

NYSPA Leadership Institute 2016-2017 Fellow: Daria Alongi, PsyD



Daria Alongi, PsyD, is a licensed clinical psychologist and received her master's degree in Marriage and Family Therapy and her doctorate in Clinical Psychology from Adler School of Professional Psychology in Chicago. Now a resident of her hometown Rochester, NY, Dr. Alongi is finishing up her postdoctoral fellowship in Primary Care Family Psychology with a Women's Health focus at the University of Rochester Medical Center (URMC).

Throughout graduate education and clinical training, Dr. Alongi has gained experience working with a diverse population of children, adolescents, adults, and families in various settings. She has had the opportunity to work at a behavioral health hospital in a partial hospitalization program specializing in adolescents with school anxiety and school refusal behaviors, with children and adolescents in an outpatient clinic at a hospital, and with children, adolescents, and adults in a rural psychiatric hospital. Most recently at URMC, Dr. Alongi has gained experience working collaboratively with an interdisciplinary team in primary care settings.

Dr. Alongi presented on leadership opportunities for psychologists in primary care settings at the APA Convention in Toronto in 2015 with a team of psychologists and marriage and family therapists that work together in integrated care at URMC. In the 2015-2016 training year, she served as chief fellow in the clinical psychology training program, acting in a leadership role with fifteen interns and fellows.

In March of 2016, Dr. Alongi was a second author on an article entitled "Transgender Healthcare for Women's Health Providers" that was published in an e-journal for obstetrical care providers. She is also currently participating in conducting qualitative research at the Gender Health Clinic at URMC. Dr. Alongi is opening a private practice in the Rochester area this fall. She is looking forward to providing care to children, adolescents, adults, couples, and families, including referrals from primary care, pediatric, and obstetrics and gynecological practices.