

# Simplifying State Standards

using Google

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1. Presentation is available on the OAHPERD app.
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# ODE Assessments we will discuss today..

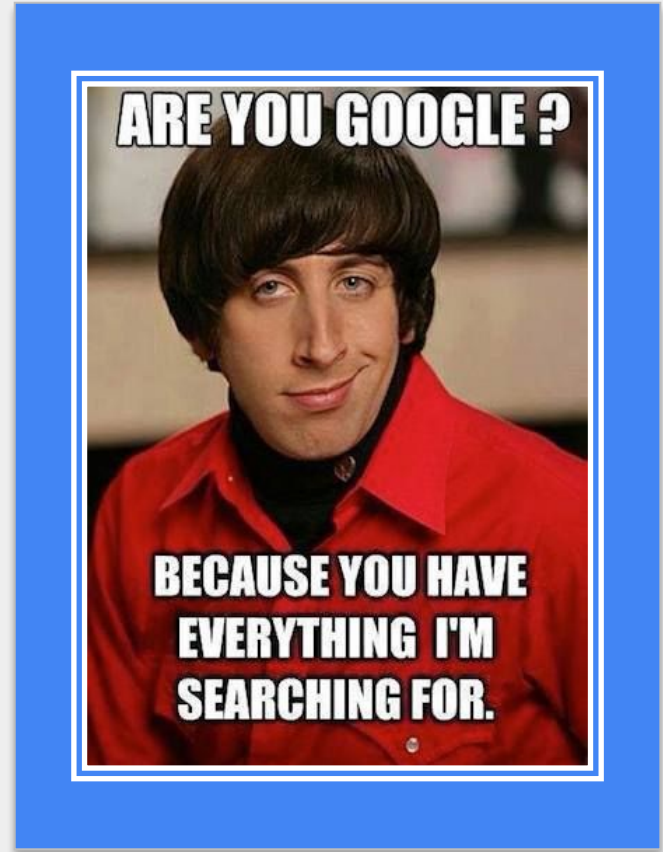
- Standard 1 A
- Standard 2 B
- Standard 3 AB
- Standard 5 AB

[SMS Grade Bands](#)

# What should you be using?

The Google logo is displayed in its characteristic multi-colored font: blue 'G', red 'o', yellow 'o', green 'g', and red 'le'.

- Drive
- Classroom
- Forms (flubaroo)
- Docs
- Drawings
- Slides



# Standard 1A

A physically literate individual demonstrates competency in a variety of motor skills and movement patterns.

**A:** Demonstrate movement skills and patterns in a variety of individual performance activities and lifetime physical activities.

# Standard 1A

## Directions



## Google Classroom

**Task:** Students will demonstrate at least five essential fitness skills. The rubric provides space for the teacher or student to identify skills or patterns to be demonstrated within the sequence. The teacher must determine fitness skills or patterns that are considered essential.

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Students can use any software, here are some that we like:

- Video Star
- iMovie
- Wevideo
- Magisto
- Viva Video

# Standard 2B

Applies knowledge of concepts, principles, strategies and tactics related to movement and performance.

**B:** Demonstrate knowledge of critical elements and biomechanical principles for specialized skills.

# Standard 2B

**Task:** Students can communicate this information via a written paper, video, or orally to the teacher.

[Biomechanics of a basketball shot](#)

[Biomechanics of an underhand volleyball serve](#)

[Biomechanics of an underhand badminton serve](#)

[Biomechanics of a football throw](#)



# Standard 3 AB

Demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness.

**A:** Describes current level of physical activity and identifies additional physical activity opportunities to create calorie balance.

**B:** Utilizes principles and practices to design a personalized health-related fitness plan.

[ODE PE Evaluations](#)

## Exercise Log

# Standard 3 AB

### Standard 3A - Physical Activity Analysis Plan

### Standard 3B - Health Related Fitness Plan

**Task 3A:** Identify current level of physical activity using any physical activity recall tool. Collect the data over at least two weekdays and one weekend day to determine a pattern of physical activity.

**Task 3B:** Complete the fitness plan assessment and answer all questions in regard to the plan. Scoring of each section is identified in rubrics.

# Standard 5 AB

Recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction.

**A:** Makes a connection between participation in physical activity and physical, emotional, and intellectual health.

**B:** Discusses the positive impact physical activity has on his or her life.

# Standard 5 AB

**Task:** The student will describe, identify and link multiple specific health benefits and reasons to participate in a physical activity. The student could write a persuasive letter, make a poster, brochure, flyer, video or electronic product.

[Volleyball Example](#)

[Directions](#)

Questions?

Thank you for attending our  
session.

Please take this very short four  
question [survey](#).