

Date	Time of Presentation	Room Name	Presenter(s)	Title of Presentation	Division(s)	Session Description
Wednesday, November 29, 2017						
Wednesday, November 29	10:00 AM - 3:00 PM		Laura Rooney, Kevin Lorson	Drug Prevention Education in Your School: Implementing the Whole Child Approach and Quality Health Education	Health	Ohio's schools will continue to play a key role in combating the opioid and drug epidemic. This prevention workshop will use the Whole School, Whole Community and Whole Child Model (WSCC) to help schools coordinate their efforts and maximize resources to develop a comprehensive school-wide drug prevention education plan. Specific components targeted include: health education with the Health and Opioid Prevention Education (HOPE) Curriculum; community connections and parent engagement with Start Talking!; and implementing the recommendations of the Ohio Joint Study Task Force for Drug Prevention in Schools. The session is designed for school administrators, health education teachers, prevention providers and other school leaders interested in drug prevention.
Wednesday, November 29	10:00 AM - 3:00 PM		Sue Sutherland, Mary La Vine	Move your students and your school: Comprehensive School Physical Activity Programs (CSPAP)	Physical Education	Comprehensive School Physical Activity Programs (CSPAP) is a multi-component approach for schools and school district to enhance opportunities for all students to meet the recommendation of 60 minutes of physical activity each day. The components of CSPAP include: physical education; physical activity before and after school; family & community engagement; staff involvement; and integrating physical activity during the school day. Physical education teachers, school administrators, and classroom teachers can learn more about strategies to implement CSPAP in their school.
Wednesday, November 29	12:00 - 12:45 PM			LUNCH for Pre-Convention Session Attendees		
Wednesday, November 29	5:00 PM - 9:00 PM			REGISTRATION OPEN		
Wednesday, November 29	5:00 - 6:00 PM			Executive Committee Meeting		
Wednesday, November 29	6:00 - 7:30 PM			Board of Directors Meeting (2016-2017)		
Wednesday, November 29	7:30 - 10:00 PM			ALL-CONVENTION KICK-OFF SOCIAL		
Thursday, November 30, 2017						
Thursday, November 30	7:00 AM - 4:00 PM			REGISTRATION OPEN		
Thursday, November 30	7:30 AM - 4:30 PM	Kilimanjaro Suites 1 & 5		EXHIBITS OPEN		
Thursday, November 30	7:30 - 9:30 AM	Zambezi		Continental Breakfast		
Thursday, November 30	8:00 - 8:20 AM	Zambezi	Kevin Lorson,	WELCOME TO OAHPERD CONVENTION & ANNOUNCEMENTS		
Thursday, November 30	8:30 - 9:15 AM	Cypress	Traci Grissom,	Collaboration between Music and PE to Teach Dance and Rhythms		
Thursday, November 30	8:30 - 9:15 AM	Indigo Bay	Kaitlyn Opritsa, Christina Freed	"Technology" in the Gym is not a dirty word		
Thursday, November 30	8:30 - 9:15 AM	Orange	Christine Bowden,	Detox and Health Wellness with Essential Oils	Health, Sports Sciences	The terms "essential oil" and "detox" are all around us and it can be easy to be overwhelmed and not understand what they are and how they can benefit our health. This presentation will illustrate what essential oils are from an environmental health perspective as well as methods of using them in our daily lives. Additionally, we will investigate the methods of detoxification within wellness and how these elements can enhance our quality of life. Whether you are training for a sport, looking to lose weight, or just desiring to implement healthier meal plans into the home, this presentation is a must. Participants will also have the opportunity to take a sample home with them to explore.
Thursday, November 30	8:30 - 9:15 AM	Kalahari Salon G	Kevin Lorson,	Health and Opioid-abuse Prevention Education (HOPE) Curriculum: Middle/High School	Health	The HOPE Curriculum is a set of K-12 health education lessons designed to help schools combat the opioid epidemic and meet the requirements of HB 367. This session will target the implementation middle and high school lessons. We will share the impact of the HOPE Curriculum on health education curriculum and instruction.
Thursday, November 30	8:30 - 9:15 AM	Kilimanjaro Suite 2	Kathy Casper, Amy Belles, Lauren Wilson	Health and Wellness Lessons and Resources, Teaching Standard 3	Physical Education	Join us as we share inventive elementary physical education lessons that incorporate literature, fitness concepts, healthy eating choices, locomotor skills and movement concepts to teach Standard 3. These lessons and resources will help your students truly understand the benefits of healthy eating and physical activity. We will share lesson ideas to integrate the fitness components of muscular strength, endurance, aerobic endurance and flexibility. We will use children's books to teach and reinforce the concepts of wellness. If you are looking for resources, assessment ideas, "kicked out of the gym" classroom activities and much more, this is the session for you. Although the main emphasis of this session is elementary physical education, middle and high school teachers will come away with ideas and resources that you can modify to meet your needs.
Thursday, November 30	8:30 - 9:15 AM	Kilimanjaro Suite 3	Ricky Delambo,	No Equipment, No Problem! Teaching Physical Education with Little to No Equipment.	Physical Education, Recreation	Do you have a low PE budget? Do you have little to no equipment? Are you looking for new and creative activities for all ages? Then this hands-on session is perfect for you! In this session, you will be introduced to traditional and nontraditional PE activities that require little to no equipment or use household items to maximize learning opportunities.
Thursday, November 30	8:30 - 9:15 AM	Kilimanjaro Suite 4	Harry Lehwald, Sue Sutherland, and OSU PESPA Majors	Activities that Rock OAHPERD	Physical Education, Recreation	Looking for new and interesting activities that will create fun and excitement, then this hands-on session is perfect for you. We will introduce you to a range of activities that can be used in your physical education program or as part of field day, choice day, after-school program, and summer camp. You will have the opportunity to try activities and walk away with plenty of ideas to "rock your program".
Thursday, November 30	8:30 - 9:15 AM	Kalahari Salon H	Ann-Catherine Sullivan,	Transitioning Toward an Active, Healthy Lifestyle	Physical Education; Adult Development	This session will present research findings from the OAHPERD 2016 Research Grant. The purpose of the study was to determine if Central Ohio transition programs are empowering adults with identified disabilities to lead a healthy active lifestyle. The World Health Organization (WHO) issued age-specific physical activity guidelines due to the evidence that physical activity can improve health status and therefore enhance worker productivity (World Health Organization, 2010). Regular physical activity has been found to help improve ones "overall health and fitness, and reduce the risk for many chronic diseases (Centers for Disease Control and Prevention, 2015). Physical activity has been found to increase academic achievement, academic behaviors, and indicators of cognitive skills and attitudes (Uhrich & Swalm, 2007; Centers for Disease Control and Prevention, 2010). Research has found that adults with cognitive impairments have inferior fitness levels than those without impairments (Lavay, Zody, Solko & Ezra, 1990; McCubbin & Jansma, 1987; Zhang, Piwovar, and Reilly, 2009). Students graduating from transition programs often seek employment that requires standing, repetitive movement or physical labor. Empowerment theory has been applied in physical education, sport and recreation settings, however, there is limited knowledge about transition programs empowering graduates to engage in lifelong physical activity. There are many barriers that adults with disabilities face with daily participation in fitness and recreation. These barriers consist of health (National Center on Physical Activity and Disability, 2004; Green, G., & Reese, S. A. (2006), social (Block, Talaferro & Moran, 2013; Griffin, Summer, McMillan & Hodapp, 2012 & Tracy, 2008), and familiarity with environment barriers (Rimmer, 2004). Trying to eliminate barriers that are associated with disabilities and physical exercise help motivate and increase physical exercise in the students, as well as increasing support (Block, Talaferro, Moran, 2013). This study employed an ex post facto design as naturalistic settings were used as it was not possible to randomly assign students to classes or teachers. In this design, differences were described but cause and effect relationships were not obtained (Thomas, Nelson & Silverman, 2011). This study involved the students enrolled in three Central Ohio transition programs as well as alumni from each of the noted programs. Two questionnaires were implemented: Sports Questionnaire (Coates & Vickerman, 2010) and The Perceived Control Scale Questionnaire (Ellis & Witt, 1984). The Sports Questionnaire and the Perceived Control Scale questionnaire were used once with each participant. The researcher has worked with one of the transition programs since 2011, but has also worked with the Intervention Specialists from each program previously. This study employed an ex post facto design as naturalistic settings were used as it was not possible to randomly assign students to classes or teachers. Initial finding identified barriers in adult participation as well as the impact of previous physical education and physical activity programs. Findings from the study determined that the empowerment of the students with disabilities was impacted due to participation in programs. In general, the findings of gaining empowerment were similar to those of Block, Talaferro and Moran (2013) in that students with disabilities are able to gain empowerment from participation in fitness and recreation programs. By giving the students the opportunity to participate and socialize with peers their own age at a college setting, they were able gain a sense of empowerment in their own life.
Thursday, November 30	8:30 - 9:30 AM	Kalahari Salon A	Marilyn Radatz, ATRA, April Pillar, Chad Hubbell,	Developing New Connections for the Future	Recreation Therapy	ATRA is the only professional organization supporting issues pertinent to ALL recreational therapists. Learn about the current trends within the field of Recreational Therapy and how ATRA is uniquely positioned to aid recreational therapists as they encounter these professional issues. Membership and support help us grow and strengthen the advancement of our profession.
Thursday, November 30	8:30 - 9:30 AM	Kalahari E & F	Kevin Weir, Jeff Martinelli, Mark Demmerie, Brian Wilson	Simplifying State Standards Using Google Apps for Education	Physical Education	You will not believe you are exercising! Watch, explore, and create super fun fitness stations that will make you want to use them when you are being observed! You have not exercised like this before. Run through ASAP Stations and instant activities, too.
Thursday, November 30	9:30 - 10:15 AM	Kalahari Salons C&D	Jade Ne,	Standards Based Fitness Station Creations	Physical Education	Both Jump & Hoops for Heart Coordinators from around the state will share best practices from their successful events. Get some fresh ideas to incorporate into your next Jump or Hoops event. Your students will thank you!
Thursday, November 30	9:30 - 10:15 AM	Indigo Bay	Sasha Taylor, Traci Grissom	Jump & Hoops Coordinators: Come Get A Fresh Look At Success!	Physical Education	
Thursday, November 30	9:30 - 10:15 AM	Orange	Michael D Kostick, M.Ed.,	Becoming a Professional 802: 50 Million Starts with You	Student; Higher Education	Tying into SHAPE America's commitment to healthy and active students, this session is aimed towards future professionals and attaining a health and/or physical education teaching position. Topics that will be discussed include harnessing leadership potential, valuing student teaching experiences, preparing cover letters and resumes, and the interview process. Participants are asked to come ready to share experiences and ask questions! 50 million starts with your professional development!
Thursday, November 30	9:30 - 10:15 AM	Kalahari Salon G	Kevin Lorson,	Health and Opioid-abuse Prevention Education (HOPE) Curriculum: Elementary (K-5 Lessons)	Health	The HOPE Curriculum is a set of K-12 health education lessons designed to help schools combat the opioid epidemic and meet the requirements of HB 367. This session will target the implementation K-5 lessons by classroom teachers. We will share how these lessons impacts the overall middle and high school health education curriculum.
Thursday, November 30	9:30 - 10:15 AM	Kalahari E & F	Mike Cook,	Speed Stacks	Physical Education	Sports Stacking & Curriculum
Thursday, November 30	9:30 - 10:15 AM	Kalahari Salon H	Barry Ward,	Are You Bowling Alone? The Why's and How's of Promoting Family and Community Engagement in Physical Education	Physical Education	Today's educational climate includes an over-emphasis on standardized testing, accountability measures, and a widening achievement gap. School leaders are under considerable pressure to demonstrate student growth and achievement despite a multitude of issues working against them. In some cases, this pressure has resulted in the reduction of physical education for more classroom instruction. Developing partnerships between the school, family, and community has proven to be a useful tool at improving achievement for all students. This interactive, discussion based session will examine the benefits of family and community engagement and how physical education programs can build and strengthen these partnerships. Session participants will examine their current school partnerships, explore future possibilities, and identify strategies to overcome common barriers to effective family and community engagement.
Thursday, November 30	9:30 - 10:15 AM	Kilimanjaro Suite 2	Ryan Vogel,	Disc Golf Lesson - Drive, Approach & Putt basics	Physical Education, Recreation	I will lead you through a lesson of Disc Golf - working on the basic skills and introducing disc golf terminology. I will also give the lesson and a sample disc golf course I designed and had my 5th grade students play at my K-5 Elementary school grounds - prior to EDGE equipment grant and after. You should be prepared to be an active student or ready to duck as there will be discs-a-fly'n. Could also be utilized at higher levels (middle and high school PE) as well as a recreational camp/class.
Thursday, November 30	9:30 - 10:15 AM	Kilimanjaro Suite 3	Adrian Turner,	Teaching Soccer Concepts Through Modified Game Design	Physical Education, Sport Sciences	The purpose of this presentation is to provide practical modified soccer game activities for use by teachers and coaches enabling them to conceptualize, sequence and explore the relational elements of soccer tactics and skills to be learned by K-12 students. Offensive and defensive invasion game principles will provide an overarching framework for participants to progress towards a four-versus-four modified game (without goalkeepers) representing the basic tactical configuration of the adult game.
Thursday, November 30	9:30 - 10:15 AM	Kilimanjaro Suite 4	Mary La Vine, Josh Goss	Biomechanics and Physical Education: A Connection in Motion		

Thursday, November 30	9:30 - 10:15 AM	Cypress	Betty Kern,	Teaching Fitness Concepts & Improving Fitness with "Fitness Boot Camp" Unit	Physical Education	Are you struggling to find a way to incorporate fitness concepts in a fun, engaging way for your students and improve their fitness level at the same time? Hear how kids at Schrop Intermediate School learn fitness concepts and improve their fitness through a "Fitness Cadence" and other activities during Boot Camp Fitness month! Learn how easy & inexpensive it is to facilitate "Boot Camp Fitness"! Experience a modified intermediate level "Fitness Boot Camp Workout"! Learning Objectives: Attendees will learn how easy and inexpensive it is to set up a "Boot Camp Fitness" course. Ideas for progression on building up the intensity of the course throughout the teaching unit will be shared. Resources for various types of equipment and example of equipment that can be used in the course will be given. Attendees will participate in a "modified" boot camp fitness experience during the presentation. Attendees will learn how to incorporate fitness vocabulary and information into the boot camp experience through Fitness Cadence(s) and other activities. Attendees will experience how easy it is to assess student knowledge at the end of the unit using Picklers or other easy to implement strategies. Attendees will hear about the amazing student and teacher outcomes that resulted from the Boot Camp Fitness Unit. Students improved their physical fitness, knowledge of fitness facts, mental toughness, self confidence and camaraderie. The teacher learned a few things as well!
Thursday, November 30	9:45 - 11:45 AM	Kalahari Salon B	Valerie Lazzara Mould, Kristin Whaley	Treating the Whole Child: Providing Therapeutic Regression on an Inpatient Child and Adolescent Psychiatry Unit	Recreation Therapy	This session will introduce the Therapeutic Recreation services at Nationwide Children's Hospital on the inpatient child/adolescent psychiatry unit. Discussion of interventions provided including CBT and DBT concepts, evidence-based practice concepts, and family education will be discussed. This session will provide an overview of population served as well as pre and post mood analysis of TR interventions. Demonstration of some interventions will also be provided. During this session, attendees will gain a better understanding of sensory processing disorder and other integration issues through a hands on activity. They will learn to assess an individual for sensory needs including avoiding and seeking sensory input. This session will discuss sensory diets/plans including materials needed, timing and implementation. Come learn about the benefits of using sensory diets/plans.
Thursday, November 30	9:45 - 11:45 AM	Kalahari Salon A	Lori Schweyer, Kim Bailey	Understanding Sensory Processing/Integration Issues and the Use of Sensory Diets as an Intervention	Recreation Therapy	
Thursday, November 30	10:30 - 11:15 AM	Cypress	Mary La Vine,	Stand Up, Speak Out and be Heard		
Thursday, November 30	10:30 - 11:15 AM	Indigo Bay	TyAnn Gray, Julie Kenny	Inclusive PE		
Thursday, November 30	10:30 - 11:15 AM	Orange	Donna Pastore,	Session I - Current Topics in Sport	Sport Sciences	The purpose of this session is to discuss current issues occurring in intercollegiate sport and identify ways to solve these issues. Topics to be presented: (a) Welcome to the Team: Organizational Culture and Socialization in College Athletics Teams, (b) An Evaluation of the Environment of Student-Athlete Academic Support, and (c) Exploring the Effectiveness of Student-Athlete Professional Development Programs.
Thursday, November 30	10:30 - 11:15 AM	Kalahari Salons E&F	Marcella Bianco	CATCH My Breath	School Health, Physical Education	E-cigarette use has grown dramatically in recent years to become the most commonly used tobacco product by middle and high school students. Most e-cigarettes contain nicotine, a highly addictive substance that can harm adolescent brain development and has been associated with health and behavior problems. During this session, participants will be introduced to a new, best practices-based e-cigarette prevention program for middle school students and learn how one school district went about adopting and implementing this program to provide accurate information, promote media literacy, teach refusal skills, and increase students' intentions to abstain from e-cigarettes.
Thursday, November 30	10:30 - 11:15 AM	Kalahari Salon G	Takahiro Sato, Kevin Eckert	Teaching Diverse Students in Physical Education	Physical Education, Adapted PE	Purpose of this presentation focuses on teaching strategies of students from ethnically, culturally, and linguistically diverse backgrounds. The content of this presentation includes drawing on students' culture and history, mentoring strategies, helping students create new knowledge based on life experiences, and assessing and evaluating students' learning outcome.
Thursday, November 30	10:30 - 11:15 AM	Kalahari Salon H	Heidi Scarpitti,	Strategies for Accurately Conducting BMI's in School	Whole Child	Learn how to weigh and measure students accurately using proper equipment. Learn strategies to keep student confidentiality, communicate effectively with parents/caregivers, and minimize the risk for potential negative consequences of measuring height and weight in the school setting.
Thursday, November 30	10:30 - 11:15 AM	Kilimanjaro Suite 2	Pam Bechtel, Chase Becker, Curry Franklin, Nate Gay, Jeron Henson, Blake Lucky, Kent Maki, Cole Plumb, Andy Robinson, Kelsey Rodriguez, Jake Suder, Gwen Wentling	Actively Learning in Physical Education- More THAN Movement	Physical Education, Higher Education	This session presents techniques and tools BGSU Elementary Methods students designed and implemented in their teaching during Fall semester to help PreK-5th grade students become more responsible for their own learning in physical education. Methods students will share/demonstrate the techniques/tools they created, reflect on the impact of this approach on student learning, and make suggestions for using this approach with all students.
Thursday, November 30	10:30 - 11:15 AM	Kilimanjaro Suite 3	Harry Lehwald, Evan Hatton	Kendama	Physical Education, Recreation	Every wondered what the hype is about Kendama? Then this is the session for you. This hands-on session will introduce you to Kendama, a fun activity that can improve hand-eye coordination, reflex and balance. You will leave with a better understanding of Kendama, the opportunity of mastering basic skills, and ideas for introducing Kendama in your K-12 PE curriculum. Show off your newly learned skills for a chance to win a Kendama game.
Thursday, November 30	10:30 - 11:15 AM	Kilimanjaro Suite 4	Jeff Decker,	Elementary Fun & Games		
Thursday, November 30	11:30 AM - 1:00 PM	Zambezi	(SHAPE America Past President), Marsha Lewis (Ohio University), Brandi Robinson (Ohio Dept of Health), Sue Sutherland (The Ohio State University), Laura Rooney (Ohio Dept of Health), Selene Kelley (Gahanna Jefferson Public Schools)	Creating a Physically Active and Healthy Ohio (PANEL SPEAKERS & BOXED LUNCH)	All	Ohio has been ranked in the bottom of various health rankings or ratings by several organizations. Opportunities exist in prevention and education to combat the rates of premature death in Ohio. This session during the 2017 OAHPERD Convention will examine the role of education, health and recreation in promoting a healthy and physically active Ohio. The panel discussion will focus on sharing policy and strategies from various stakeholders that will support the efforts to achieve the goal of a healthy and physically active Ohio.
Thursday, November 30	12:15 - 1:15 PM	Kalahari Salon A	Mike Sutherland,	Ohio Recreational Therapy Association: Your Other Professional Association	Recreation Therapy	This presentation will describe the Ohio Recreational Therapy Association (ORTA). Among topics we will discuss will be the mission and goals of the organization, how the organization helps provide opportunities for you as a professional, and opportunities for involvement serving the organization. We will also discuss your ideas for ORTA including ideas for membership benefits, continuing education, organization of the association, and representation of the profession at the state level.
Thursday, November 30	1:00 - 1:45 PM	Mangrove	Sasha Taylor, Traci Grissom	AHA Coordinators Social (invitation only)		
Thursday, November 30	1:15 - 1:35 PM	Cypress	Tracy Kidd,	SPEED SESSION: Camp Jukebox	Adapted PE, Dance	Camp Jukebox is a week long day camp which partners high school and college students with individuals of all ages (grade school - adults) and disabilities (cognitive, physical). Local professional dance instructors teach all participants a variety of dances based on a specific theme (60's, Disney etc.). The Thursday and Friday of camp week 2-3 performances are scheduled for the camper's families at the camp facility (Gentlebrook) and the community at a sponsored event (First Friday, Canal Days etc.) In July of 2017, fourteen campers with their mentors performed in Massillon, Canal Fulton and Hartville.
Thursday, November 30	1:15 - 1:35 PM	Kilimanjaro Suite 3	Brijid Radigan,	SPEED SESSION: Class Dojo	Adult Development	A means to give positive feedback to parents and allow them to view what is happening in class!
Thursday, November 30	1:15 - 1:35 PM	Orange	Fiona connor,	SPEED SESSION: Using the ODE PE indicators for screening, MFEs and IEPs in K-5	Adapted PE, Physical Education	Three APE teachers, Fiona Connor, Karen Blair and Rich Wright worked together using grade level indicators from the state standards to develop a form both general PE and APE teachers can use to evaluate a students PE skills and provide numerical data and specifics related to the standards to help write ETR reports and make PE placement decisions accordingly. Versions were developed for grade bands K-2 and 3-5. We are just gathering data using these forms and figuring out what our qualification parameters might be. Forms will be shared and discussed.
Thursday, November 30	1:15 - 1:35 PM	Kalahari Salon G	John Roncone,	SPEED SESSION: The Utilization of Concept Maps & One-Minute Papers to Enhance Student Learning (active learning strategies)	Health, Sport Sciences	Are you looking for new strategies to engage your students in active learning? Then search no more! Come listen to this 20-minute speed session, regarding utilizing Concept Maps and One-Minute Papers to enhance student learning. Concept Maps are tools (typically graphical) for organizing and representing knowledge... helping students visualize connections between words and concepts. One-Minute Papers are an active learning technique designed to engage each student, but more importantly will have students reflect on what went on in the classroom that particular day, as well as an assessment of your own teaching efficacy.
Thursday, November 30	1:15 - 1:35 PM	Kalahari Salon H	Seungyeon Park, DaeKyun Oh	SPEED SESSION: Diversity in Physical Education	Physical Education, Student	The aim of this presentation is to provide information about diversity and physical education. With basis of literature review, presenters will provide information with regard to diversity and physical education. With case studies, presenters and audience will have discussions with several scenarios at the end of the presentation.
Thursday, November 30	1:15 - 1:35 PM	Kilimanjaro Suite 2	Christine Brinkman,	SPEED SESSION: Balance It!	Physical Education	This presentation will focus on Standard 1 benchmark A, specifically focusing on balance. The presentation will exhibit a balance app to use in PE classes K-8. The balances focus on individual balance, balances of two, balances of three, balances of five, and large group balances. The presentation will be interactive. As a participant you will learn to navigate the app and participate in the balances individually and as a group.
Thursday, November 30	1:15 - 1:35 PM	Kilimanjaro Suite 4	Mrs. Kathleen Busse,	SPEED SESSION: Including the Common Core into Today's Physical Education Classroom	Physical Education	This presentation is designed to introduce how to incorporate the 4 common core areas into the physical education classroom. This includes formative, diagnostic, and summative assessments. The presentation also includes character education, Blooms Taxonomy, and lesson plan writing. A packet will be provided for everyone in attendance as well as many examples of the course curriculum.
Thursday, November 30	1:15 - 1:35 PM	Indigo Bay	Jon Perry,	SPEED SESSION: Jump Rope Ladder	Physical Education	n/a
Thursday, November 30	1:15 - 1:35 PM	Kalahari Salons C&D	OAHPERD Board Members	All-Member Workshop: How You Can Get Involved in OAHPERD!		Learn how YOU can get involved in OAHPERD!
Thursday, November 30	1:15 - 1:35 PM	Kalahari Salons E&F		SPEED SESSION: Strategies to Facilitate Students' Critical Thinking in Game Play	Physical Education; Sports Sciences	Critical thinking is an inseparable and essential part of education (Humphries, 2014) and physical education (McBride, 1991; Cleland & Pearce, 1995), which is part of learning goals for students to achieve. Especially, to play sports and games successfully, students must possess the critical thinking skills to identify game problems and solve them through (a) perceiving important information presented in the game scenarios, (b) examining the relationships among the important information, (c) making appropriate decisions, (d) implementing the decisions into actions, and (e) looking back and evaluating the effects of the activities. However, students are often found to have a difficult time when asked to use critical thinking skills to solve problems (Maina, Maina, & Hunt, 2016). This may affect how successfully they can play sports and games. Unsuccessful playing experiences can lead to their discontinuing in participating in sports and games outside of school. Physical education teachers play a critical role in developing students' critical thinking ability and game senses and help them make connections among various game parameters when teaching sports and games. Students in physical education are often not provided enough opportunities to actively think the important tactics and strategies when they are learning sports and games (Maina, Maina, & Hunt, 2016). This presentation will first describe a new approach to Game Teaching through Set Plays&C&B understand sports and games from a situational and relational view. Guided by the new approach, the presentation then will provide some pedagogies for physical education teachers to facilitate the development of critical thinking ability among students, thus helping them play sports and games strategically, and improving their game performance.
Thursday, November 30	1:30 - 2:30 PM	Kalahari Salon A	Ethan Pickett,	Recreational Therapy Start Up and Community Based Therapy within Indiana's Medicaid System	Recreation Therapy	This session will provide insight in starting a Recreational Therapy (RT) company within Indiana's Medicaid system; explaining the state policies and procedures for successfully assessing, planning, implementation and evaluation of the RT and their clients. Within the session, topics such as inclusion, community outings, community outcomes, and therapy/community collaboration will be assessed. Participants will be educated on the process is takes to start their own RT company and the success of home and community based therapy.
Thursday, November 30	1:30 - 2:30 PM	Kalahari Salon B	Jennifer Reau, Lyndsay Moreo	No Client Left Behind - A Collaborative Effort between Speech and Recreation Therapies	Recreation Therapy	This session will focus on the benefits of Speech Therapy and Recreation Therapy working together with clients who have a type of Dementia, or Memory Impairment. We will begin with talking about the Aging Theories. We will then explain various cognitive assessment tools, and how to determine which stage of Dementia an individual is in, based on their scores. Lastly, we will spend most of our time focusing on how to breakdown activities so that each client can (hopefully) successfully participate in the activity & more importantly-have fun.

Thursday, November 30	1:45 - 2:30 PM	Cypress	Pamela Bechtel, Pam Bechtel, Chase Becker, Curry Franklin, Nate Gay, Jeron Hennon, Blake Lucky, Kent Maki, Cole Plumb, Andy Robinson, Kelsey Rodriguez, Jake Suder, Owen Wentling	The School Community Link in Helping Students Become More Active and Healthy.	Physical Education, Higher Education	This session presents information BGSU student teachers discovered as they participated in various activities to help them develop familiarity with their placement schools and students. The goal was to determine the link between school and community that encouraged activity and developed healthy habits in students. Student teachers designed and participated in various assignments/events that helped bring fitness and health-related activities to their students in both the school and community.
Thursday, November 30	1:45 - 2:30 PM	Indigo Bay	Mary La Vine, Collin Harkulich	Empowering Students through Creative Movement to Interpret Stories		E-cigarette use has grown dramatically in recent years to become the most commonly used tobacco product by middle and high school students. Most e-cigarettes contain nicotine, a highly addictive substance that can harm adolescent brain development and has been associated with health and behavior problems. During this session, participants will be introduced to a new, best practices-based e-cigarette prevention program for middle school students and learn how one school district went about adopting and implementing this program to provide accurate information, promote media literacy, teach refusal skills, and increase students' intentions to abstain from e-cigarettes.
Thursday, November 30	1:45 - 2:30 PM	Kalahari Salons E&F	Marcella Bianco	CATCH My Breath	School Health, Physical Education	The purpose of this presentation is to summarize the recent recommendations and offer suggestions for schools to develop a drug prevention plan using the Whole School, Whole Child, Whole Community Model. The session will summarize Ohio's recent drug prevention efforts include: HB 367 (opioid prevention education), recommendations from the Joint Study Committee on Drug Use Prevention Education, and initiatives such as Start Talking. The target audience is school administrators, health education teachers or school leaders who are developing and leading the implementation of the plan.
Thursday, November 30	1:45 - 2:30 PM	Kalahari Salon G	Kevin Lorson	Developing a School-wide Drug Prevention Education Plan	Health	After years of development, an objective and instantaneous method for motor skill assessment is here. We have developed the world's first standards-based unbiased skill test specifically designed for K-5. Come see how easy it is to collect data specifically related to essential motor skills and give students feedback to enhance learning. This technology cannot be missed! Do you want some new instant activity ideas? Would you like to know how to seamlessly integrate them into your curriculum and use them appropriately? This session is designed for you. Come experience a dynamic session filled with great instant activities, ideas, and strategies designed for grades K-12.
Thursday, November 30	1:45 - 2:30 PM	Killimanjaro Suite 2	JB Starkey	Quick, Easy, and Accurate Skill Testing for K-5	Physical Education	Maximizing Success in Runners Beyond Fast Times: This presentation will focus on physical and mental practices to ensure running success in runners of all ages. It will go beyond just fast times and encompass other measures of success such as hitting target heart rates, good running mechanics and staying healthy. Nutrition, training and recovery information will be included in the physical success portion while keeping a log and positive affirmations will be included in the mental portion. The speaker has been competing since 1975 in distance running in races ranging from the mile to the marathon and currently continues to finish first in the 60 women's age group in 5km-5 millers.
Thursday, November 30	1:45 - 2:30 PM	Killimanjaro Suite 3	Daniel Tennesen	Instant Activities that Work	Physical Education	
Thursday, November 30	1:45 - 2:30 PM	Killimanjaro Suite 4	Meredith Ervin	Pickle Ball		
Thursday, November 30	1:45 - 2:30 PM	Kalahari Salon H	Tina Dake, Joe Dake	Characteristics of Effective Health Education Curricula		
Thursday, November 30	1:45 - 2:30 PM	Orange	Kitty A Consolo	Maximizing Success in Runner Beyond Fast Times	Sport Sciences	
Thursday, November 30	2:45 - 3:30 PM	Kalahari Salon H	Tina Dake, Joe Dake	Developing Students Skills in Health Education		
Thursday, November 30	2:45 - 3:30 PM	Killimanjaro Suite 4	Laurie Gombash, Tom Strenger	Standards-Based Creative Fitness & More		Discover fun and easy methods to promote high quality physical education, explore fitness concepts, and engineer deliberate movement in your secondary physical education classroom. Participants will learn how to access free curriculum resources aligned with SHAPE America's Standards (OPENphysed.org). This is an active session so be ready to move.
Thursday, November 30	2:45 - 3:30 PM	Cypress	Taralyn Garner	Inclusive PE: Strategies for Including ALL Students	Physical Education, Adapted PE	Join this session to learn how general physical educators can adapt skill-building activities and games to include students with disabilities in enjoyable and meaningful ways. Strategies will be shared on how to create an inclusive environment, general and activity specific adaptations, and how to actively engage all students in a general physical education setting. Attendees will receive resources on how to create an inclusive PE environment that will benefit ALL students. Attendees will learn: —How to create an inclusive environment —General and activity specific adaptations —How to actively engage all students in a general physical education setting
Thursday, November 30	2:45 - 3:30 PM	Indigo Bay	Kathy Casper, Betty Kern	What Really Happens in the Gym / Why We Have The Best Job in the School!	Physical Education	Experienced physical educators will share advice and real life stories for undergraduate physical education students. You will receive valuable lessons and information as you prepare to join our ranks as physical educators. Your years of course work and field experiences prepare you with the content knowledge, instructional strategies, learning styles and theoretical principles of education. We will provide actual experiences, some comical and some inspirational, and insight into our profession. We believe we have the best job in education. We believe we can have a positive effect on every aspect of a student's education. We believe we can change the world one student at a time. Join us as we inspire you to share our passion and enter into a career that is both challenging and rewarding.
Thursday, November 30	2:45 - 3:30 PM	Kalahari Salon G	Holly Raffle, Letzee Ware, Kevin Lorson	Portrait of Middle and High School Health Education and Physical Education in Ohio	Health, Physical Education	A survey of Ohio's health and physical education teachers in Grades 7-12 was distributed to 459 school districts and approximately 1600 teachers. The purpose of the study was to determine the current context, experiences, and preferences for health and physical education teachers. The session will summarize the results and share the implications on professional development, teacher education and the future of the health and physical education in Ohio.
Thursday, November 30	2:45 - 3:30 PM	Killimanjaro Suite 2	Doug Stebbins, Alan Arnett	I Learned These Games on Twitter	Physical Education	Learn how to use Twitter to infuse your lessons with new activities and games from Physical Education teachers around the world. If you answered yes, this session is for you! Ty-Ann, Julie, Wendy and Karli will share their Secondary, Middle and Elementary School strategies for Standard 3 student participation and data collection. Come ready to participate!
Thursday, November 30	2:45 - 3:30 PM	Killimanjaro Suite 3	TyAnn Gray	Standard 3 Fitness Have You Exhausted?	Physical Education	Fishing is a lifetime leisure activity that can enhance the quality of life. This presentation will provide attendees with an overview of a fishing program in NJ with Vietnam Veteran's for Veteran's and their families. The session will provide information about how fishing can relieve symptoms of PTSD and how to provide an educational and supportive environment to teach an individual fishing skills. This session will also discuss marketing the program and available resources This will be a great session for therapists and educators and it can be adapted for various populations!
Thursday, November 30	2:45 - 3:45 PM	Kalahari Salon A	Dr. Ruthie Kucharewski, Greg Kucharewski	Hook a Veteran on Fishing	Recreation Therapy	The session will introduce how The University of Toledo National Youth Sports Program since its start 48 years ago has evolved to incorporate Recreation Therapy services. By utilizing 20 RT clinical students and a CTRS/recreation administration intern, 120 at-risk youth received RT programming in the summer of 2017. Over 60 activity protocols were developed and implemented. Success of incorporating RT into the camp was due to strong management abilities and training of clinical students. The session will discuss the difficulties faced and successful outcomes. In completion of the session the audience will gain a better understanding on how RT could be incorporated in other related community based program with the youth/at-risk population.
Thursday, November 30	2:45 - 3:45 PM	Kalahari Salon B	Claire Copa, Jessica Perry	Incorporating RT into an At-Risk Youth Sports Based Summer Program	Recreation Therapy	
Thursday, November 30	3:30 - 4:30 PM			POSTER SESSIONS		
Thursday, November 30	3:30 - 4:30 PM	Killimanjaro Suite 5	Students	Student Showcase	All	
Thursday, November 30	3:30 - 4:30 PM			Past-Presidents & Lifetime Members Reception		
Thursday, November 30	4:00 - 5:00 PM	Kalahari Salon B	Mohammed Nasser	The Fundamentals and Importance of Internship as the First Step in Pursuing One's Career as a Recreational Therapist	Recreation Therapy	The session's main focus is about Internship as an experience and the importance of how it will shape and broaden the body of knowledge of the student and the internship superior within Rec Therapy. The presenter will lecture about expectations and personal experiences of internship and tie them into the use of evidenced-based practice, building one's tool belt with unique programming ideas, and how to effectively observe and communicate with different patient populations. There will be a discussion at the end for a chance for the audience to share experiences and/or ask question pertaining what was presented.
Thursday, November 30	4:00 - 5:00 PM	Kalahari Salon A	Paige Dagenhard	Using HeartMath Resilience Training in the Field of Recreation Therapy	Recreation Therapy	HeartMath is a biofeedback training tool used throughout the world. As a Certified HeartMath Trainer, this session will include a training module on resilience and using HeartMath in the everyday for yourself and your patients in the field of Recreational Therapy. The session will work to give a background of HeartMath in understanding the changes that your body's physiology responds in stressful situations and how to combat those feelings. This session aims to provide benefits of HeartMath, teach basic session criteria and how to include this in Recreational Therapy programming at different facilities. Techniques will be discussed for utilizing instructional steps and exercises for those that don't have the HeartMath equipment at their facilities.
Thursday, November 30	4:30 - 5:30 PM			OAHPERD Annual Awards Ceremony & Reception		
Thursday, November 30	8:00 - 9:00 PM	Killimanjaro Suite 2		OAHPERD College Cup Tournament	All	
Thursday, November 30	8:00 - 11:00 PM			CASINO NIGHT & SOCIAL		
Friday, December 1, 2017						
Friday, December 1	7:00 - 11:00 AM			REGISTRATION OPEN		
Friday, December 1	8:00 AM - 1:00 PM			EXHIBITS OPEN		
Friday, December 1	8:00 - 9:30 AM	Killimanjaro Suite 6		Continental Breakfast		
Friday, December 1	8:15 - 9:00 AM			Coffee with OAHPERD and Division Meetings		
Friday, December 1	9:00 - 9:45 AM	Cypress	Judith A. Juvancic-Heltzel, Mary Jo MacCracken	BDNF: The Case for Why Your Brain Does Need Fitness	Adult Development	As we age, the oldest of the baby boomer generation turns age 65 and with that comes the realization that "many physiological" changes occur with aging. This, compounded with the effects of multiple co-morbidities, can have an adverse effect on cognitive abilities decreasing quality of life, increasing healthcare costs and increasing the risk of injury due to falls. In this presentation we will highlight the physiological changes and provide useful strategies to incorporate regular exercise to allow older adults to "age gracefully." By the end of the presentation participants will be able to: 1) Articulate the physiological changes that occur with aging that affect cognition, 2) Articulate the how physical activity may attenuate or reverse some of the changes 3) List at least five strategies to promote active healthy aging
Friday, December 1	9:00 - 9:45 AM	Kalahari Salons C&D	Jade Ng	The Muscle Hustle	Physical Education	This session is the biggest take away with very impactful productivity lessons. Get your heart pumping, hips bumping, feet thumping! Together create a chain of rhythmic movements that become an exercise routine. Great for every age, skill, ability, this session is designed to build endurance, stimulate muscle growth, encourage, inspire & motivate.
Friday, December 1	9:00 - 9:45 AM	Kalahari Salon G	Jackie Lund, SHAPE America Past-President	Assessments for Advocacy in Physical Education and Health Education	Physical Education, Health	Assessments are very important for measuring to shape public policy. While Ohio has had a system in place for the past several years, the other states have not. SHAPE America is developing assessments for physical education and health education that teachers can use to report results to a national data base. SHAPE America is partnering with the American Institute of Research (AIR) to develop written assessments for both content areas. Additionally, SHAPE America is working to identify performance-based assessments for health education and physical education that will be used with advocacy efforts to promote the two content areas. This session will explain the various assessment projects from SHAPE America and encourage participants to provide feedback on the proposed assessments.
Friday, December 1	9:00 - 9:45 AM	Indigo Bay	Christine Bowden	Contemporary Modern & Jazz Improvisation Master Dance Class	Dance, Recreation	Participants will get the chance to explore their creativity with this experiential master dance class. Participants will be guided and given a foundation choreography phrase and then work individually and as a small group to develop a jazz or contemporary short dance to share at the end of the presentation. This class cultivates a fun and safe way for students and professionals of all ages to utilize various forms of dance choreography generation and challenges us to think outside of the box.

Friday, December 1	9:00 - 9:45 AM	Kalahari Salon A	Deb Berkey,	Measuring MVPA with Blink Armband HRM: 21st Century PEI	Physical Education	Measuring moderate to vigorous physical activity (MVPA) is one of the most critical elements of an effective physical education program. The Heart Zones System incorporates the use of individualized MVPA zones, non-intrusive blink armband HRM, loads and big board displays to facilitate the achievement of National Standards 3,4 and 5. The Heart Zone System is an affordable technology tool set that supports the objective assessment of student achievement and teacher performance.
Friday, December 1	9:00 - 9:45 AM	Kalahari Salon B	Betty Kern,	Organizing & Coaching Running Clubs with 150+ Kids with Limited Resources	Physical Education, Recreation	Do you want to start a Running Club for kids? Get ready for great participation, enthusiasm and numbers! Schrop Intermediate School's Running Club started in 2011 with 120 kids and has grown to 220+ in 2016! Learn how to effectively manage and motivate a large club with minimal resources. Take home organizational strategies including building teams, data collection, warm-ups, practice schedule, games, fund raising, community support, etc. Get inspired by our success stories! Learning Objectives: Attendees will learn how to manage a large running or fitness club with minimal resources which include: adult help, finances, equipments, etc. Fund raising ideas will be shared and attendees will be encouraged to share their strategies and suggestions for club support. Attendees will learn creative organizational strategies for managing and motivating large groups of intermediate or elementary age students in a running or fitness club setting. Strategies include: grouping students in teams with older students as team captains; color coding teams and all activities; running and fitness stations; affordable awards and recognition; and data collection made easy! Attendees will hear how to effectively garner community support and participation from administration, parents, local running stores, adult running clubs, etc. Success stories will be shared to motivate and encourage attendees to start a program in their community!
Friday, December 1	9:00 - 9:45 AM	Kalahari Salon H	Laura Rooney,	Whole Child Session		
Friday, December 1	9:00 - 9:45 AM	Kilimanjaro Suite 2	Andrew Bower,	Developmentally Appropriate Physical Activities for Elementary Children	Physical Education	This session will present a number of developmentally appropriate activities for elementary children. All the activities are aligned with the Ohio Physical Education Content Standards. Implementation and progressions will be discussed. Strategies for assessment will also be given
Friday, December 1	9:00 - 9:45 AM	Kilimanjaro Suite 3	Daniel Tennessen,	PE Energizers	Physical Education	Do you want a lot of activities your students will love and you'll want to use next week? This is your session. In this high-paced, active session you'll experience a wide variety of activities and games designed to maximize participation, movement, and success for all. All of these activities are standards based and designed to be used or modified for grades K-12. We'll provide you with the activities and the materials you need to use them. Attendees will be responsible for their own learning! Want to make your secondary physical education classes fun while teaching lifetime activity and team sport units? In this session we will share strategies to help you implement the sport ed model. Learn how to provide an inclusive learning environment that is student-centered and allows teachers an authentic way to monitor progress and assess growth among all students. Attendees will: —Learn strategies to help implement the sport ed model. —Learn how to create a student centered learning environment. —Learn authentic ways to monitor progress and assess growth among all students. —Receive sample lessons and resources to help them implement the sport ed model.
Friday, December 1	9:00 - 9:45 AM	Kilimanjaro Suite 4	Taralyn Garner,	Engaging ALL Students using the Sport Ed Model	Physical Education	Do your students explore their self-identities to gain an understanding of who they are and how their identity may influence their experiences in physical education and with the entire student body? The focus of this session is to provide participants with different pedagogies to access students' self-identities as well as engage in a variety of activities that address sociocultural and social justice issues.
Friday, December 1	10:00 - 10:45 AM	Cyprus	Sue Sutherland, Jennifer Walton-Fisette	Exploring Self-Identities and Social Justice Issues in Physical Education	Physical Education, Higher Education	The integration of technology in physical education (PE) can enhance student-centered learning and foster teaching effectiveness. Students perform better when they are provided immediate and meaningful feedback on their skill-related physical performance in physical education and/or any physical activity settings. Appropriately utilizing technology in PE can improve students' skill-related physical competency, knowledge, and success rates, which might, in turn, motivate them to practice more/better in and out of school. Therefore, the purpose of this presentation is to introduce some basic functions of Coach's Eye technology while highlighting some strategies to help physical educators integrate it into their physical education.
Friday, December 1	10:00 - 10:45 AM	Kalahari Salon B	Hyun-Ju Oh, Hope E. Moore	Technology and Physical Education: Utilizing Coach's Eye to Improve Students' Skill-Related Physical Performance	Physical Education, School Health	The mission of the Arnold Sports Festival and the Arnold Sports World Kids and Teens events is to encourage interest and participation in the widest possible range of sports activities. Professional instruction areas are provided for more than two dozen sports. A wide range of fitness related entertainment and personal participation opportunities are provided. Children 14 and under are admitted free and emphasis is on the greatest variety and fun of sports.
Friday, December 1	10:00 - 10:45 AM	Kalahari Salon G	Lea Coburn,	Arnold Sports Festival/SportsWorld EXPO for Kids & Teens		This presentation will review the Senior Olympics program from its inception in the 1960s to present day. Attendees will learn about Senior Olympics at the local, state and national level, through pictures, data and stories about the amazing athletes who compete in the games.
Friday, December 1	10:00 - 10:45 AM	Kilimanjaro Suite 4	Deanna Clifford,	Ohio Senior Olympics: You Don't Stop Playing Because you grow old	Adult Development	
Friday, December 1	10:00 - 10:45 AM	Kalahari Salon H	John Buch,	Understanding the Elements of your Benefit	Adult Development	Know how your STRS Ohio benefit is calculated
Friday, December 1	10:00 - 10:45 AM	Kilimanjaro Suite 2	Laurie Gombash, Tom Strenger	Standards-Based Elementary Activities		Attend this session ready to be actively engaged in activities aligned with SHAPE America's National Standards & Grade-Level Outcomes. Discover fun and easy methods to promote high quality physical education utilizing a free curriculum resource (OPENphysed.org). OPEN lessons incorporate content language, depth of knowledge questioning, and strategies for academic rigor. Participants will be able to take home a variety of high-quality physical education curriculum resources. K-5
Friday, December 1	10:00 - 10:45 AM	Kalahari Salons E&F	Josh Petro, Jordyn Van Horn, Connor Caldwell, Maddie Ziccardi, Javier Castillo, Tanner Crowder	What to Expect in your First Few Years of Teaching	All	Wondering what your first few years of teaching has in store for you? Future teachers come meet with and learn from recent graduates in their first 5 years of teaching! This open forum/interview will provide valuable insight before you head out into the real world!
Friday, December 1	10:00 - 10:45 AM	Kilimanjaro Suite 3	Insook Kim,	Teaching Diversity Through Korean Game Day	Physical Education	Schools have the responsibility to teach all students how to synthesize cultural differences into their knowledge base, in order to facilitate students' personal and professional success in a diverse world (http://www.theadvocate.org/6-ways-teachers-can-foster-cultural-awareness-in-the-classroom). A culturally responsive curriculum helps students from a minority ethnic/racial background develop a sense of identity as individuals, as well as other students be aware of other cultures through teachers' establishment of culturally responsive classrooms. This presentation will be designed to introduce several Korean traditional games can be used in school physical education or school events intended to teach diversity or cultural awareness. Through several game stations, attendees will have an opportunity to learn how games are originated from Korean culture, how to teach games through their participations, how to create game materials, and how to organize a cultural game day as a classroom or school event.
Friday, December 1	10:00 - 10:45 AM	Kilimanjaro Suite 5	Anita K Gabel	American Jump Rope Federation	Physical Education, Recreation	Jump Rope as a Competitive School Sport
Friday, December 1	10:00 - 10:45 AM	Kalahari Salon A	Kathy Casper, Amy Belles, Lauren Wilson	Resources - Resources - Resources		
Friday, December 1	11:00 - 11:45 AM	Kalahari Salon G	Mary La Vine, Betty Kern	Presenter Workshop: Tips, Strategies, and Steps to Successful Presentations		How do you know if you're presenting your best? How do you know if you're presenting your best to your colleagues? What's holding you back? If you are not sure how to get started or how to put your ideas together into a presentation for a state or national convention, this session is for you! Presenters with local, state and national presentation experience will lead you through the steps to developing a powerful presentation.
Friday, December 1	11:00 - 11:45 AM	Kalahari Salon G	Mary La Vine, Betty Kern	Presenter Workshop: Tips, Strategies, and Steps to Successful Presentations		This session supports SHAPE's 50 Million Strong message by encouraging the sharing of successful, professional ideas and strategies among our membership. The sharing of ideas will motivate teachers to try something new and spur creativity in other teachers to find ways to support and embrace SHAPE's message.
Friday, December 1	11:00 - 11:45 AM	Cyprus	Taralyn Garner,	Technology-Infused Lesson from Start to Finish!	Physical Education, Adulte	This active session will have attendees move through a technology-infused lesson from a student's perspective. This lesson shows what an effective lesson can look like when using technology to increase MVPA, assess students and manage your class. Come to this session to learn strategies to keep students actively engaged, innovative technology being used in the PE setting, and see the latest tools in action! Please bring your mobile device. Objectives —Experience what an effective physical education lesson looks like when integrating technology —Learn about new technology tools that can be used to enhance student learning, increase MVPA, and aid in timely feedback —Use many apps and tools including but not limited to Pickers, QR Codes, Heart Zones HR Monitors, and the Bam Video Delay app during this session
Friday, December 1	11:00 - 11:45 AM	Indigo Bay	Jessica Hyde, McKenzie Stelter	You are What You Eat		n/a
Friday, December 1	11:00 - 11:45 AM	Kalahari Salon A	Jenny Hudak-Million,	Learning Can Be Lifesaving: Your Tool to Understanding Ohio's New Organ & Tissue Donation Health Curriculum Mandate	Health, School Health	The process of organ, eye and tissue donation begins with an individual's commitment to share the Gift of Life. This single decision helps to bring something positive to a tragic situation. More than 118,000 Americans and 3000 Ohioans are waiting for a life-saving transplant today. In fact, another person is added to the national waiting list every 10 minutes. Donate Life Ohio's goal with our student-centered programs is to provide teachers and their students with all the facts they need to make an informed decision about donation. You are in a powerful position to educate your students on making one of their first adult decisions. When teenagers decide to get a state ID, permit or license they will be asked if they'd like to be an organ, eye and tissue donor. Donate Life Ohio is happy to help educators throughout the state understand the new curriculum addition to help students make an educated decision. Our community educators will share some fun and informative activities to use in your classroom and everyone who attends will receive a teacher's kit that include a fact-filled power point, poster and student handouts.
Friday, December 1	11:00 - 11:45 AM	Kalahari Salon B	Donna Pastore,	Session II - Current Topics in Sport	Sport Sciences	The purpose of this session is to discuss current issues occurring in sport and identify ways to solve these issues. Topics to be presented: (a) The Impact of Technology on the Development of Rules in Sport, and (b) Developments in Adaptive Sport in Middle and High Schools.
Friday, December 1	11:00 - 11:45 AM	Kalahari Salon H	John Roncone, Jim Smith, Northmont City Schools	Panel Discussion: Exploring the Next Step...Graduate School!	Sport Sciences, Physical Education	OK, so what's next? Thinking about graduate school? Interested in serving as a graduate assistant, research assistant, teaching assistant, teaching fellow? Come talk to the experts in the field about your interest and get advice from their very own experience. Question and answer session too.
Friday, December 1	11:00 - 11:45 AM	Kilimanjaro Suite 3	Carli Alfriend, Tracy Dyer, & Jenny Oakes,	Activities For All	Physical Education	Looking for innovative activities that span the K-12 age range? This hands on session will provide attendees with a variety of activities that are cross curricular and incorporate fitness, personal and social responsibility, cooperation, perseverance, and sportsmanship. We have successfully adapted and implemented these stimulating activities in our diverse classes.
Friday, December 1	11:00 - 11:45 AM	Kilimanjaro Suite 4	Anne Wiggin,	Elementary ABL		
Friday, December 1	11:00 - 11:45 AM	Kilimanjaro Suite 5	Traci Grissom,	Jump Rope Demonstration Teams	Physical Education, Recreation	These teams will amaze you with their individual, pairs, group and team skills. Be prepared to see freestyle routine, prstmer skills, wheel, double Dutch and long ropes. See and hear about how teams are formed and how coaches maintain motivation.
Friday, December 1	11:00 - 11:45 AM	Kalahari Salons E&F	Josh Petro, Madeline Ziccardi, Javier Castillo	Ballin' on a Budget	Physical Education	With Physical Education budgets getting tighter and tighter, physical educators must get creative to insure their students experience a diverse set of activities in their classes. Ballin' on a Budget will give some inexpensive activities that will allow teachers to stay in the budget, but adding to their activity arsenal!
Friday, December 1	11:00 - 11:45 AM	Kilimanjaro Suite 2	Eric Brooks, Megan Hackett	Putting the "Gym" in Gymnastics	Physical Education	Standard 1: Demonstrate competency in a variety of motor skills and movement patterns benchmark a demonstrate movement skills and patterns in a variety of individual performance activities and lifetime physical activities. Looking for a new way to assess Standard 1A (Demonstrate movement skills and patterns in a variety of individual performance activities and lifetime physical activities)? Well we've got the unit for you. A hands-on lesson that can be adapted with minimal equipment and a great experience for you and your students. We will show you an entire gymnastics unit that includes a 60-minute lesson including appropriate cues, authentic assessments, ideas and demonstrations for a 3-5 day unit. The unit can be taught with great engagement and no stress on the teacher! oh and the kids LOVE IT!

Friday, December 1	12:00 - 12:45 PM	Cypress	Judith A. Juvancic-Heltzel, Melissa Klein	Sitting is the New Smoking: Incorporating Movement throughout the Day across the Lifespan	School Health, Physical Education	We already know physical inactivity can result in increased risk of a variety of chronic diseases such as obesity, cardiovascular disease, type 2 diabetes and certain types of cancer. We also know the benefits of physical activity and exercise are numerous. Researchers have more recently discovered it is possible for individuals to meet daily physical activity guidelines and still be considered sedentary. Many adults, required to spend the majority of their workday at a desk, have little organic opportunity to engage in physical activity during work. This behavior is contributing to increased morbidity and mortality rates. Adding a few minutes of physical activity every hour or two will result in numerous benefits such as increased caloric expenditure, decreased fatigue, increased productivity and overall increased well-being. Moreover, school districts are under tremendous pressure to perform well on state testing. Many districts, to find time for test preparation, cut time from such subjects as PE and cut daily recess. The lack of physical activity places pressures on students leading to stress, high level anxiety and the inability to focus. These negative consequences for the lack of a physically active outlet can have an adverse effect not only on the student's health but on their academic achievement. There is a great need for effective classroom based physical activity integration into core subjects to assist in combating these issues. Yoga is one such activity that has been shown to positively affect a student's academic achievement, attention ability and reduce test anxiety. By the end of the presentation participants will be able to: a) Articulate the health and occupational risks of sedentarism b) Articulate the health, academic, and occupational benefits of movement throughout the day c) List at least five strategies to incorporate movement breaks throughout the day for both adults and students d) List at least three strategies to advocate for classroom physical activity integration
Friday, December 1	12:00 - 12:45 PM	Indigo Bay	Christine Bowden,	Yoga and Meditation Master Class	Health	Yoga and Meditation therapies are receiving more medical acknowledgement as health care research continues. Alternative medicine is becoming a commonplace amongst Americans and many working professionals are seeking these treatments for their resounding benefits. This master class will guide participants through various physical (asana) practices as well as a meditation and breath practice to provide grounding and surrender of distractions. Ending the class with a yoga nidra and optional aromatherapy, participants will gain a basic foundation of yoga and meditation with the opportunity to dive deeper with provided mantras as a take away from the class.
Friday, December 1	12:00 - 12:45 PM	Kalahari Salon A	Mary J MacCracken, Bonnie Berger, Bob Stadulis, Adrian Turner	Sport & Exercise Psychology: What Coaches, Athletes, and Exercisers Need to Know	Adult Development, Sport Sciences	Understanding sport & exercise psychology is paramount to getting better results on the field, pool, court, and in life. Often though, psychological topics (feedback, anxiety, self-talk, imagery, goal-setting) seem daunting and therefore are put in the "too difficult to consider" basket. This symposium will focus on what to incorporate into training schedule and day of competition to maximize performance, enjoyment, and participant well-being.
Friday, December 1	12:00 - 12:45 PM	Kalahari Salons E&F	Laurie Gombash	Free, Fun Early Childhood Activity Plans for PreK and K.	Physical Education	Do you sometimes feel that PE with Preschoolers and Kindergartners is as easy as herding cats? You are NOT alone! Attend this session ready to be actively engaged in activities aligned with Head Start Early Learning Outcomes and SHAPE America's National Standards & Grade-Level Outcomes. Discover fun and easy methods to promote high quality movement exploration and physical education utilizing a free curriculum resource (OPENphysed.org). Early Childhood OPEN lessons incorporate learning targets, developmentally appropriate activity procedures and offer universal design modifications. Participants will be able to find and access free, high-quality physical education curriculum resources. PRE-K, APE
Friday, December 1	12:00 - 12:45 PM	Kalahari Salon G	Seung Yeon Park, Dae Kyun Oh	Diversity in Physical Education	Physical Education	The purpose of this presentation is to identify practical teaching tips for teachers in physical education related to diverse students. Each individual student is unique and different. In the presentation, attendees will have an understanding importance of diversity in physical education settings. There will be examples in physical education and diverse students based on research findings and additional explanations.
Friday, December 1	12:00 - 12:45 PM	Kalahari Salon B	Hyun-Ju Oh, Sharon Rana	Physical Activity and Youth: Findings and Lessons Learned from Studies Conducted in Appalachian Ohio region	Physical Education, School Health	Title: Physical Activity and Youth: Findings and lessons learned from studies conducted in Appalachian Ohio region Background: Substantial health benefits of regularly participating in physical activity (PA) in daily life and quality physical education (PE) classes have been well documented (Institute of Medicine [IOM]). Regularly-scheduled PE provides youth with opportunities to learn lifetime physical activity skills (IOM, 2013). This presentation will highlight physical activity findings and lessons learned from studies performed at four schools in Appalachian Ohio region. Method: A New Lifestyles NL-1000 pedometer with a MVPA timer was used to assess physical activity in secondary school youth living in Appalachian Ohio region. The average time spent in moderate-to-vigorous (MVPA) activity and step counts were collected for the following three studies: (a) Study 1 collected physical activity data in and outside of school, (b) Study 2 collected PA data during PE class, and (c) Study 3 conducted an intervention study to increase daily PA. Results: The results of our first investigation which compared pedometer steps and MVPA time between boys and girls in both high school and middle school, demonstrated that girls and boys did not differ in PA levels in middle school, but high school girls had significantly lower PA levels than both middle school girls and high school boys. For the second study, we assessed MVPA and steps/min between activities in PE class as well as between BMI categories (overweight and normal weight). It was found that overweight students produced significantly less steps per class, MVPA time, and steps/min than normal weight students. Also, out of the 10 activities assessed, volleyball consistently produced significantly less PA in terms of steps and MVPA time and walking the most. Our final study in this series demonstrated that a PE homework intervention did help to significantly improve weekend PA in those who completed the homework intervention as compared to those who did not. Conclusions: Consistent with previous studies, our findings indicate that participants in this region demonstrate low levels of PA. Implications for clinical practice and research will be discussed, as well as methods to increase PA levels for youth living in this region.
Friday, December 1	12:00 - 12:45 PM	Kalahari Salon H	Laura Rooney,	Whole Child Session		
Friday, December 1	12:00 - 12:45 PM	Kilimanjaro Suite 2	Harry Lehwald,	Basketball: Teaching Basketball One Baby Step at a Time		
Friday, December 1	12:00 - 12:45 PM	Kilimanjaro Suite 5	Anita K Gabel, Peter Loomis	Jump Rope Course of Study	Physical Education, Sport Sciences	Jump Rope Curriculum for PE
Friday, December 1	1:30 - 2:30 PM			Board of Directors Meeting (2017-2018)		
Friday, December 1	2:30 - 3:30 PM			Executive Committee Meeting		