



The National
Association of
EMS Educators

NAEMSE Newsletter

One Minute Tip: Social Media Extraction

Students today are reliant on social media to extract information. Utilize that to your advantage! Allowing your students to utilize their critical thinking skills and at the same time question the reliability of healthcare information can easily be done with social media. Pick an "ad" or "claim" from Facebook or other social media and have your students support or refute the claims, using their knowledge and existing resources to back their responses.

Below is an example of an ad that might be selected. This is a good review of physiology and enables the review of multiple systems at the same time.

Benefits of Bananas! share with your friends

1. Reduce depression
2. Regulate the bowel system
3. Reduce blood pressure & risk of heart disease
4. Help our bones grow stronger
5. Help individuals to quit smoking
6. Help prevent anemia
7. Provide us with energy
8. Reduce menstrual pains
9. Power our brains
10. Help prevent ulcers

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