.
- I want to be part of a larger community that advocates these methods and also embraces approaches like mindfulness, meditation, EMDR, guided imagery and hypnosis.

If you've checked any box, you may have found a home with ACEP! We welcome practitioners and others who support the field.

## What is Energy Psychology?

A family of integrative approaches to psychotherapy, coaching and health-care treatment rooted in mind-body healing traditions that are up to 5,000 years old. EP methods blend the bio-energetic insights of these traditions with the best of contemporary psychological practice. Methods include tapping acupuncture points, stimulating chakras and biofield work.

## **JOIN THE ACEP FAMILY!**



"ACEP is spearheading the healing revolution by providing a home and a forum for our most innovative and efficient therapeutic modalities. I passionately endorse its mission!"

