

## Changes to Physical Education in Ohio

Beginning in the 2012-2013 school year, a physical education evaluation will be included as an indicator on the Local Report Card. Senate Bill 210 (SB 210), which was signed into law in June 2010, includes four components that will make up a report card indicator. The goal of this legislation is to ensure consistency of teaching and learning outcomes in public school physical education.

As required by SB 210, all will measure student success in meeting the benchmarks contained in the Physical Education Academic Content Standards. The tasks contained in the evaluation instrument are designed to be incorporated within the curriculum and physical education lessons. Full details of this evaluation can be found at the following link:

<http://www.ode.state.oh.us/GD/Templates/Pages/ODE/ODEDetail.aspx?page=3&TopicRelationID=1793&ContentID=118761&Content=130589>

### The Standards

In 2007, Ohio adopted the six academic content standards of the National Association for Sport and Physical Education (NASPE). The goal of these standards is to define a physically educated person, help teachers design a comprehensive physical education program for their students, and to identify important learning outcomes at particular grade levels. The standards are:

**Standard 1.** Demonstrates competency in motor skills and movement patterns needed to perform a variety of physical activities.

**Standard 2.** Demonstrates understanding of movement concepts, principles, strategies and tactics as they apply to the learning and performance of physical activities.

**Standard 3.** Participates regularly in physical activity.

**Standard 4.** Achieves and maintains a health-enhancing level of physical fitness.

**Standard 5.** Exhibits responsible personal behavior and social behavior that respects self and others in physical activity settings.

**Standard 6.** Values physical activity for health, enjoyment, challenge, self-expression and/or social interaction.

### The Evaluation

The link above provides a lot of information, but for a summary of the standards, benchmarks and assessments, please click on the link titled [Standards, Benchmarks and Activities](#). Examples of assessment tasks include:

- Basic motor skill assessments in the primary grades (K-2)
- Game performance assessments in intermediate and secondary grade bands (3-5, 6-8, 9-12)
- Physical activity participation evaluation in all grade bands
- Ongoing assessment of fitness knowledge and performance in all grade bands
- Assessment of appropriate sport and fair play behaviors in all grade bands
- Knowledge of biomechanical principles affecting movement and performance in the secondary grades

Please explore the links provided and contact your child's physical education teacher if you have any questions.