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OPA Convention...
Engagement, Education and More

OPA is excited for the lineup of our 2018 Annual Convention! The theme is Psychology: An Inclusive Community of Growth & Care. Each of these outstanding and timely workshops provide a variety of training levels to meet your educational needs. As OPA members and mental health professionals, convention is the one time of year where we can network face-to-face, meeting people we may only know from newsletters or listservs. Personally, I appreciate the opportunity to catch up with friends, meet new colleagues, and at the same time, advance my education as a psychologist. I also look forward to the OPA convention each year for other reasons.

First, this year’s convention will host OPA’s inaugural in-person Assembly! The virtual Assembly, held on November 18, 2017, gave OPA members an opportunity to weigh in on pressing issues facing psychologists and the individuals we serve. During that Assembly, participants focused on gun violence, and how we can assist individuals who are victims or witnesses. From that assembly and the recommendations given by participants, the OPA Board of Directors created a “to-do” list and has started work on the top suggestions. On both Thursday and Friday mornings, convention attendees will have the opportunity to engage with other OPA members in a focus group to discuss critical issues. Grab a cup of coffee and dive right in, or sit back and listen.

Second, the OPA convention is truly an occasion to network with leadership and your colleagues. Each day, you will have time to interact with many individuals and grow your referral network, as well as learn from others about what is happening across Ohio. I particularly enjoy talking with psychologists who work in different settings than I do, to grow knowledge about other opportunities and developments across psychology. There will be ample opportunities in between sessions and over lunch to meet people, share contact information, and exchange ideas. Bring your business cards and entrepreneurial spirit!

Third, on Saturday, April 28th is the student poster session. Our students are the future of psychology, and the poster session is a way for them to showcase their research. For me, the excitement of talking with students and hearing about their research projects gives me hope for the future of psychology. Also, please plan on providing your vote for the student poster “People’s Choice Award.” We hope that the students will stay through the afternoon for the pertinent workshop by Ms. Teresa Smith and Dr. Jessica Smedley focusing on student issues related to internships, as well as processing experiences in academia by diverse students.

Last, I know that most of you attend for the superb continuing education programming credits, particularly those related to ethics. As with most years, we are grateful to OPA’s Ethics Committee, chaired by Dr. Elizabeth Swenson, for providing an intense program related to the ethical and legal practice of psychology. There is also a sequence of ethics programming focused on LGBTQ+ individuals, related to assessment, treatment as well as training across practice and academic settings.

This space is too small to mention each of the marvelous programs that have been chosen by OPA’s Education Committee, but I would encourage you to read through this brochure in full to learn about each offering. For the second year, OPA is offering inclusive convention packages to meet your educational needs in an economical way. If you are a member of OPA, thank you so much for being a part of the organization! If you are not a current member of OPA, I would encourage you to join to not just enjoy the discounted member pricing for convention, but to partake of all the other benefits that membership entails.

I look forward to seeing each of you at convention!

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## Convention Schedule—At-A-Glance

### Thursday, April 26

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00 a.m.</td>
<td>Registration</td>
</tr>
<tr>
<td>9 - 10:00 a.m.</td>
<td>Keynote Address: The Future of Psychology and the American Psychological Association</td>
</tr>
<tr>
<td>10:15 a.m. - 12:15 p.m.</td>
<td>Workshop 1 – New Frontiers in Psychology: Hereditary Breast Cancer Risk &amp; Integrated Care</td>
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<tr>
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<td>Workshop 2 – Encopresis and the Constipated Child: Treating the Whole Family</td>
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<td>Workshop 3 – At long last—Integration of a Health and Behavior Model in the Ohio Bureau of Workers Compensation</td>
</tr>
<tr>
<td>12:15 - 2:15 p.m.</td>
<td>Luncheon CE Program: Turning the Mirror in our Direction: Addressing Self-Care</td>
</tr>
<tr>
<td>2:15 - 5:30 p.m.</td>
<td>Workshop 4 – Five Stressors Unique to Parents of Children with Developmental, Cognitive, Mental Health and Complex Medical Needs: How Professionals Help Parents Build Resilience</td>
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<tr>
<td></td>
<td>Workshop 5 – Social-Emotional Development in Early Childhood: Interventions for Practitioners</td>
</tr>
<tr>
<td></td>
<td>Workshop 6 – Growth and Resilience Across the Professional Lifespan</td>
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<tr>
<td>5:30 - 6:30 p.m.</td>
<td>Newly Licensed Swearing-In Reception (no CE)</td>
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### Friday, April 27

<table>
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<tr>
<th>Time</th>
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<tbody>
<tr>
<td>8:00 a.m.</td>
<td>Registration</td>
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<tr>
<td>9 - 10:00 a.m.</td>
<td>Workshop 7 – The Nuts and Bolts of Specific Learning Disability Assessment within a Pattern of Strengths and Weakness Model</td>
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<td>Workshop 8 – How to Treat Eating Disorders in College Populations</td>
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<td></td>
<td>Workshop 9 – SafeZone101: A Training Model for LGBTQ+ Allyship*</td>
</tr>
<tr>
<td>10:15 a.m. - 12:15 p.m.</td>
<td>Workshop 10 – Fetal Alcohol Spectrum Disorders, an Invisible Disability: An Overview of Assessment and Advocacy, and Implications for Schools and the Legal System</td>
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<td></td>
<td>Workshop 11 – Introduction to Neurobiologically-Informed Eating Disorder Care</td>
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<tr>
<td></td>
<td>Workshop 12 – Polyamory 101 for Clinicians*</td>
</tr>
<tr>
<td>12:15 - 2:15 p.m.</td>
<td>Luncheon CE Program: What It Really Means to End the DACA Program</td>
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<tr>
<td>2:15 - 5:30 p.m.</td>
<td>Workshop 13 – Helping All Students Show What They Know through Executive Function Intervention</td>
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<td>Workshop 14 – Body Positivity and Weight Loss Treatments: Are They Mutually Exclusive?</td>
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<td></td>
<td>Workshop 15 – Bi 101: Understanding the Unique Needs of Bisexual Individuals*</td>
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<tr>
<td>5:30 - 6:30 p.m.</td>
<td>OPA Political Action Reception and Professional Practice Committee Town hall (no CE)</td>
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### Saturday, April 28

<table>
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<tr>
<th>Time</th>
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<tbody>
<tr>
<td>8:00 a.m.</td>
<td>Registration</td>
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<tr>
<td>8 a.m. - Noon</td>
<td>Poster Session (no CE)</td>
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<tr>
<td>9 - 10:00 a.m.</td>
<td>Workshop 16 – The quiet, powerful role of shame in substance use disorders</td>
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<td>Workshop 17 – PSYPACT: Path to Interstate Telespsychology in Ohio</td>
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<td></td>
<td>Workshop 18 – Fading memories: Assessing age-related forgetting, mild cognitive impairment and onset of dementia</td>
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<tr>
<td>10:15 a.m. - 12:15 p.m.</td>
<td>Workshop 19 – Cognitive Behavioral Relapse Prevention for Substance Use Disorders</td>
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<td>Workshop 20 – Body Image and Eating Pathology in Trans Folx: Addressing the Gaps Assessment and Treatment*</td>
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<td></td>
<td>Workshop 21 – Adapting DBT Skills Training for Adults with Intellectual Disabilities</td>
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<tr>
<td>12:15 - 2:15 p.m.</td>
<td>Awards Luncheon and Annual State of the Association (no CE)</td>
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<tr>
<td>2:15 - 5:30 p.m.</td>
<td>Workshop 22 – Rural Behavioral Health in Ohio</td>
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<td>Workshop 23 – The Spectrum of Gender Non-Conformity*</td>
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<td></td>
<td>Workshop 24 – The Ethical and Legal Practice of Psychology*</td>
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<td></td>
<td>Workshops 25, 26 and Poster Session Awards Ceremony – OPAGS Internship Workshop</td>
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**NOTES:**
- A * symbol indicates that a workshop meets the ethics requirement.
- All workshops listed above are offered for counselor / social worker / marriage & family therapist continuing education credit EXCEPT for the following: Keynote Address, 17, 24, 25 and 26.
Arthur C. Evans, Jr., PhD

Dr. Arthur C. Evans, Jr. is a scientist-practitioner, clinical and community psychologist and health care innovator who is CEO and Executive Vice President of the American Psychological Association (APA). Before joining APA, Evans spent 12 years as commissioner of Philadelphia’s Department of Behavioral Health and Intellectual Disability Service. He realigned the agency’s treatment philosophy, service delivery models and fiscal policies to improve health outcomes and increase the efficiency of the service system. In 2015, he was recognized by the White House as an “Advocate for Action” by the Office of National Drug Control Policy. In 2013, he received the American Medical Association’s top government service award in healthcare. Evans is the author or co-author of 40 peer-reviewed research articles and of numerous chapters, reviews and editorials. He is a member of the editorial board of the Journal of Substance Abuse Treatment and a fellow and member of the board of trustees of the College of Physicians of Philadelphia.

Opa ASSEMBLY (No CE)

Join OPA leadership, members and convention attendees at our inaugural in-person Assembly. This time will be used to discuss timely topics that affect psychology, the field of psychology and OPA. Discussion topics will be solicited from OPA members and convention attendees prior to the convention. Ideas generated from the Assembly will be used by OPA leadership to help guide future education, advocacy and public outreach initiatives. Assemblies will be held during the convention on Thursday and Friday mornings at 8 a.m. There is no fee to attend the Assemblies.

KEYNOTE ADDRESS:
The Future of Psychology and the American Psychological Association

Presenter: Arthur C. Evans, Jr., PhD

CE Credits: 1.0

Learning Level: All Levels

Psychological practice has much to contribute as the broader healthcare landscape shifts to focus on population health as an overarching framework. How will psychological practice need to adapt to more comprehensively address behavioral health conditions on a broader scale? This presentation will address the compelling rationale for the population health approach, along with the conceptual issues and practical implications for adopting this framework. Moreover, the presentation will describe the transformational process that lies ahead for the profession and discipline of psychology as well as examples of APA’s work that position the field of psychology for a viable future.

As a result of this workshop, attendees will be able to: 1) Define a population-based approach to health care delivery, 2) Determine ways in which psychological science and practice can contribute to a population health approach, and 3) Describe three major tenets guiding APA’s transformational process.

Karen Hurley, PhD

Co-Presenter: Kathleen Ashton, PhD, ABPP

CE Credits: 2.0

Learning Level: Intermediate

This interactive workshop will highlight implications of the genetic revolution in healthcare for psychologists. Genetic testing for breast cancer risk provides knowledge individuals can use to protect their health, but also presents challenges, including surgery decisions, family communication, fertility issues and health behavior change. Psychologists and other mental health providers must be equipped to understand the psychological impact of genetic testing for their patients. Case studies will be used to illustrate clinical scenarios, as well as data on distress and treatment outcomes for breast cancer risk patients. Models for providing care will be discussed, including consultation and integrated multidisciplinary clinics.

As a result of this workshop, attendees will be able to: 1) Identify psychological impact of genetic testing and hereditary breast cancer risk, 2) Describe unique psychological and behavioral challenges faced by individuals with inherited cancer risk, and 3) Discuss integrated care treatment models for psychologists and hereditary risk clinics.

Kathleen Ashton, PhD, ABPP, FACHP is a board certified clinical health psychologist and staff at the Cleveland Clinic since 2004. Currently integrated into the CCF Breast Center, her clinical and research interests include psychosocial aspects of breast cancer, breast cancer survivorship and hereditary risk of breast cancer. Dr. Ashton is Past President of OPA and the Cleveland Psychological Association, and currently serves on APAPO CAPP. She is an Assistant Clinical Professor of Surgery in the Cleveland Clinic Lerner College of Medicine and active on social media including @stress_doc on twitter and blogposts on http://kashton4494.wixsite.com/ashtononapapocapp.
Karen Hurley, PhD is a licensed clinical psychologist at the Cleveland Clinic and has specialized in hereditary cancer risk for twenty years. After completing her BA at Bryn Mawr College, PhD at Temple University, and postdoctoral fellowship at the Mount Sinai School of Medicine, she conducted NCI-funded research on surgical decision-making at Memorial Sloan-Kettering. She continued in private practice in Manhattan and taught graduate psychology at TC-Columbia University. She is on the national advisory boards for FORCE, Bright Pink, Sharsreter, and the Cancer Support Community. In 2014, she received FORCE’s Spirit of Empowerment Award for Individual Commitment.

WORKSHOP #2:
Encopresis and the Constipated Child: Treating the Whole Family
Presenter: Katherine Lamparyk, PsyD
Co-Presenter:
Lianne Piorkowski, MA, LPCC
CE Credits: 2.0
Learning Level: Intermediate

Encopresis is a relatively common problem in preschool and school-aged children and can be extremely disruptive to the involved child, family and school. This workshop will provide the knowledge and guidelines to treat this condition, including both how to work directly with the child and how best to counsel the parent or caregiver. Both psychological and medical factors will be addressed, and the workshop will draw on experiences learned through a multi-disciplinary clinic. Participants will learn how to help children when working independently, as well as when collaboration with medical providers is necessary for successful treatment.

As a result of this workshop, attendees will be able to: 1) Describe the psychological and medical factors that contribute to functional constipation and encopresis, 2) Discuss effective treatment components for toilet training a child with toileting aversion, and 3) Plan an intervention strategy for a child of difference ages and backgrounds presenting with encopresis.

Katherine Lamparyk, PsyD is a pediatric psychologist at Cleveland Clinic Children’s hospital and Clinical Director of the Behavioral GI Program. She developed a multi-disciplinary group treatment model for the treatment of functional constipation and encopresis in 2015 and is actively in treating these conditions along with other pediatric gastroenterological conditions that have co-occurring functional and/or psychological component. She was previously on the Board of Directors for the Pediatric GI Special Interest Group of the Society of Pediatric Psychology and has presented her research and clinical innovations nationally and internationally.

Lianne Piorkowski, MA, LPCC is a licensed clinic counselor who serves as the program coordinator and co-facilitator for the child group in the Toileting Clinic. Lianne currently services the behavioral health needs at the Hillcrest Medical Office Building for Cleveland Clinic Children’s Hospital. In this position, she provides full-time, direct patient care to children and adolescents experiencing emotional, behavioral and mental health concerns. She takes interest in behavioral concerns associated with common health conditions and enjoys using a variety of theoretical approaches in individual and family therapy sessions with a specialization in art therapy.

WORKSHOP #3:
At long last, Integration of a Health and Behavior Model in the Ohio Bureau of Workers’ Compensation
Presenter: David P. Schwartz, PhD
CE Credits: 2.0
Learning Level: All

OPA’s Bureau of Workers’ Compensation (BWC) Task Force has worked since 2007 on the complex issues that injured workers face. Although behavioral factors are the primary drivers of prolonged disability and higher cost, the BWC system led to barriers to treatment, delays and increased cost. The Bureau has now radically restructured its approach to behavioral issues. Injured workers can now receive psychological intervention without the addition of a psychological allowance, aimed at intervening as early as possible. This workshop introduces the new model, focuses on areas of high need and impact, and helps psychologists effectively work under this new system.

As a result of this workshop, attendees will be able to: 1) Summarize the history of psychological treatment under the BWC system and understand how it led to unsatisfactory outcomes, 2) Summarize the health and behavior model, especially how it applies in the case of industrial injuries, 3) Review and understand the new BWC system for assessment and treatment under the health and behavior codes, 4) Review areas of high need and high potential impact for this approach in the BWC system, and 5) Review OPA training to competently and ethically deliver services under this model.

David P. Schwartz, PhD earned his doctoral degree in Clinical Psychology from Vanderbilt University, specializing in behavioral medicine and Health Psychology. He has had medical school appointments at the University of Virginia, Vanderbilt University and the University of Cincinnati. He has published and presented extensively in pain management and behavioral medicine. He has been in private practice since 1995 specializing in complex medically involved patients. He presently serves as the Ohio Psychological Association and Ohio Board of Psychology’s representative on the Ohio Bureau of Workers Compensation Health Care Quality Assurance Advisory Committee, and chairs the Ohio Psychological Association Task Force on Workers Compensation Reform.

LUNCH EDUCATIONAL PROGRAM:
 Turning the Mirror in Our Direction: Addressing Self-Care
Presenter: Katharine Hahn Oh, PhD
Co-Presenter: Valessa St. Pierre Gray, MS
CE Credits: 1.0
Learning Level: Beginner

Currently, APA (2016) reports that Americans face stress from natural
disasters, terrorism, financial crises, police violence and hate crimes. As clients talk about their reactions to socio-political events, our exposure to mass-level stressors increases, even while we try to help our clients manage their stress. This workshop will engage psychologists in planning for greater self-care for ourselves and others in our organizations, in the context of today’s fraught socio-political climate. Participants will come away with knowledge of burnout and resilience factors, ways to consider identity and minority stress in self-care, and a plan for individual and organizational enhanced well-being.

As a result of this workshop, attendees will be able to: 1) Describe the implications of stress and burnout along the continuum, from early career psychologists to senior staff psychologists, 2) Discuss two strategies to manage stress related to societal events/context, 3) Describe one approach to fostering greater therapist well-being as a supervisor or manager, and 4) Develop a plan for improved well-being and resilience.

Katharine Hahn Oh, PhD is Director of the Counseling Center at Cleveland State University. She is President-Elect of OPA. She has researched and presented on Vicarious Trauma for counselors and the effect of sense of belonging in the workplace on Vicarious Trauma and Vicarious Post-traumatic Growth. Her clinical and professional interests include interpersonal trauma, LGBTQ issues, and Asian and Asian American concerns, as well as leadership development and organizational change.

Valeessa St. Pierre Gray, MS is a Doctoral Intern at the Cleveland State University Counseling Center. She conducts research in the areas of clinical health disparities in minority populations, such as item equivalence for African Americans with headaches and predictors of well-being in African American men living with HIV/AIDS. She has also conducted research on interpersonal violence against women, post traumatic re-victimization, and stress reduction in African Americans dealing with racial stress.

Thursday Afternoon

WORKSHOP #4:
Five Stressors Unique to Parents of Children with Developmental, Cognitive, Mental Health and Complex Medical Needs: How Professionals Help Parents Build Resilience

**Presenter:**
Nancy Musarra, PhD, CMPT, LPCC, AT

**CE Credits:** 3.0

**Learning Level:** Beginner

This workshop provides an in-depth look at five stressors unique to parents of children diagnosed with neurodevelopmental disorders. Highlighted are the “shocks” and “after-shocks” parents experience as they make sense of and accept a situation that may never resolve. Attendees will gain knowledge, skills, and a deeper understanding of how to help parents cope with crises, child safety and crime, relationships, life threatening decisions, difficult transitions, and the stigma about disability expressed by others through negative attitudes and behaviors. Through case analysis and group discussions, professionals will identify best-practice interventions to help parents develop resilience and successfully help their children thrive.

As a result of this workshop, attendees will be able to: 1) Identify five stressors unique to parents who have children diagnosed with neurodevelopmental disorders, 2) Identify factors that indicate a parent/couple is either “resolved” or “unresolved” about the child’s situation, 3) Discuss 6 types of stigma parent’s encounter and strategies parents often employ to challenge or defect stigma, and 4) Consider practical interventions related to difficult transitions, safety and parenting relationships.

**Nancy Musarra, PhD, CMPT, LPCC, AT** is a licensed clinical psychologist with more than 17 years of clinical experience specializing in psychological/forensic assessments and intervention strategies for juveniles and adults involved in the municipal and county court systems. She offers consultations to parents regarding strength based interventions for children diagnosed with neurodevelopmental disorders. Dr. Musarra has lectured in the United States and Europe to parents, educators, law enforcement and mental health professionals regarding de-escalation, executive functioning and sensory issues. She is the author of *The New Normal: Seven Things to Know as you Care for and Love a Child with Special Needs.*

www.drnancymusarra.com

WORKSHOP #5:
Social-Emotional Development in Early Childhood: Interventions for Practitioners

**Presenter:** Janeece Warfield, PsyD

**Co-Presenters:**
- Gokce Ergun, PhD
- Kathleen Griffin, BS
- Beth Hurt, PhD
- Sarah Love, BA
- Manaal Sajid, BA
- Amy Sanders, MA
- LaShonda Waters, BS

**CE Credits:** 3.0

**Learning Level:** Intermediate

This workshop will discuss typical social-emotional development in early childhood, as well as cover the factors that impact social-emotional development such as cultural context, the neurological structures that influence the developmental trajectory and the impact of adverse childhood experiences. This presentation will include both didactic and hands-on activities that psychologists can use in their practice to help children regulate their emotions and conclude with implications for advocacy to ensure the promotion of positive social-emotional development in early childhood.

As a result of this workshop, attendees will be able to: 1) Describe/explain mental health professionals’ role in the promotion of positive social-emotional development in early childhood and demonstrate increased knowledge about the trajectory of social-emotional development in early childhood, 2) Describe/explain consequences of adverse childhood experiences in early childhood on social-emotional development, 3) Identify
specific strategies/interventions for mental health professionals to use in the promotion of social-emotional development, and 4) Demonstrate increased knowledge of the impact of cultural context on social-emotional development.

**Janece Warfield, PsyD** is a Registered Play Therapy Supervisor, a Wright State University School Of Professional Psychology (WSU-SOPP) Associate Professor, Director of WSU’s Doctoral Internship Program, Director for the Center for Child & Adolescent Violence Prevention, and Director of Early Childhood Services. She specializes in therapeutic services and assessment with infants and children, developmental disabilities, and children with chronic illness. She also has expertise in multicultural/diversity training. She is member of APA, ABPs, DAPA and has leadership and membership in other professional organizations, such as the Association of Play Therapy, Ohio Association of Infant Mental Health, and APA's ACT program and MFP's Technical Advisory Committee.

**Gokce Ergun, PhD** is an Assistant Professor and a clinical psychologist at the WSU-SOPP. Her teaching interests are cognitive and child assessment and neuropsychology of affect and behavior. Clinical interests include infant-toddler assessment, pediatric neuropsychological assessment, psychoeducational assessment, school psychology, treatment of externalizing and internalizing disorders of childhood, parent training, developmental disabilities (Autism spectrum disorder, Fetal Alcohol Spectrum Disorder) and prenatal drug and alcohol exposure. She is a member of American Psychological Association (Division 53).

**Sarah Love, BA** is a third year doctoral student at WSU-SOPP. She graduated in 2015 with a BA in Psychology from Ohio Wesleyan University. Her interest areas include clinical child psychology and assessment of neurodevelopmental disorders.

**Manaal Sajid, BA** is a third year doctoral student at WSU-SOPP. Her current interests include behavioral and emotional disorders in childhood and early prevention and intervention programming.

**Amy Sanders, MA** is doctoral student in the WSU-SOPP. Amy is a Licensed Supervising Professional Clinical Counselor (LPC-C-S) and is a Certified Clinical Trauma Professional (CCTP). Amy specializes in working with children, who have experienced trauma, and is trained in Trauma Focused-Cognitive Behavioral Therapy.

**LaShonda Waters, BS** is a third-year clinical psychology doctoral student at WSU-SOPP. Her interest areas include neurodevelopmental disorders, behavioral and emotional disorders in childhood, health psychology, administering neuropsychological and psychoeducational assessments for children and providing therapeutic services for children and their families.

**Beth Hurt, PhD** is a visiting Assistant Professor in the WSU-SOPP. She teaches courses in assessment, child intervention and professional writing. She completed internship and postdoctoral training in child assessment, school consultation and intervention across the lifespan. She also completed postdoctoral work conducting clinical trials for children with ADHD, ASD and disruptive behavior. Her research and clinical interests include: child assessment, parent training, evidence-based treatment for children/adolescents and the evaluation of complementary and alternative treatments for children/adolescents. She is a member of American Psychological Association (Division 53).

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make more informed decisions about transitions in their own lives and develop increased comfort in counseling clients who are navigating this often difficult terrain.

K. Boniface, EdD is a retired clinical psychologist and LICDCIII-E who has worked in both private psychotherapy practice and the public sector. She has directed an outpatient drug-free treatment program as well as an outpatient adolescent health program.

Adriana Faur, PhD works with adults and children, specializing in the treatment of anxiety disorders, PTSD, depression and multicultural issues at Integrative Psychological Health, LLC. She has taught at University of Massachusetts and Lasell College in Boston and, most recently, at Cleveland State University.

Tara Johnson, BA is VP-Financial Consultant at Charles Schwab in Columbus. She has 20 years of experience in the field, having previously worked at Merrill Lynch and Fifth Third Securities.

Lynne C Rustad, PhD is a retired DVA psychologist who practiced integrated care in acute and outpatient medical settings and in organ transplant programs. She also co-founded and chaired the medical center Bioethics program and served on the CO committee to revise the VA national end of life care policy. She is currently a health care reform activist.

Cindy VanKeuren, PsyD is a psychologist for the Pain Management Center at the Cleveland VA Medical Center. She is a 2017 graduate of OPA’s Leadership Development Academy.

Jane Woodrow, PhD is a long-time private practitioner, a past Ethics chair and Past President of OPA. She currently chairs the Health and Wellness Committee of the Athens Village, a virtual community of seniors wishing to age in place.
WORKSHOP #7:
The Nuts and Bolts of Specific Learning Disability Assessment within a Pattern of Strengths and Weakness Model
Presenter: Jessica Emick, PhD
Co-Presenters:
Anne-Marie Fleckenstein, MA
CE Credits: 1.0
Learning Level: All

Using case samples and current research, this session will present best practices related to identification of a specific learning disability (SLD). Recent changes in the DSM-5 criteria, as well as increased recognition that commonly used psychometric approaches to the identification of SLD demonstrate inherent instability in identification decisions and produce culturally biased results, have resulted in recommendations that SLD identification should be based upon an intraindividual pattern of strengths and weaknesses (PSW) in cognitive processing. Given the inherent complexity of utilizing a PSW approach, this presentation will provide clinicians with foundational information and an opportunity to apply that information using case samples.

As a result of this workshop, attendees will be able to: 1) Identify key differences between the IQ/Achievement Discrepancy model and a pattern of strengths and weaknesses approach to SLD identification, 2) Recognize relevant cultural factors related to SLD identification within a pattern of strengths and weaknesses approach, 3) Describe how a pattern of strengths and weaknesses approach to SLD identification can be implemented in clinic and school settings, and 4) Apply a pattern of strengths and weaknesses approach to SLD identification.

Jessica Emick, PhD is a licensed pediatric and school psychologist. She received her MA in Neuropsychology from the University of Northern Colorado and her PhD in School Psychology from the University of Maryland, College Park. She frequently presents nationally on topics related to assessment, autism spectrum disorders, and early childhood development. She is a clinical faculty member at Fielding Graduate University and Director of Psychological Services at Total Education Solutions.

Anne-Marie Fleckenstein, MA is a licensed therapist and graduate student. She received her MA in Counseling Psychology from Union Institute & University, and is a clinical psychology doctoral student at Fielding Graduate University. She has presented regionally and nationally on topics related to childhood development. Anne-Marie is therapist at Adoption & Attachment Therapy Partners, LLC.

WORKSHOP #8:
How to Treat Eating Disorders in College Populations
Presenter: Erin O’Grady, PsyM
Co-Presenters:
Larry James, PhD, ABPP
Kelsey Moran, PsyM
CE Credits: 1.0
Learning Level: All

Eating disorders are a unique and complicated concern, as they are a moving target that presents differently across generations, genders, racial backgrounds, and cultural dimension which makes them very difficult to treat. Eating disorders rates are particularly high in college populations since eating disorders typically onset in late adolescence, particularly for college athletes. Clients have notoriously high relapse rates, even when receiving treatment; respectively, these disorders are widely regarded as extremely lethal. Eating disorder research is often guided by theories, which provides a framework to understand and conceptualize eating behaviors. Sociocultural theories are widely employed, and research findings suggest the media’s idealization of thinness leads to body dissatisfaction, which subsequently leads to dieting and eating disorders in susceptible individuals. As such, this workshop will review the literature on how to treat eating disorders in college students from a multicultural, theoretical, and evidence-based framework.

As a result of this workshop, attendees will be able to: 1) Summarize basic eating disorder theory and intervention techniques tailored for treating college students, 2) Describe how evidence-based treatments for eating disorders can be integrated into college counseling or other practice settings that work with college populations and apply these techniques, and 3) Recognize eating disorder risk factors and multicultural factors that impact eating disorder symptom presentation.

Erin O’Grady, PsyM is a fourth-year clinical psychology doctoral student at Wright State University’s School of Professional Psychology (WSU-SOPP). The majority of her clinical work has been working with the college population. Her dissertation, An Investigation into the Relationship Between Spirituality, Religiosity, Religious Coping, and Body Image, examines the relationship of various religious and spiritual factors – self-rated spirituality, existential wellbeing, religious wellbeing, positive and negative religious coping – and their impacts on body image and disordered eating within the college student population. She hopes to continue her work with body image and eating concerns by working in either an eating disorder facility, college counseling, or private practice setting.
Colonel retired Larry C. James, PhD, ABPP is a nationally recognized expert in national security, defense issues, clinical psychopharmacology and Clinical Health Psychology. He is currently the President and CEO of the Wright Behavioral Health Group, LLC and a Professor at Wright State University. Previously, he served as the Associate Vice President for Military Affairs at Wright State University in Dayton, Ohio. Prior to that assignment, he served as the Dean, School of Professional Psychology, Wright State University from 2008 to 2013. He was the Chair, Department of Psychology at Walter Reed Army Medical Center and the Chair, Department of Psychology at Tripler Army Medical Center. He was awarded a Bronze Star and the Defense Superior Service Medal.

Kelsey Moran, PsyM is a fourth-year clinical psychology doctoral student at WSU-SOPP. The majority of her clinical work has been with the college population. Her dissertation, Sport Factors, Body Image, and Eating Behaviors, examines the relationship of various sport factors – coaching behaviors, teammate influence, and perceived performance – and the prevalence of clinical and subclinical body image and disordered eating within the division 1 student-athlete population. She hopes to continue her work with the college population, treating both traditional college students and student-athletes with body image and eating concerns.

WORKSHOP #9:
SafeZone101: A Training Model for LGBTQ+ Allyship
Presenter: Mary M. Lewis, PhD, ABPP
CE Credits: 1.0 Ethics
Learning Level: Beginner
SafeZone 101 was designed as is the starting point for learning about the LGBTQ+ community and developing safe spaces for students and employees at Columbus State who identify as LGBTQ+. The training includes information sharing, reflective exercises and interactive activities to help participants become more informed and effective allies. Upon completion of 101, interested participants are encouraged to take the SafeZone pledge online and sign-up for additional SafeZone trainings. This workshop is offered to educate psychologists about this training model for allyship with the LGBTQ+ community.

As a result of this workshop, attendees will be able to: 1) Demonstrate a new and more informed understanding of LGBTQ+ experiences, 2) Become stronger allies by developing empathy, confidence, and sensitivity, 3) Apply a better understanding of the resources available for the LGBTQ+ and ally communities, and 4) Be more empowered to support members of the LGBTQ+ community and challenge discrimination.

Mary M. Lewis, PhD, ABPP is an Assistant Professor in the Psychology Department at Columbus State Community College, and leads their Service Learning Project for the Human Growth and Development Across the Life-Span course. She is also a psychologist with Senior Life Consultants, Inc. Dr. Lewis received her PhD from the University of Akron and is board certified in geropsychology. Dr. Lewis currently is President of OPA, and serves on their Committee on Social Responsibility and Diversity Committee. Dr. Lewis’ professional and research interests include social responsibility and social justice issues, end-of-life concerns, mental health and aging, and spirituality.

WORKSHOP #10:
Fetal Alcohol Spectrum Disorders, an Invisible Disability: An Overview of Assessment and Advocacy, and Implications for Schools and the Legal System
Presenter: Gokce Ergun, PhD
Co-Presenters: Devon Douglas, BA Sarah Love, BA
CE Credits: 2.0
Learning Level: Intermediate
This program will cover the psychologist’s role in assessing, diagnosing, and serving as consultants in regards to Fetal Alcohol Spectrum Disorders (FASD). This program will also provide an overview of academic interventions and discuss implications for psychologists within school settings. Additionally, this program will explore and address the legal implications that children with FASD experience when they become involved in the juvenile justice system. Ramifications of misdiagnosis and inappropriate treatment will also be discussed. Finally, as FASD is an invisible disability, we will cover the importance of psychologists serving as advocates for children and adolescents with FASD.

As a result of this workshop, attendees will be able to: 1) Describe a mental health professional’s role in identifying, assessing, and diagnosing children with FASD, 2) Explain consequences of misdiagnosis and how it can impact children/adolescents with FASD in the school system as well as in the juvenile justice system, with a specific focus on differential diagnosis, 3) Identify specific strategies/interventions, and 4) Demonstrate increased knowledge of FASD advocacy avenues for mental health professionals.

Gokce Ergun PhD is an Assistant Professor and a clinical psychologist at the School of Professional Psychology at Wright State University (WSU-SOPP). She completed an APA approved internship at the University of Minnesota Medical School. Her teaching interests are Cognitive and Child Assessment and Neuropsychology of Affect and Behavior. Clinical interests include infant- toddler assessment, pediatric neuropsychological assessment, psycho-educational assessment, school psychology, treatment of externalizing and internalizing disorders of childhood, parent training, developmental disabilities (Autism spectrum disorder, Fetal Alcohol Spectrum Disorder), and prenatal drug and alcohol exposure. She is a member of American Psychological Association and National Association of School Psychologists.

Devon Douglas, BA is a third year Doctoral Student in WSU-SOPP. She earned her Bachelors in Psychology in 2014 from The Ohio State University. Devon is currently completing practicum
at the severe mental illness unit in the Cincinnati VA Medical Center. She also serves as the Assistant Forensic Monitor for 11 counties in Ohio and as such monitors acquittees found “Not Guilty by Reason of Insanity” or “Incompetent to Stand Trial.” Devon also has experience with juvenile and adult evaluations for the courts and evaluations in a school setting for students with behavior difficulties.

Sarah Love, BA is currently a third year doctoral student at WSU-SOPP. She graduated in 2015 with a BA in Psychology from Ohio Wesleyan University. Her interest areas include clinical child psychology and assessment of neurodevelopmental disorders.

**WORKSHOP #11:**
Introduction to Neurobiologically-Informed Eating Disorder Care

**Presenter:** Jason McCray, PhD

**CE Credits:** 2.0

**Learning Level:** All

This workshop will present the neurobiological model for eating disorders with a focus on brain and behavioral mechanisms that maintain key eating disorder behaviors such as restricting energy intake, self-induced vomiting and binge eating. Practical, neurobiologically-informed implications for treatment will be reviewed and practiced. The focus will be on creating real-world applicable means for engaging clients with the latest brain-based research in ways that facilitate the best possible client care.

As a result of this workshop, attendees will be able to: 1) Describe the neurobiological mechanisms that maintain key eating disorder symptoms including restricting energy intake, self-induced vomiting and binge eating, 2) Describe practical metaphors that support and educate clients about the neurobiology of eating disorders, and 3) Identify practice changes that derive from the neurobiologically-informed approach presented in this workshop.

**Jason McCray, PhD** is a licensed clinical psychologist in Columbus, Ohio where he serves as the Chief Clinical Officer of The Center for Balanced Living. The Center is the last free standing non-profit organization focused on eating disorder treatment, education and research in the United States. Dr. McCray focused on studying eating disorders and body image while completing his doctorate work at The University of North Dakota. To better understand eating disorders, his professional inquiry focuses on recent neurobiological research findings.

**WORKSHOP #12:**
Polyamory 101 for Clinicians

**Presenter:** Michelle Vaughan, PhD

**CE Credits:** 2.0 Ethics

**Learning Level:** All

Despite increasing attention to the unique needs of sexual and gender diverse populations in therapy, evidence suggests that psychologists lack training and fundamental knowledge about diverse relationship styles. As such, psychologists and psychologists-in-training are at risk of stigmatizing those engaged in consensual nonmonogamous (CNM) relationships. This workshop will address common myths and assumptions, highlight unique experiences and potential strengths of those who are polyamorous, swingers or open relationships. Current research and clinical recommendations will be emphasized, including LGBTQ+ representation and clients’ views of best and worst practices in therapy.

As a result of this workshop, attendees will be able to: 1) Identify myths related to consensual non-monogamies, 2) Explain unique experiences/challenges related to CNM relevant to therapy, and 3) Discuss how to incorporate recommendations and research on CNM-affirming practice.

**Michelle Vaughan, PhD** is an Associate Professor in the School of Professional Psychology at Wright State University. She teaches graduate courses in multicultural issues (including sexual and gender diversity), clinical interviewing as well as consensual non-monogamies and serves primarily LGBTQ+ and consensually nonmonogamous clients. Her research and scholarship focuses on the intersections of LGBTQ+ issues, consensual non-monogamies and positive psychology/strengths.

**LUNCH EDUCATIONAL PROGRAM:**
What It Really Means to End the DACA Program

**Presenter:** Elizabeth M. Harris, PhD

**CE Credits:** 1.0

**Learning Level:** Beginner

Deferred Action for Childhood Arrivals (DACA) was established in June 2012 with the intent to provide support for individuals who entered or remained in the United States as minors illegally to become gainfully employed as contributing members of our communities. This program was rescinded in September of 2017. The fate of the current 800,000 "Dreamers" is unknown. Forced displacement of children from their home countries has potentially significant adverse effects on development. Ending DACA could likely compromise the health and well-being of these individuals by re-experiencing separation from families and environmental security.

As a result of this workshop, attendees will be able to: 1) Demonstrate an understanding of the DACA program, and how it benefits the lives of immigrants and American citizens, 2) Assess the impact forced separation from home country has on the incidence of depression, anxiety and trauma among immigrants, and 3) Identify ways to support the needs of "dreamers" who are threatened with deportation.

**Elizabeth Harris, PhD** is a licensed psychologist and senior clinical instructor at University Hospitals Cleveland Medical Center in the division of Child and Adolescent Psychiatry. Her special interests include sociocultural and systemic stressors, ADHD, anxiety disorders, disruptive behavior disorders and parent-child relationships. She earned a doctorate in psychology from Walden University. She completed her training at Northcoast Behavioral Healthcare, University Hospitals and in
a Cleveland private practice. She was a 2016-2017 Leadership Development Academy fellow and she is the chair of the Committee on Social Responsibility.

Friday Afternoon

WORKSHOP #13:
Helping All Students Show What They Know through Executive Function Intervention

Presenter: Steven C. Guy, PhD
CE Credits: 3.0
Learning Level: All

Executive Functioning (EF) difficulties are usually present to some degree in conditions cared for by a school psychologist. In order to effectively provide for these students, it is critical to have a firm foundation in the topic of EF. Discussion will include the neurology and developmental progression of EF. Recent progress in the understanding of EF including a newer factor structure will be reviewed. Methods of assessment including performance measures and checklists will be discussed. The development of effective individual intervention programs, as well as several successful larger scale intervention programs from medical and educational settings will be reviewed.

As a result of this workshop, attendees will be able to: 1) Explain the neurology and theory of executive functioning including a newer factor structure, 2) Discuss the pros and cons of different approaches to assessment of executive functions, 3) Articulate an evidence-based assessment model, and 4) Describe evidenced-based approaches to interventions for supporting executive functions in students.

Steven C. Guy, PhD is a pediatric neuropsychologist in private practice in Columbus, Ohio. He works with children and adolescents with a wide variety of developmental and acquired conditions. He completed his graduate work at DePaul University in Chicago, Illinois. He has held positions of clinical instructor at both The Ohio State University and the University of Maryland Medical Center. He is one of the coauthors of the Behavior Rating Inventory of Executive Function Second Edition (BRIEF-2) His current research includes developing methods designed to assist in the assessment and treatment of EF.

WORKSHOP #14:
Body Positivity and Weight Loss Treatments: Are They Mutually Exclusive?

Presenter: Kasey P.S. Goodpaster, PhD
Co-Presenters: Sara Assar, PsyD
Ninoska Peterson, PhD
CE Credits: 3.0
Learning Level: Beginner

In response to the pervasive myth that lack of willpower causes obesity, the American Medical Association designed obesity as a disease in 2013. Indeed, obesity carries significant health risks and can reduce quality of life. Alternatively, the “Health at Every Size” (HAES) movement contends that weight-focused public health initiatives exacerbate obesity stigma. Thus, HAES focuses on body positivity and weight-neutral methods of improving health. This program will bridge these seemingly dichotomous perspectives. Attendees will learn body image processing interventions that can be used in weight loss treatment to reduce internalized obesity stigma while simultaneously empowering patients to improve their health.

As a result of this workshop, attendees will be able to: 1) Discuss the challenges of navigating the dichotomy between the “health at every size” and “obesity as a chronic disease” perspectives, 2) Recognize the prevalence of obesity stigma within and across cultures, and 3) Identify strategies for providing behavioral treatment of obesity within a sensitive, non-shaming, body positive context.

Kasey P.S. Goodpaster, PhD received her doctorate in Counseling Psychology from Purdue University. She completed her internship at St. Vincent Indianapolis Hospital, with a focus on adult health psychology and neuropsychology. Currently, she is a staff psychologist at the Cleveland Clinic Bariatric & Metabolic Institute. She also serves as a member of the American Society of Metabolic and Bariatric Surgery (ASMB) IH Clinical Issues and Guidelines Committee. Her clinical and research interests include bariatric surgery evaluation, eating disorders, cognitive behavioral treatment, and infusing body positivity into weight loss treatment.

Nini D. Peterson, PhD received her doctorate in Clinical & Health Psychology from the University of Florida (UF). She also holds a Master of Science in Exercise and Sport Sciences from UF where she focused on body image research. She is currently a staff psychologist at the Cleveland Clinic Bariatric & Metabolic Institute and an Adjunct Assistant Professor at the College of Medicine. She serves on committees for ASMBS and TOS. Her clinical and research interests include pre- and post-surgical factors associated with long-term weight management, lifestyle treatment of obesity, adherence to health behavior change, self-monitoring, and body-image disturbance.

Sara Assar, PsyD received her doctorate in Clinical Health Psychology from California School of Professional Psychology at Alliant International University. She completed her behavioral medicine internship at West Virginia University School of Medicine. Prior, she received her Masters in Marriage and Family Therapy from University of Southern California. Currently, she is the post-doctoral fellow at the Cleveland Clinic Bariatric & Metabolic Institute and the Sleep Disorders Clinic. Her clinical interests include pre-surgical evaluations, weight management, mindfulness, self-compassion, third-wave therapies and program development.
WORKSHOP #15:
Bi 101: Understanding the Unique Needs of Bisexual Individuals

**Presenter:** Christopher Davids, PhD

**CE Credits:** 3.0 Ethics

**Learning Level:** Beginner

In this interactive workshop sponsored by OPA’s LGBTQ Committee, participants will increase awareness of the unique experience held by bisexual individuals and develop new approaches to better support bisexual individuals in psychotherapy. There will be an introduction of bisexuality as an identity and an examination of associated stereotypes. The presenter will then address concerns that are unique to bisexuality, including experiencing binegative attitudes, mental health and physical health disparities, and relationship configurations.

As a result of this workshop, attendees will be able to: 1) Explain the meaning of bisexuality as an identity label, 2) List the types of mental and physical health disparities experienced by bisexual people, 3) Describe the detrimental effects of binegative attitudes in the lives of bisexual people, and 4) Demonstrate skills to effectively engage bisexual clients in psychotherapy.

**Christopher Davids, PhD** is a licensed psychologist and an Assistant Professor of Psychology at Westminster College in Salt Lake City, Utah. He also is the co-chairperson for the Bisexual Issues Committee of the Society for the Psychological Study of Sexual Orientation and Gender Diversity (Division 44). Chris received his in MA. counseling and guidance, and PhD in counseling psychology, from the University of Missouri- Kansas City. In addition to teaching, he maintains a private practice. Dr. Davids incorporates values of multiculturalism, inclusion, and social justice in his clinical practice, professional work, and personal life.

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**Networking Opportunity:**

**Friday Early-Evening Reception**

**OPA-PAC Reception ................. 5:30 p.m.**

OPA’s Professional Practice Committee encourages you to join them at the PAC Reception and town hall forum. This social-hour includes a brief update on OPA’s advocacy efforts as well as a town hall discussion led by the Chair of OPA’s Professional Practice Committee, Dr. Angela Miller. Discussion will focus on how OPA can better serve you. Wine, beer and hors d’oeuvre will be served.

**PAC donations will be accepted at this event.**
WORKSHOP #16: The Quiet, Powerful Role of Shame in Substance Use Disorders

Presenter: Ashley Braun-Gabelman, PhD
CE Credits: 1.0
Learning Level: All

Shame is the quiet, unseen actor which plays an integral role in many psychological disorders, including Substance Use Disorders (SUD). When not recognized and incorporated into treatment appropriately, long-term sobriety and well-being may be threatened. In this presentation, participants will learn to recognize and treat shame in patients with SUD. In addition to broadly reviewing shame as it pertains to people with SUD, participants will also learn about particular subsets of people who have specific concerns regarding shame, including people who inject heroin and opioid-addicted pregnant women and mothers. Treatment options that address shame will be reviewed.

As a result of this workshop, attendees will be able to: 1) Define shame and differentiate between shame and guilt, 2) Identify the relationship between shame and substance use disorders (SUD), 3) Discuss shame as it relates to particular subsets of people with SUD including: people who inject heroin and opioid-addicted pregnant women and mothers, and 4) Recognize indicators of shame in patients.

Ashley Braun-Gabelman, PhD is a clinical psychologist in Cleveland, Ohio who’s clinical and research interests lie in substance use disorders. She currently works in Addiction Recovery Services at University Hospitals Cleveland Medical Center and is an Assistant Professor at Case Western Reserve University School of Medicine. She obtained her PhD in clinical psychology from University of Illinois at Chicago and completed her pre-doctoral internship and postdoctoral fellowship at the San Francisco VA Medical Center. She has published over 15 peer-reviewed journal articles and book chapters. Her contributions to research have resulted in 16 national and international presentations.

WORKSHOP #17: PSYPACT: Path to Interstate Telepsychology in Ohio

Presenter: Kenneth P. Drude, PhD
Co-Presenters: Mark Babula, PsyD
CE Credits: 1.0
Learning Level: Beginner

The Psychology Interjurisdictional Compact (PSYPACT) is an interstate agreement that authorizes the practice of interstate telepsychology and temporary in-person psychological practice among states which have adopted the compact. PSYPACT provides a legal way for psychologists to provide psychological services in states where they are not licensed, either in person or remotely by using telecommunications. Legislation to adopt PSYPACT has been introduced in the Ohio legislature and efforts for its passage are underway. Passage of this important legislation will bring Ohio psychological practice into the 21st century and expand opportunities for current and future psychologists.

As a result of this workshop, attendees will be able to: 1) Describe what PSYPACT does, 2) List the requirements for psychologists to participate in PSYPACT, and 3) Explore the steps that are necessary for the passage of PSYPACT legislation in Ohio.

Kenneth Drude, PhD provides outpatient psychological services in a general private practice near Dayton, Ohio. He is a member and past president of the Ohio Board of Psychology, a past president and finance officer of the Ohio Psychological Association (OPA) and served on its board for 28 years. Dr. Drude chaired the OPA committee that developed the first state psychological association telepsychology guidelines. He served on the American Telemedicine Association task force that developed the telemental health guidelines adopted in 2013 and the Association for State and Provincial Psychology Boards telepsychology guidelines task force and the task force that created PSYPACT.

Mark Babula, PsyD earned his bachelor’s degree in psychology at Santa Clara University, in California, in 2001. He earned both a master’s degree and a doctorate in clinical psychology from the University of Denver, Graduate School of Professional Psychology in 2007, with an emphasis in forensic issues. He is the owner of Central Behavioral Healthcare in Toledo, President of the Toledo Area Academy of Professional Psychologists and a member of the OPA Communications and Technology Committee. His professional practice focuses on forensic evaluation and treatment, health and sport psychology, and more general clinical concerns.

WORKSHOP #18: Fading Memories: Assessing Age-Related Forgetting, Mild Cognitive Impairment and Onset of Dementia

Presenter: Jerome A. Gabis, PsyD
CE Credits: 1.0
Learning Level: Intermediate

Psychologists are often asked to conduct mental status examinations among their clients, many of whom might be getting on in years and distressed about changes in their memory. When conducting these examinations, it is helpful to understand the characteristics of “normal” age-related cognitive decline, mild cognitive impairment, and the onset of major neurocognitive impairment or dementia. This hour-long seminar will help practitioners distinguish among these different presentations, become familiar with screening instruments to assess cognition and memory, provide recommendations to clients and their families, and understand when to refer patients for further neuropsychological evaluations.

As a result of this workshop, attendees will be able to: 1) Distinguish among normal age-related memory loss, mild cognitive impairment, and the onset of major neurocognitive impairment or dementia, 2) Select a screening tool to help assess normal forgetting, mild
cognitive impairment, and dementia, and 3) Recognize limitations of cognitive screening instruments and assess when to refer patients for more thorough neuropsychological evaluations.

Jerome A. Gabis, PsyD is a clinical geropsychologist working among the elderly and their families in the Greater Cincinnati (Ohio) area for the past 25 years. He and colleagues at Legacy Psychological Services evaluate and treat the elderly and consult among their care providers including primary care physicians, families, lawyers, and continuum of care communities staff and administrators. Dr. Gabis has presented on this and similar topics to psychologists, social workers, medical residents, and nursing staffs in a variety of settings over the years. He has served on the OPA Education Committee for at least 15 years and has served as its chair for the past two years. For the past 25 years, he has also served as a volunteer family caregiver support group facilitator for the Great Cincinnati Alzheimer’s Association.

WORKSHOP #19: Cognitive Behavioral Relapse Prevention for Substance Use Disorders
Presenter: Michael Vilensky, PhD
CE Credits: 2.0
Learning Level: Intermediate

As a result of this workshop, attendees will be able to: 1) Explain the cognitive-behavioral model of relapse, with a focus on assessing for high-risk situations, coping responses, positive outcome expectancies and abstinence-violation effects, 2) Summarize common interventions used in Relapse Prevention, including identification of high risk situations, restructuring of positive expectancies and abstinence violations, urge surfing and development of coping skills to deal with negative affect, and 3) Apply relapse prevention model to work with patients with substance use disorders, with illustration of case examples.

Michael Vilensky, PhD is the Clinical Program Manager for the Psychological Services Center (PSC), the in-house psychotherapy clinic in the Department of Psychology at The Ohio State University. The PSC is a free community clinic offering evidence-based treatments for a variety of diagnoses and recently expanded to offer treatments for individuals with substance use disorders. Dr. Vilensky teaches and supervises doctoral students in the PSC, in addition to seeing patients. Before coming to OSU, Dr. Vilensky completed a post-doctoral fellowship at the VA Pittsburgh Center for the Treatment of Addictive Disorders, treating veterans in the clinic’s residential and outpatient programs.

WORKSHOP #20: Body Image and Eating Pathology in Trans Folx: Addressing the Gaps Assessment and Treatment
Presenter: Ashley Solomon, PsyD
CE Credits: 2.0 Ethics
Learning Level: All

As a result of this workshop, attendees will be able to: 1) Describe relationships between gender identity concerns and eating pathology, 2) Explain the psychological and medical risks, including increased suicidality, associated with eating disorder behaviors among transgender individuals, 3) Identify at least two barriers that transgender individuals experience in accessing care for eating-related concerns, and 4) Describe how other minority statuses may impact both the illness presentation and experience of treatment for transgender individuals.

Ashley Solomon, PsyD is a licensed clinical psychologist specializing in the treatment of eating disorders and co-occurring conditions. She has spent her career dedicated to helping patients and families navigate these difficult illnesses, as well as engaging in training, prevention and advocacy efforts. She serves as the Executive Director of the Eating Recovery Center, Ohio, where she oversees the care of adolescents and adults with eating disorders utilizing evidenced-based interventions. Dr. Solomon is an active member of the Academy for Eating Disorders and serves on the Board of Directors for the Binge Eating Disorder Association.
WORKSHOP #21:  
Adapting DBT Skills Training for Adults with Intellectual Disabilities  
**Presenter:** Jeff Marinko-Shrivers, PhD  
**Co-Presenter:** Angela Everson Ray, PhD  
**CE Credits:** 2.0  
**Learning Level:** Intermediate  

Dialectical Behavior Therapy (DBT) is an evidenced-based treatment initially developed to address emotional dysregulation and interpersonal skills deficits in people with borderline personality disorder. It has been adapted for many diagnoses and populations, including people with intellectual/developmental disabilities (IDD). There is little research and few manuals on the use of DBT with persons who have IDD, and it is still unknown what frequency of treatment is needed or which modules are best suited for these individuals. Presenters will discuss the current state of the research and share how to account for the developmental skills and needs of patients when adapting DBT to benefit people with IDD. Presentation will include: methods of adaptation, case examples of positive outcomes and future directions.  

As a result of this workshop, attendees will be able to: 1) Describe past research that shows treatment efficacies of DBT with persons who have IDD, 2) Utilize a cognitive developmental model to adapt DBT to persons with IDD, and 3) Apply specific strategies for improving skills practice success and generalization of DBT concepts.

**Jeff Marinko-Shrivers, PhD** is a supervising psychologist at the Franklin County Board of Developmental Disabilities. He has 30 years of experience, 20 years as a psychologist working with all age groups of persons who have developmental disabilities and social/emotional/behavioral needs. He has given several presentations on the local, state, and national level.

**Angela Everson Ray, PhD** is the Director of Psychology for the Franklin County Board of Developmental Disabilities (FCBDD). She has served people with developmental disabilities for almost 35 years, working in both private practice and for the FCBDD. Dr. Ray has presented on dual diagnosis (developmental disabilities & mental illness) to a variety of audiences.

WORKSHOP #22:  
Rural Behavioral Health in Ohio  
**Presenter:** Dawn Graham, PhD  
**CE Credits:** 3.0  
**Learning Level:** All  

This workshop will focus on strategies and advocacy efforts to increase public knowledge of the unique needs and challenges of rural communities. The concepts will be based on experience, grant successes, and input from working clinicians in both behavioral and physical healthcare settings. The session will include the use of vignettes, case studies and examples of public policy efforts. The participants will have an opportunity to engage in interactive dialogue, create ways to implement change in their own communities and think about outreach and advocacy efforts to take advantage of for more inclusive patient care.

As a result of this workshop, attendees will be able to: 1) Describe various strategies of health used throughout Rural Ohio, 2) Identify local, statewide, and local trends in healthcare coordination, 3) Describe ways rural healthcare providers can work together for integrative care, and 4) Analyze the complexities of healthcare navigation for the underserved.

**Dawn Graham, PhD** works in the Department of Social Medicine at Ohio University. She earned a Doctorate in Counseling Psychology from Purdue University in 2010. Clinical work includes the University of Chicago Hospitals, Porter Starke Community Mental Health and Logansport State Psychiatric Hospital. She previously served as PI on a multi-million dollar federal grant to promote health in Southeastern Ohio. She is a member of APA and currently is the chair of the Ohio Psychological Association Public Sector Issues committee. Interests include creativity, rural health and policy change. Current projects include qualitative research on integrated healthcare in rural settings.

WORKSHOP #23:  
The Spectrum of Gender Non-Conformity  
**Presenter:** Sarah Painer World, MS, MSW, LISW-S  
**CE Credits:** 3.0 Ethics  
**Learning Level:** Intermediate  

Gender non-confirming youth are at significant risk for mental health concerns. This presentation will discuss these risks, provide general competency regarding transgender care, review ways to minimize risk, create a safe environment and discuss practice guidelines. This presentation will use case examples, videos and group activities.

As a result of this workshop, attendees will be able to: 1) Explore gender variance, including definitions and learning the ‘lingo,’ trans competence as well as communication and ethics in working with patients and families, 2) Discuss environment, including how to create a safe space for patients and families, 3) Identify risk factors associated with gender non-conforming youth, including DSM V criteria, statistics and family acceptance, and 4) Review services provided in transgender clinic, including treatment options, gender affirming care and steps towards transition.

**Sarah World, MS, MSW, LISW-S** is a full time social worker with the Division of Adolescent and Transition Medicine at Cincinnati Children's Hospital Medical Center since 2008. She has a Master's degree in Social Work from the University of Kentucky and a Master's degree in Community Health Education from the University of Cincinnati. Sarah has been the clinical social worker for the Transgender Health Program at Cincinnati Children's and has been instrumental in helping develop the program. Sarah has published articles in Cincinnati Parent Magazine, blogs with Cincinnati Children's Hospital on...
gender variance and develops/facilitates trainings on transgender health locally and nationally.

WORKSHOP #24:
The Ethical and Legal Practice of Psychology

Presenter: Elizabeth Swenson, PhD, JD
Co-Presenters:
Richard Ashbrook, PhD
Amy Boland, PhD
Terry Imar, MA
Kay Levine, PhD
Christine Muller-Held, PhD
Debani Sinha, PhD
Robert Stinson, PsyD, JD

CE Credits: 3.0 Ethics
Learning Level: Intermediate

This workshop is presented by the OPA Ethics Committee. Through vignettes written for this year’s workshop, participants identify and apply pertinent sections of governing documents (the APA Principles and Code of Conduct, Ohio Psychology Laws, and Rules Governing Psychologists and APA Specialty Guidelines). The vignettes are designed to elucidate the ethical and legal practice of psychology. Particular attention is devoted to areas of practice that pose additional liability and yield frequent conduct complaints to the State Board of Psychology. The interplay of ethical practice and cultural competence will be discussed.

As a result of this workshop, attendees will be able to: 1) Identify and apply pertinent sections of the APA Ethical Principles of Psychologists and Code of Conduct to vignettes related to the practice of psychology, 2) Identify and apply pertinent sections of the Ohio Psychology Laws and Rules Governing Psychologists to vignettes related to the practice of psychology, 3) Identify and apply relevant APA specialty guidelines, and 4) Understand ethical and legal implications related to areas of practice that pose additional liability or yield frequent conduct complaints.

Elizabeth Swenson, PhD, JD is Professor of Psychology at John Carroll University. She earned her BS from Tufts University, MA and PhD from Case Western Reserve University, and JD from Cleveland Marshall College of Law. She teaches professional ethics and forensic psychology to undergraduates. Dr. Swenson is a fellow or the American Psychological Association, the Midwestern Psychological Association and the Phi Beta Kappa Society. She is a peer reviewer and team chair for the Higher Learning Commission of the North Central Association. Currently she is chair of the OPA Ethics Committee and has been a member of the APA Ethics Committee, the APA Ethics Code Revision Task Force and the APA Continuing Professional Education Committee.

Richard Ashbrook, PhD is a professor of psychology at Capital University (Columbus, OH) since 1986, Dr. Ashbrook previously served as department chair, dean of the College, and provost and vice president for Academic and Student Affairs (2010-2016). He earned his BS from the University of Maryland, and his MA and PhD (clinical psychology), and MFA (creative writing) from The Ohio State University. He completed his internship at the University of Rochester’s Strong Memorial Hospital, and received post-doctoral training in pediatric and health psychology. Dr. Ashbrook, a licensed psychologist in Ohio and North Carolina, is affiliated with a medical and behavioral health consulting practice that specializes in publicly funded demonstration grants, outsourced services for public, governmental, and nonprofit agencies, and contract forensic, corrections, diagnostic, and disability services.

Amy Boland, PhD has a Bachelor’s degree in psychology from DePaul University and a Master’s degree in developmental psychology from Loyola University Chicago. She earned a PhD in School Psychology from The Ohio State University in 2011. She is now both a licensed psychologist and a Nationally Certified School Psychologist who works in private practice and consults with public school systems. Dr. Boland specializes in providing evaluations, counseling, social skills groups, behavior management services, and school consultation for children with developmental disabilities such as Autism Spectrum Disorders, ADHD, Down Syndrome, Anxiety Disorder and Behavior Disorders.

Terry Imar, MA received his graduate degree from Kent State University in 1971 and has been in practice in Ohio since 1975. Mr. Imar is in general practice in Delaware, working with adults, adolescents and children. He has special interests in ADHD and substance abuse disorders. Mr. Imar is a member of the medical staff of Grady Memorial Hospital, where he is Chief of the Psychology service. He is a member of the OPA Ethics Committee, which he previously chaired. In addition to his membership in OPA, Mr. Imar is a member of the American Psychological Association, the Association for the Advancement of Psychology and the Central Ohio Psychological Association.

Kay Levine, PhD earned her Special Education/Educational Psychology PhD at the University of Southern California, and trained as a child psychoanalyst at the Reiss-Davis Child Study Center in Los Angeles. She lives in Cleveland, Ohio, and is Clinical Assistant Professor at the School of Medicine– Case Western Reserve University. She is on OPA’s Ethics Committee and was formerly on the Colleague Assistance Committee and is an APA member. She is a Disaster Mental Health Supervisor with the Cleveland Chapter of the American Red Cross. She is licensed in Ohio and California. She primarily works with couples and individual adults in her private practice.

Christine Muller-Held, PsyD is an Early Career member of the OPA Ethics Committee. She obtained her doctoral degree from Xavier University, and is currently a senior staff psychologist and coordinator of mental health services at University of Cincinnati’s University Health Service. Dr. Muller-Held’s professional interests include ethical and legal issues in professional psychology, collaborative medical and mental health care, and the mental health needs of college and graduate/professional school students.
Debjani Sinha, PhD is a practicing psychologist with a background in neuropsychology. She has a PhD from the University of Cincinnati (UC) and post-doctoral training at UC’s Behavioral Neuropsychology Clinic. Currently Dr. Sinha divides her professional time between her private practice and as Adjunct Associate Professor at the University of Cincinnati. Dr. Sinha offers psychotherapy and neuropsychological assessment services. Dr. Sinha also specializes in psycho-educational evaluations for ADHD and LD for adolescents and adults. Dr. Sinha is past 2-term President of Cincinnati Academy of Professional Psychology and has served as Ethics Chair for CAPO for 10 years. She is currently a member of Ohio Psychological Association's Ethics Committee.

Bob Stinson, PsyD, JD, LICDC-CS, ABPP is a board-certified forensic psychologist, attorney, and LICDCCS. He’s listed in the National Register. He’s a Fellow of the American Academy of Forensic Psychology / American Board of Professional Psychology. He’s worked at a state psychiatric hospital, serving on and chairing the ethics committee. He was Chief of Behavioral Health Services for the Ohio Department of Youth Services. Dr. Stinson has lectured across the country in the areas of mental health law and ethics. He’s an Adjunct Professor at OSU in Psychology, Psychiatry, and Law. He’s a past president of COPA and OPA. Dr. Stinson also maintains a law practice.

Jessica Smedley, PsyD is a California Bay Area native and earned her PsyD in Clinical Psychology from Fuller Theological Seminary. Dr. Smedley completed practica experiences in various community mental health settings and collaborated with various local government entities including Children and Family Services, Probation, Parole and other health providers. Dr. Smedley spent two years in the Washington D.C. metro area providing mental health services to adults who struggle with chronic and severe mental illness, namely psychosis. Dr. Smedley is a member of the American Psychological Association, Ohio Psychological Association and the Association of Black Psychologists. She is also a member of the largest national public service organization for African-American women, Delta Sigma Theta Sorority, Inc.

**WORKSHOP #25:**
**OPAGS Spring Internship Workshop**

**Presenters:** TBD

**CE Credits:** No CE

**Learning Level:** Student

Join us for the OPAGS Spring Internship Workshop to begin your application process off on the right foot with amazing speakers, key tips and a chance to meet with some amazing internship directors! Internship Programs that have been a part of the workshop in the past include: the Columbus VA, MetroHealth System, Cleveland State University Counseling Center, Nationwide Children’s Hospital, Cincinnati Children’s Hospital and more! We hope to see you there!

**WORKSHOP #26:**
**OPAGS Workshop: Processing Experiences in Academia for Students of Diverse Backgrounds**

**Moderator:** Jessica Smedley, PsyD

**Panelists:** TBD

**CE Credits:** No CE

**Learning Level:** Student

A panel of psychologists of diverse backgrounds/identities will share their experiences in academic settings as well as offering coping skills to deal with some of the challenges. Mentoring opportunities will also be explored.

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**Highlights: Saturday Special Events**

**Student Poster Session** ................................................................. 8 a.m.

OPA invites undergraduate and graduate students conducting research on psychology-based topics to present poster summaries at the Convention. Posters may report on empirical studies or non-empirical projects. Convention attendees will have the opportunity to vote on these student posters during Friday’s breakfast and morning break. Winners receive special recognition, the chance to publish their research and a cash prize.

**Annual Awards & State of the Association Luncheon** ............................ 12:15 p.m.

Join us as we honor individuals whose leadership, support, creativity and dedication have made an impact not only on OPA but also the field of psychology.

**OPA Graduate Student (OPAGS) Programming** ................................. 2:15 - 5 p.m.

Friday afternoon features three hours of programming designed specifically for students. First, the Spring Internship Workshop (#25) aims to provide students with the most up-to-date information regarding licensing exams and internship opportunities. This is followed by Dr. Smedley’s panel discussion (#26) on diversity in academic settings. Students are encouraged to attended Workshops 25 & 26. Non-member students should call OPA prior to registering for the convention to receive a promotional code good for 1 FREE year of membership.

Register for the convention on or before April 6 and save $40!
Get the Most from Your Convention Experience

Use these tips to walk away with a great Convention experience.

1. Sit next to someone you don’t know. While Convention is a great time to connect with old friends, it’s also a wonderful opportunity to meet new people.
2. Ditch the distractions. Turn off your phone and put away your newspaper so you can fully participate in the program.
3. Take notes. Make sure you bring a notebook or tablet so you can write down important take-aways.
4. Open your mind to new ideas. Be willing to hear something new that applies to your work day.
5. Learn outside the workshops. Visit with exhibitors to learn about what they and various OPA committees are offering.

Join The Conversation...

Follow OPA on social media and join the conversation about Convention!

facebook.com/ohpsychassn
@ohpsychassn
linkedin.com/company/ohiopsychological-association
pinterest.com/ohiopsychassn

Tag us in your posts! #OPACON2018 or @ohpsychassn

Convention Location: Quest Conference Center

Quest Conference Center is a premier state of the art meeting facility located at 8405 Pulsar Place, Columbus, Ohio 43282. Quest has an abundance of on-site parking located directly in front and in the back of the facility.

Hotel Information: Hampton Inn

Hampton Inn Columbus Polaris | 8411 Pulsar Place Road | Columbus, Ohio 43240 | 614-885-8400 | $132/night, plus tax

OPA has a room block at the Hampton Inn Columbus Polaris. They offer free high speed internet, free breakfast, a fitness center and pool. To make a reservation call 614-885-8400 and ask for the OPA rate. The reservation deadline is March 26. The Hampton Inn is located just off Interstate 71, directly behind Quest Conference Center within easy walking distance.

Area Attractions

When you need a little fresh air.

Historic Uptown Westerville
Visit shopuptownwesterville.com for more information. Historic uptown Westerville is filled with unique shops and is a must-see visitor destination!

Hoover Reservoir Park
7701 Sunbury Road, Columbus, OH 43081
Hoover Reservoir Park offers a peaceful and serene getaway in Columbus. The park and lake provide guests with a range of recreational activities from picnicking, hiking, boating and fishing.

Otterbein University
7 S. Grove St. Westerville, OH 43081
Otterbein University is a private, co-educational, comprehensive liberal arts institution founded in 1847. The campus makes a great spring walk and many academic buildings feature student artwork.

Polaris Fashion Place
1500 Polaris Parkway, Columbus, OH 43240
This shopping destination features over 180 specialty stores, six anchor stores and the region’s largest indoor children’s soft play area.
Inclusive Packages

What’s Included...
Back by popular demand, OPA will continue to offer inclusive registration packages. It’s simple and cost effective... no more extra fees for meals, receptions or special events! See what’s included in each package.

3-Day Full Convention Package:
• 3 Continental breakfasts & lunches 2 CE
• 2 OPA Assemblies (8 a.m. Thur. & Fri.)
• 9 sessions 16-18 CE
• 2 receptions
• Poster session admission
• Promo code for OPA Webinars (3 CE)

2-Day Package:
(Options vary based on which two days selected.)
• 2 Continental breakfasts & lunches 1-2 CE
• Up to 2 OPA Assemblies (8 a.m. Thur. & Fri.)
• 6 sessions 10 - 12 CE
• 2 receptions OR 1 reception and poster session admission

1-Day Package:
(Options vary based on which day selected.)
• Continental breakfast & lunch 0-1 CE
• Up to 1 OPA Assembly (8 a.m. Thur. & Fri.)
• 3-4 sessions 4-6 CE
• Reception OR poster session admission

Custom Package Pricing:
If an inclusive package is not for you, we also offer Custom Package (A la Carte) pricing. With this option, you pay a rate per (1) CE earned. Lunches and receptions may also be added to a custom package for an additional fee. A $40 convenience fee is assessed for the custom package option.

Policies & Procedures

IMPORTANT REGISTRATION DATES:
Hotel Reservation Deadline ———— March 26
Early Bird Deadline ——————— April 6
Registration Deadline —————— April 18

Registration Deadline: Participants are encouraged to register early. Registration must be received on or before April 8 to guarantee workshop / event selections. Registrations received after this date will be processed on-site, and first selections and/or meals can not be guaranteed.

Discounts: Registrations received or postmarked on or before April 6 receive a $40 Early Bird Discount. Registrations received or postmarked between April 6 and April 18 receive a $20 Pre-Registration Discount. OPA members may use their CE Coupon by entering the Promo Code online or on the paper form. No discounts maybe used after April 18, 2018.

Change Fee: Any changes in workshop / event selections made after April 18 will be subject to a $20 change fee.

Disclaimers/Cancellation and Refund Policy: Attendees needing to cancel must do so in writing on or before April 18 and will be subject to a $30 service charge. ALL CANCELLATIONS WILL BE SUBMITTED TO THIS SERVICE CHARGE. No refunds will be given for cancellations made after April 18. OPA and sponsors of this event are committed to providing accurate and up-to-date information. However, they are not responsible for event changes, additions or deletions, but will work towards accommodating attendee needs.

Conflict of Interest Statement: As an APA-approved sponsor of continuing education, the Ohio Psychological Association (OPA) is committed to the identification and resolution of potential conflicts of interest in the planning, promotion, delivery, and evaluation of continuing education as is consistent with concepts outlined in the APA Ethical Principles of Psychologists and Code of Conduct. Information regarding financial support, in-kind support or possible conflicts of interest will be included in promotional materials and can be accessed by contacting the Ohio Psychological Association Central Office.

Americans with Disabilities Act: The Quest Conference Center complies with the provisions of ADA. If you need any assistance related to sight, sound or mobility, please contact OPA; so that, we may assist you.

Photo Consent: Registration/attendance at OPA events constitutes an agreement by the registrant to OPA for use of the attendee’s image in photographs.

Special Requests: Please let us know if you have any special requests, including dietary restrictions or request for a nursing mother’s room.

Continuing Education Credit Policies:
Those individuals wanting CE credits must sign and complete the Workshop Evaluation Form and return it to OPA at the end of each workshop as instructed. Guidelines state that a participant may arrive no more than 10 minutes late or leave more than 10 minutes early to receive credit for a program. OPA adheres to all APA Continuing Education Guidelines. No partial credit will be given. The Convention planners will make every effort to ensure that each workshop begins and ends at its designated time.

Convention Certificates of Attendance: Certificates will list each workshop completed and will be sent to participants following the Convention. Please allow 3 weeks for delivery.

Continuing Education Credits: 1) The Ohio Psychological Association is approved by the American Psychological Association to offer continuing education for psychologists. The Ohio Psychological Association maintains responsibility for the program and its content. 2) The Ohio Psychological Association is approved by the State of Ohio Counselor, Social Worker and Marriage & Family Therapist Board to offer continuing education to counselors and social workers (RCS070608 and RTX071793). NOTE: The following workshops are offered for counselor, social worker and marriage and family therapist continuing education credits: 1, 2, 3, Thursday Lunch CE Program, 4, 5, 6, 7, 8, 9, 10, 11, 12, Friday Lunch CE Program, 13, 14, 15, 16, 18, 19, 20, 21, 22 and 23.
2018 Ohio Psychological Association Annual Convention
REGISTRATION FORM
REGISTRATION DEADLINE IS APRIL 18, 2018

ATTENDEE INFORMATION: One registration form per attendee.

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WORKSHOP AND SPECIAL EVENT SELECTIONS Check the boxes next to the sessions/events you want to attend.

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FEES & PAYMENT INFORMATION: Registration Ends on April 18, 2018

IMPORTANT NOTICES: 1) See the back of this page for information on our change fee, cancellation policy and membership levels. Students who are not members should call OPA (614.224.0034) before registering to receive one year of FREE OPA Membership.

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<th>OPA Full Member</th>
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Enter Registration Fee $__________

CUSTOM PACKAGE CONVENIENCE FEE $40 + $__________

CUSTOM PACKAGE ADD-ONS:
Lunch $30, Reception $20 + $__________

OPA-PAC Donation (Optional) + $__________

Less OPA CE Coupon (if applicable) - $__________

Enter Promo Code: $__________

Less $40 Early Bird Discount (if postmarked by 4/6/18) - $__________

Less $20 Pre-Registration Discount (if postmarked between 4/7/18-4/18/18) - $__________

TOTAL AMOUNT DUE: $__________

BILL ME

CREDIT CARD
Visa
AMEX
MasterCard

CHECK ENCLOSED (Made payable to the OPA)

Account Number ____________________________

Expiration Date ____________________________

Security Code ____________________________

Signature ____________________________

IMPORTANT NOTICES: 1) See the back of this page for information on our change fee, cancellation policy and membership levels. Students who are not members should call OPA (614.224.0034) before registering to receive one year of FREE OPA Membership.
Scheduling & To-Do Lists
Optimize how you manage appointments, notes, and billing. Your To-Do list automatically keeps track of notes you need to write, pending billing actions, and much more. Sync your calendar to your smartphone to view your schedule on the go.

Robust Notes & EMR
Document your clients’ growth with powerful form-based notes, each uniquely designed for behavioral health. Go paperless by uploading your patient files into TherapyNotes. All of your data is secure, encrypted, and backed up automatically.

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Streamline your billing with seamlessly integrated electronic insurance claims, ERA payment posting, credit card processing, and more. Submit insurance claims with a single click. Easily generate patient statements, superbills, revenue reports, and more.

...AND MANY MORE FEATURES!

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Automatic text, phone, and email reminders to reduce no-shows and decrease expenses

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TherapyPortal, your own custom client portal for appointment requests

Unlimited Support
Superior, unlimited phone and email support included with your TherapyNotes account

My experience with TherapyNotes has been fantastic!
Firstly, the system is easy to navigate, thorough, flexible, and extremely clinically intuitive. Secondly, technical and customer support has been efficient, fast, and very personal. I am leaving another EHR system for TherapyNotes...gladly. I'm very happy that you've created such a quality product. Thank you!
Dr. Christina Zampella, FT, Licensed Clinical Psychologist

Special Offer!
Just for Ohio Psychological Association Convention Attendees!

Sign Up and Receive Your First 2 Months FREE!
Use Promo Code: OPACONV18
Offer Expires 4/1/2018

View Features and Sign Up Today at www.TherapyNotes.com
Online registration is now open for the following OPA educational events.

April 26-28  OPA Annual Convention
June 8-9  Telebehavioral Health Training: Technical and Clinical Best Practices
          15 CE | Columbus
June 22  Glennon Karr’s Annual Ethics Workshop
          4 CE Ethics | Columbus
June 25  Complex Trauma and LGBTQI+ Clients: Ethical and Clinical Competencies
          6 CE Ethics | Columbus
July 21  American Insurance Trust -
          Sequence VIII: Ethics and Risk Management in a Digital World 2.0
          6 CE Ethics | Columbus

The 2016-2018 Biennium Ends August 31, 2018