

ST. FRANCIS HIGH SCHOOL ATHLETIC DEPARTMENT
SPRING SPORTS TRYOUT INFORMATION

PRE-REGISTRATION REQUIREMENTS

All student-athletes must have the following items completed **BEFORE** they can tryout, practice or participate. Please make sure that you fill out the required information shown below via the software *Magnus Health* SMR. Deadline to submit this information is **Friday, February 17, 2017.**

- ***Vital Health Record.***
- A current (within one calendar year) ***Annual Physical Exam Form***

In addition, the following forms must be completed online, via our athletic online registration, 8to18. Please logon to <https://sfhs.8to18.com>. NOTE: These forms **must** be completed online with an electronic signature. Participation fees are paid online.

1. A signed ***Parent Permission form*** for athletic participation
2. A signed ***IHSA Sports Medicine*** consent form
3. A signed ***Co-Curricular Participation*** contract

Winter Coaches will receive a list of participants who have all forms turned in and are cleared to participate—please check with your coach 30 minutes before try-outs/first practice session are scheduled to start to ensure that you are on the list. If you are not on the list, then you are not cleared to participate/try-out. If this is the case, please report to the Athletic Director's office immediately to find out what is needed to be cleared to try-out/participate. Once you are cleared, you will be given a signed clearance to give to your coach so you can begin your try-out/participation. You will not be allowed to try-out/participate without being on the list or receiving clearance from the Athletic office. Again, **NO EXCEPTIONS!**

BASEBALL- \$190Participation Fee

Tryouts will be as follows:

All Levels: Feb. 27 thru March 1 – 3-5:30 pm @ CAC (Former Hubble)

Questions – Contact Coach Hall nhall@sfhscollegeprep.org

Levels Offered: Frosh, Soph and Varsity

LACROSSE (Boys) - \$190 Participation Fee

Tryouts will be as follows:

All Levels: Feb. 27 thru March 2 5:15-7:15 pm in the Slantdome Gymnasium

Questions – Contact Coach Korus skorus@sfhscollegeprep.org

Levels Offered: JV and Varsity

LACROSSE (Girls) - \$190 Participation Fee

Tryouts will be as follows:

March 9 – 5:15-7:15 pm & March 10 – 7:15-9:15 pm in the Slantdome Gymnasium

Questions – Contact Coach Nesbitt nnes3732@aol.com

Levels offered: JV and Varsity

SOCCKER (Girls) - \$190 Participation Fee

Tryouts will be as follows:

All Levels: Feb. 27 and March 1 – 3:15-5:15 pm in the Slantdome Gymnasium, Feb. 28 & March 2 – 3-4:45 pm at Strikers Fox Valley Soccer Club located at 1000 S. Kirk Rd., Geneva, IL

Questions – Contact Coach Winslow at jwinslow@sfhscollegeprep.org

Levels Offered: JV and Varsity

SOFTBALL- \$190 Participation Fee

Tryouts will be as follows:

All Levels: Feb. 27 & 28 – 4:30-6:30 pm at DuPage Training Academy, March 1 -TBA

Questions – Contact Coach Remus at rremus@sfhscollegeprep.org

Levels Offered: JV and Varsity

BOYS TENNIS- \$190 Participation Fee

Tryouts will be as follows:

Frosh & Soph: March 7 - 3:15-4:30 pm – SFHS Tennis Courts

Juniors & Seniors: March 7, 4:00-5:30 pm –SFHS Tennis Courts

***If the temperature is below 40 degrees, arrangements have been made to use courts at the Wheaton Sport Center.

Questions – Contact Dan Hardwick dhardwick@sfhscollegeprep.org

Level Offered: Frosh/ Soph and Varsity

TRACK AND FIELD (Boys) - \$190 Participation Fee

The first day of practice is Feb. 21. Practices will be held at the St. Francis High School from 3:15-6:00 pm each day. Participants will meet in the Slantdome Gymnasium.

Questions – Contact Coach Nelson at snelson@sfhscollegeprep.org

Levels Offered: Frosh/Soph and Varsity

TRACK AND FIELD (Girls) - \$190 Participation Fee

The first day of practice is Feb 21. Practices will be held at the St. Francis High School from 3:15-6:00 pm each day. Participants will meet in the Slantdome Gymnasium.

Questions – Contact Coach Nelson at snelson@sfhscollegeprep.org

Levels Offered: Varsity

VOLLEYBALL (Boys) - \$190 Participation Fee

Tryouts will be as follows:

Frosh: March 6 & 8 - 5:00-7:15 pm, March 7 - 3:15-5:15 pm in the Spyglass Gymnasium

Soph, Juniors & Seniors: March 6 & 8 – 3:15-5:15 pm, March 7 – 5:00- 7:15 pm in the Spyglass Gymnasium

Questions – Contact Coach Lynch in Room 1107 or email at mlynch@sfhscollegeprep.org

Levels Offered: Frosh, Junior Varsity and Varsity