



## Medical Fitness Association Best Practice Checklist

- Completed and signed Application form
- Best Practice Description with:
  - Brief program history, participants, general description
  - Date of implementation
  - Goals and objectives of the program
  - Results and/or evaluation of the program
- Components & Characteristics
  - Community need and impact
  - Inclusiveness
  - Goals/Outcomes/Evaluations
  - Cost Effectiveness/Sustainability
  - Potential for Replication
- Supporting Documents
- Anecdotal support
- Articles, news releases, brochures or other publications highlighting the program
- Best Practices Essay

Brochures, photographs and supporting materials may be in adobe format

Thank you for nominating a Best Practice for the Medical Fitness Association and for continuing to ***“Move Medical Fitness Forward!”***