

# Strong Harvest Moringa Peer Educator Training Seminars - Tanzania, Nov. 2017



Have you heard great things about moringa, but don't quite know what it is, how to use it, or how you might incorporate it into your family or community?

Or, maybe you already know about moringa, but need resources to teach others.

**We can help!** Strong Harvest is returning to Tanzania to provide two 2-day Moringa Peer Educator training seminars at the ECHO East Africa Impact Center.

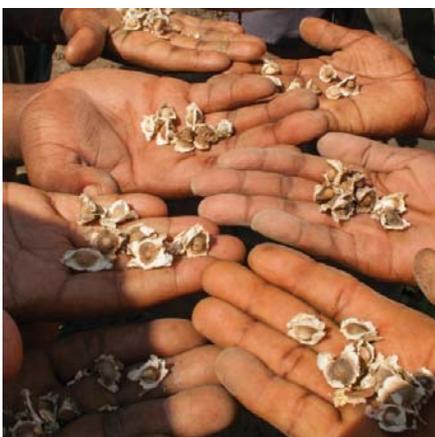
As you know, many Tanzanian families lack a secure source of nutritious food, do not have access to clean water, and have few streams of family income. The moringa tree provides an easily-implemented, family-level solution that addresses all three of these issues. Our 2-day training seminar will cover the following topics:

- Community Assessment - identifying assets and challenges
- Nutrition - basic nutrition and nutritional properties of moringa (why moringa matters)
- Moringa cultivation, care, and uses
  - o Planting and pruning
  - o Harvesting, preparation, and use – leaves and seeds
  - o Options for planting
- Moringa seeds and water treatment
- Adding moringa to the daily diet
- Using moringa for income
- Practicals
  - o Planting, pruning, harvesting
  - o Training others
  - o Record keeping

Lunch and snacks will be provided.

We are excited to meet you and are looking forward to working together to build healthier, stronger families and communities!

Thank you so much to ECHO for partnering with us to provide these Strong Harvest moringa seminars!



## Seminar #1

- Date: **3-4 November, 2017 9am-4pm**
- Location: ECHO East Africa Impact Center, Arusha, Tanzania
- Language: English - this seminar is for English-speaking NGO, health, and community development workers. All presentations and training materials will be in English.
- Seats available: 25
- Registration fee: \$100 USD (Please pre-pay if possible. See pmt options below.)
  - o Registration fee includes 2-day seminar, training manual, lunch, and snacks
  - o Participant is responsible for transportation, lodging, and all other meals.

## Seminar #2

- Date: **6-7 November, 2017 9am-4pm**
- Location: ECHO East Africa Impact Center, Arusha, Tanzania
- Language: Kiswahili - this seminar is for Tanzanian farmers, NGO, health, and community development workers. All training materials will be in Kiswahili and presentations will be translated from English to Kiswahili.
- Seats available: 25
- Registration fee: \$20 USD or T-shilling equivalent
  - o Registration fee includes 2-day seminar, training manual, lunch, and snacks
  - o Participant is responsible for transportation, lodging, and all other meals.
  - o Scholarships may be a possibility to assist with registration and/or lodging at the guest house near ECHO (see below).

## Registration

- Email Strong Harvest Executive Director, Rick Kemmer, at [rick@strongharvest.org](mailto:rick@strongharvest.org) and include the following information:
  - o Name
  - o Address
  - o Organization
  - o Which payment method you'll be using

## Payment Options

### Registration

**Credit card:** Pay securely online at [bit.ly/StrongHarvestResouces](http://bit.ly/StrongHarvestResouces).  
Choose English or Kiswahili seminar.

**Check:** Mail check to (must be received by 1 Oct)  
Strong Harvest International  
8002 NE Hwy 99 PMB #428  
Vancouver, WA 98665, U.S.A.

**Cash:** Payment by cash at the seminar - \$100 USD for English Seminar  
and \$20 USD or T-shilling equivalent for Kiswahili seminar.

### Scholarships

Can you help a Tanzanian farmer or community worker to attend? Please consider giving a scholarship! Go to [bit.ly/StrongHarvestDonate](http://bit.ly/StrongHarvestDonate) and choose "6 Tanzania Training Scholarship" from the drop-down menu. Thank you for your generosity!

