

Ten commandments to reduce cognitive errors

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- 1. Thou shalt reflect on how you think and decide.**
- 2. Thou shalt not rely on your memory when making critical decisions.**
- 3. Thou shalt make your working environment information-friendly by using the latest wireless technology such as the Tablet PC and PDA.**
- 4. Thou shalt consider other possibilities even though you are sure of your first diagnosis.**
- 5. Thou shalt know Bayesian probability and the epidemiology of the diseases in your differential diagnosis.**
- 6. Thou shalt mentally rehearse common and serious conditions that you expect to see in your specialty.**
- 7. Thou shalt ask yourself if you are the right person to make the final decision or a specialist after considering the patient's values and wishes.**
- 8. Thou shalt take time to decide and not be pressured by anyone.**
- 9. Thou shalt create accountability procedures and follow up for decisions made.**
- 10. Thou shalt record in a relational data base software your patient's problems and decisions for review and improvement.**