

Equinus Management for Better Orthotic Outcome

- CEU Program Quiz -

(Complete the quiz. Fill in the form at end of quiz with Payment Information.)

Name: _____

Credential #: _____

Date Completed: _____

- 1) **According to the article – The source of complaint frequently attributed to orthotics is either the amount of correction is not accurate or the arch height is not accurate:**
 - a) True
 - b) False

- 2) **DiGiovanni *et al.* described *Equinus* as ankle joint dorsiflexion of how much with the knee extended:**
 - a) less than 15 degrees
 - b) more than 2 degrees
 - c) less than 5 degrees
 - d) none of the above

- 3) **“A Rigid orthotic will prevent the foot from pronating. The result is excess friction against the orthosis” Did the Author AGREE or DISAGREE with this statement?**
 - a) Agree
 - b) Disagree

- 4) **According to the article – The exact location where the arch flattens was answered by which researchers in part 5 of their article series?**
 - a) Johnson and Johnson
 - b) Smith and Wesson
 - c) Johnson and Christensen
 - d) Davids and Smith

- 5) **The article sites these bones as compromising the medial column or the foot: 1st cuneiform; Navicular; and Talus:**
 - a) True
 - b) False

- 6) Amis examined the effect of *Equinus* during gait which way?
- a) Statically
 - b) Dynamically
- 7) Amis' term "split second effect" occurs during the last half of which phase in gait?
- a) Heel Strike
 - b) Mid-Stance
 - c) Toe Off
- 8) How many Studies were cited in this article?
- a) 1
 - b) 3
 - c) 5
- 9) The article states that The *Gastrocsoleal Complex* is driving the arch downward at the naviculocuneiform joint:
- a) True
 - b) False
- 10) Conservative Treatment for *Equinus* takes approximately how many weeks to see improvement?
- a) 2-4
 - b) 4-6
 - c) 8-12
 - d) 6 months

*-end of "Equinus Management for Better Orthotic Outcome" Quiz
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