

A Review of Foot Pain- A Step Forward for the Pedorthist

(Part 1)

Examination Questions

1. Pathological foot pain is experienced following nociceptive pathology; involving _____ of either or both peripheral or central nervous system.
 - A. biofeed back
 - B. function
 - C. dysfunction
 - D. appreciation
2. Pain impulses are transmitted from the spinal cord to the brain stem and thalamus via _____ main nociceptive ascending pathways.
 - A. one
 - B. two
 - C. four
 - D. three
3. _____ stress either in part or fully has been identified by Maganaris et al as the reason for many common types of foot pain.
 - A. Pressure
 - B. Electrical
 - C. Liquid
 - D. Mechanical
4. The long-term effects of poor fitting shoes may cause bunions, corns, _____, misalignment of the toes, and a source of microtrauma injuries to the foot.
 - A. acute gouty arthritis
 - B. diabetes mellitus
 - C. irritation of nerves and joints
 - D. hypertension
5. An ingrown toenail is also known as _____.
 - A. onychocryptosia
 - B. onychomycosis
 - C. onycholysis
 - D. onychophagia

6. Hawke and Burns compiled data and concluded that foot pain is experienced by_____ of the adult population.

- A. 25 to 30 %
- B. 1 to 50%
- C. 25 to 60%
- D. 17 to 42%

7. How many descriptors of mechanical stress have been identified?

- A. two
- B. three
- C. four
- D. five

8. Podiatrists can counsel people with diabetes on the dangers of use of over the counter _____ products.

- A. salicylic acid
- B. hydroxyacid
- C. sodium chloride acid
- D. potassium chloride acid

9. Surgical intervention treatment for severe ingrown toe nails include_____.

- A. removal of the offending nail matrix
- B. removal of the offending nail plate
- C. removal of the offending nail infection
- D. removal of nail bone

10. Callus foot lesions are described as hyperkerotic in nature: thick and superficial _____.

- A. epidermis
- B. mesoderm
- C. subcutaneous
- D. epiderma

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