

Neuromuscular Conditions in Geriatric Pedorthics

- CEU Program Quiz -

(Complete the quiz. Fill in the form at end of quiz with Payment Information.)

Name: _____

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- 1) Later stages of Parkinson's disease often result in the following changes in gait:**
 - a) Decreased postural stability and risk of falls.
 - b) Increased cadence in gait
 - c) Increased postural stability
 - d) Increased stride length

- 2) Pedorthists may observe the following gait deviations in patients with Parkinson's disease:**
 - a) Improved initiation of movement of legs
 - b) Shuffling gait
 - c) Freezing gait
 - d) B and C

- 3) Footwear in Parkinson's disease must include the following:**
 - a) Torsional stability
 - b) Increased heel height
 - c) Increased tread depth on sole of shoe
 - d) Soft sole

- 4) Parkinson's disease may impact foot structures in the following way:**
 - a) Weakness of Tibialis Anterior
 - b) Underuse of Toe Flexors
 - c) Tightness of posterior calf
 - d) A and C

5) Post-Polio affects people with a previous diagnosis of:

- a) Parkinson's disease
- b) Dementia
- c) Polio
- d) Depression

6) Post-Polio presents with late onset:

- a) Fatigue
- b) Weakness
- c) Pain
- d) All of the above

7) Some compensations in post-polio include:

- a) Shuffling gait
- b) *Genu recurvatum* or locking of the knee
- c) Freezing gait
- d) Improved posture

8) Footwear in post-polio must be:

- a) Non slip-resistant
- b) Able to be modified with flares or wedges
- c) Narrow in the toe box
- d) Rocker bottom

9) AFOs and KAFOS reduce:

- a) Parkinson's freezing gait
- b) Parkinson's shuffling gait
- c) Stability in neuromuscular geriatric conditions
- d) Drop foot in post-polio

10) Velcro closure on shoes is useful for:

- a) Patients with hand tremor
- b) Patients with AFOS or KAFOS
- c) Patients who need extra depth for orthoses
- d) All of the above

*-end of "Neuromuscular Conditions in Geriatric Pedorthics" Quiz
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