

## **SPARTAN ATHLETIC TRAINING ROOM RULES**

These are rules you must abide by in order to receive treatment and be allowed in the Athletic Training Room.

- No cleats
- No socializing or “hanging out”
- Athletes are NOT allowed to use the Athletic Training room restroom or telephone unless given permission by the Athletic Trainer or Nurse.
- Come to treatment every day until released by the Athletic Trainer.
- Inform the Athletic Trainer of your injury as soon as possible.
- If you seek medical attention for an injury you must bring a written doctor’s release before you will be allowed to return to participation.
- Be on time or you will not receive treatment.
- Be courteous and respectful to anyone who helps you.
- Be respectful to each other
- Be respectful to the Coaches and Athletic Trainer.
- No Spatting (taping on the outside of shoes).
- No modality treatment unless ordered by a physician. (ultrasound or electrical stimulation)
- First come first served basis
- No cutting in line