

Alcohol Prevention Resources

[Alcohol Resources PDF](#)

[Teens and Parties PDF](#)

Mental Health Resources

al-anon.alateen.org Al-anon/Alateen is a non-profit organization that helps families and friends of an alcoholic recover from the effects of living with the problem drinking of a relative or friend

aacap.org American Academy of Child and Adolescent Psychiatry

afsp.org American Foundation for Suicide Prevention

bullying.co.uk Features advice about bullying for parents, adolescents and teachers, as well as info for school projects

bullying.org Supportive community where people can learn that they are not alone in dealing with the issues of bullying and teasing

counseling.org Website of the American Counseling Organization that provides information on various counseling issues

DepressedTeens.com Educational site dedicated to help teenagers and their parents and educators understand the signs and symptoms of teenage depression.

dougyc.org The Dougy Center for Grieving Children and Teens is an online resource for grieving children, teens and the people who care about them

familyeducation.com Parents find educational information, games, activities, parenting ideas and advice on learning disabilities

intelihealth.org/mentalhealth Provides a general overview of mental health issues and resources.

keepschoolssafe.org A resource for school violence prevention and safety

mentalhelp.net American Foundation for Suicide Prevention

mentalhealth.org.uk Center for Mental Health Services Knowledge Exchange Network.

nami.org Youth section of the website for the National Alliance for the Mentally Ill. Gives resources, local contacts, latest research on medication and treatment, school issues.

ndmda.org National Depressive, Manic Depressive Association

nimh.nih.gov National Institute of Mental Health provides information and resources on prevention, treatment and rehabilitation service for mental illness. Provided by the US Dept. of Health and Human Services

nprinc.com The National Professional Resources, Inc. distributes books to parents and schools, specializing in character development, study skills and various adolescent issues

nrscrisisline.org National Runaway Switchboard is a 24 hours-a-day hotline for youth, teens and parents

onstartinghighschool.com Information for freshmen to ease the transition to high school

parentscount.net Provides useful resources on various parenting topics

save.org Suicide help lines and information

teachingtolerance.org Teaching Tolerance Magazine provides information to parents on how to talk with teens about tough topics