



28th Annual Meeting
Hilton Bayfront, San Diego, California -- October 19-22, 2017

THURSDAY, OCTOBER 19, 2017

PRECONFERENCE SESSIONS (9:00 AM-4:30 PM (Breaks 10:30am and 2:30pm; Lunch 12-1pm))

9:00 AM-4:30 PM (Breaks 10:30am and 2:30pm; Lunch 12-1pm)	What's Appropriate – and What's Not? Safe Opioid Prescribing in a World of Ever-Changing Regulations <i>Faculty: Paul Christo, MD, Suraj Achar, MD, and Jen Bolen, JD</i>	Certificate in Nutritional Pain Management Workshop (CNPM) <i>Faculty: Robert Bonakdar, MD, and Nancy Cotter, MD</i>	Autonomic Self-Regulation for Chronic Centrally Sensitized Pain <i>Faculty: Raouf S. Gharbo, DO; Jay P. Ginsberg, PhD; Melanie E. Berry, MS, BCB, Aubrey Berry, BS, ABT CP-TLP, CES, CHP OMC, FAIS</i>
5:00-5:15 PM	President's Welcome - W. Clay Jackson, MD, DipTh		
5:15-6:15 PM	1. Keynote: Presence, Patience, and Perseverance: A Veteran's Story <i>Faculty: US Army COL (Ret) Gregory D. Gadson</i>		
6:30-8:30 PM	President's Welcome Reception in the Exhibit Hall		

FRIDAY, OCTOBER 20, 2017

7:00-8:00 AM	2. Morning Exercise <i>Faculty: Roger Mignosa, DO</i>		
9:00-10:00 AM	3. Conference Assembly: Interdisciplinary Functional Restoration Programs for Chronic Pain <i>Faculty: Mark Johnson, PhD, Peter Abaci, MD, Michael Sullivan, PT</i>		
10:00-10:45 AM	Coffee Break and Exhibits		
10:50-11:20 AM	4. Fibromyalgia: Best Practices for Integrative Treatment Approaches <i>Faculty: Lynette Cederquist, MD</i>	5. Mind Body Therapies for Pain and PTSD in the Military Setting <i>Faculty: Jeffrey Millegan, MD, MPH, FAPA, CDR MC USN</i>	6. Update on Complex Regional Pain Syndrome <i>Faculty: Paul Christo, MD</i>
11:25 AM-11:55 PM	7. Case Study Session: Fibromyalgia <i>Faculty: Lynette Cederquist, MD</i>	8. Connecting Foods with Symptoms: The Allergy Elimination Diet and Pain <i>Faculty: Nancy Cotter, MD</i>	9. Virtual Reality is a Reality – and It's Helping Chronic Patients Right Now <i>Faculty: Brenda K. Wiederhold, PhD, MBA, BCB, BCN</i>
12:20-1:50 PM	Supported Lunch: Technology Showcase: Bringing Your Practice into the 21st Century		
1:55-2:55 PM	10. Keynote: Reflections on Pain in the Brain <i>Faculty: Vilayanur S. Ramachandran, PhD, MBBS</i>		
3:00-3:30 PM	11. Migraine: It Doesn't Have To Be a Headache <i>Faculty: Duren Michael Ready, MD, FAHS</i>	12. Low Risk, High Success: Prolotherapy for Regenerative Medicine for Osteoarthritis <i>Faculty: Donna D. Alderman, DO</i>	13. Orofacial Neuropathy: Appropriate Diagnosis and Treatment <i>Faculty: Joseph Matthews, DDS, MSc</i>
3:35-4:15 PM	Break		
4:20-4:50 PM	14. Case Study Session: Migraine <i>Faculty: Duren Michael Ready, MD, FAHS</i>	15. Chemotherapy-Induced Neuropathic Pain: Victories and Defeats <i>Faculty: W. Clay Jackson, MD, DipTh</i>	16. Hormone Therapy for Pain Management <i>Faculty: Forest Tennant, MD, Dr.PH</i>
4:55-5:25 PM	17. A Common Condition You Haven't Heard Of: Small Fiber Polyneuropathy <i>Faculty: Charles E. Argoff, MD</i>	18. Technology and Physical Medicine <i>Faculty: Michael Kurisu, DO</i>	19. Advanced Medication and Procedural Options for Headache <i>Faculty: Christy Jackson, MD</i>
5:30-6:00 PM	20. Case Study Session: Small Fiber Polyneuropathy <i>Faculty: Charles E. Argoff, MD</i>	21. Insomnia and Pain: Nonpharmacological Solutions <i>Faculty: Mindy Cetel, MD</i>	22. Integrative Options for Headache: Out of the Medicine Cabinet and Into the Pantry <i>Faculty: Robert Bonakdar, MD</i>
6:00-8:00 PM	Exhibitors Reception and Poster Abstract Presentations		

SATURDAY, OCTOBER 21, 2017			
7:00-8:00 AM	23. Practical QiGong for Your Daily Life & Practice <i>Faculty: Nadia Linda Hole MD</i>		
7:00-8:00 AM	SIG SESSION	SIG SESSION	SIG SESSION
9:00-10:00 AM	24. Keynote: The Science, Politics and Medicine of Medical Cannabis for Chronic Pain <i>Faculty: Mark Wallace, MD</i>		
10:00-10:15 AM	Exhibit Hall Drawing in the Keynote Room		
10:15-11:00 AM	Exhibit Hall Closing		
11:05-11:35 AM	25. Non-Invasive Treatments for Low Back Pain and ACP Guidelines <i>Faculty: Robb Russell, DC</i>	26. The 3 E's of Patient Communication: Empathy, Education and Engagement to Improve Outcomes <i>Faculty: Jill Schneiderhan, MD, ABIHM, and Russell Lemmon, DO</i>	27. Identifying and Managing the Red Flags of Opioid Misuse <i>Faculty: Stephen F. Grinstead, LMFT, ACRPS</i>
11:40 AM-12:10 PM	28. Team-based Care for Low Back Pain: A Panel Discussion <i>Faculty: Robb Russell, DC, Melissa A. Nagare, DC, L.Ac, Clifford S. Lee, LAc</i>	29. The Moral Debate: Do What's Right – Or What's Allowed? <i>Faculty: Phyllis Whitehead, PhD, APRN/CNS, ACHPN, RN-BC</i>	30. How to Reboot the Body to Release Stress <i>Faculty: Chuck Renner, OTR, CHT</i>
12:15-1:45 PM	Food as a Treatment for Pain: Luncheon and Cooking Demonstration for Patients and Providers <i>Faculty: Robert Bonakdar, MD, and Paul Gileno, US Pain Foundation</i>		
1:50-2:50 PM	31. Keynote: Preventing Clinician Suicide <i>Faculty: W. Clay Jackson, MD, DipTh</i>		
2:55-3:55 PM	32. Conference Assembly: Regulatory and Access Realities <i>Faculty: R. Douglas Metz, DC, Denee Choice, MD, Bob Twillman, PhD, Mary Greene, MD</i>		
3:55-4:10 PM	Break Room: Indigo Foyer		
4:15-4:45 PM	33. Osteoarthritis: Assessment, Diagnosis, Treatment, Effectiveness and Team Member Engagement <i>Faculty: Suraj A. Achar, MD, FAAFP</i>	34. Enhanced Recovery After Surgery (ERAS) <i>Faculty: Sonia Ramamoorthy, MD and Michael Kurisu, DO</i>	35. The Evidence for Chronic Opioid Therapy for Chronic Pain <i>Faculty: Charles E. Argoff, MD</i>
4:50-5:20 PM	36. Case Study Session: Osteoarthritis <i>Faculty: Suraj A. Achar, MD, FAAFP</i>	37. Research on Evidence on Integrative Medicine <i>Faculty: Lynn DeBar, PhD, MPH</i>	38. An Evidence-Based Need: Urine Drug Monitoring <i>Faculty: Charles E. Argoff, MD</i>
5:25-6:25 PM	39. Keynote: Changing Mindsets to Enhance Pain Treatment Effectiveness <i>Faculty: Beth D. Darnall, PhD</i>		
6:30-9:30 PM	Supported Dinner: SPPAN Congress/Advocacy Planning Session (Invited Guests Only) Policy professionals and patient advocates meet to address range of issues including but not limited to reimbursement of integrative pain care approaches		
SUNDAY, OCTOBER 22, 2017			
7:00-8:00 AM	40. Awakening Qi <i>Faculty: Nadia Linda Hole MD</i>		
8:05-9:05 AM	41. The Nuts and Bolts for a Successful Integrative Pain Management Practice <i>Faculty: Lance Luria, MD, FACP, ABOIM, Robert Bonakdar, MD, Jay Sandweiss, DO, C-NMM/OMM, DABMA, FAAMA, Chuck Renner, OTR, CHT, Kim Brower, MHA</i>	42. Traumatic Brain Injury <i>Faculty: Roger Mignosa, DO</i>	43. Medical Acupuncture <i>Faculty: Farshad Ahadian, MD</i>
9:10 - 10:10 AM		44. Is Systemic Lidocaine the New Standard of Care for Pain Due to Inflammation? <i>Faculty: Don H. Bivins, MD</i>	45. The Integrative Road Less Traveled: Autonomic Dysfunction and Headache <i>Faculty: Wade M. Cooper, DO, FACN, FAHS</i>
10:10-10:25 AM	Break		
10:30-11:30 AM	The Nuts and Bolts for a Successful Integrative Pain Management Practice: Continued	46. "Unlearning" Chronic Pain: Groundbreaking Concepts in Neuroscience, Medicine and Psychology for Pain Elimination <i>Faculty: Howard Schubiner, MD</i>	47. Lessons from Chiropractic Medicine: Using Fewer High-Risk Drugs for Low Back Pain <i>Faculty: James M. Whedon, DC, MS</i>

11:35 AM - 12:35 PM

48. Retraining the Pain Brain—Sensory Biofeedback

Faculty: C. Norman Shealy, MD, PhD

49. It's Not in Your Head: Biological Rationales of Psychological Treatment for Chronic Pain

Faculty: Jill B. Fancher, PhD

The Academy of Integrative Pain Management is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The AIPM also seeks accreditation for other disciplines. If a speaker introduces unapproved content or opinion, or violates compliance criteria, the Academy reserves the right to deny CE/CME hours/credits to the program.

Some of the courses presented at this meeting may be outside your scope of practice and are intended to provide an understanding of practices or procedures and how they relate to effective interdisciplinary or integrative pain management. These courses do not prepare or authorize you to add these practices to your scope of practice.

The AIPM reserves the right to make changes to the program at any time. Course descriptions and learning objectives are available on the AIPM's website: www.integrativepain.org