



St. Louis County Partnership
for a **Healthy Community**

Overview

The *St. Louis County Partnership for a Healthy Community: Healthy Living Coalition* is a group of community organizations dedicated to improving healthy eating and active living opportunities for the residents of Saint Louis County.

Focus Areas

The *Healthy Living Coalition* is divided into four subcommittee workgroups based on areas of need identified during initial community assessments:



Worksite Wellness



Youth & Schools



Access to Healthy Foods



Connectivity

Worksite Wellness Subcommittee

The *Worksite Wellness Subcommittee* aims to provide local employers with resources to increase the implementation of evidence-based employee well-being programs. The goal of the Worksite Wellness Subcommittee will be accomplished through three objectives:

1

Evaluate the current state of worksite wellness in St. Louis.

2

Develop a comprehensive, **online toolkit** with local and national wellness resources for employers.

3

Foster **collaboration** among employers and the St. Louis community to improve total well-being.

Results of the St. Louis Employer Health Benefits and Wellness Survey coming soon!

To receive information about the report release or to inquire further about the Worksite Wellness Subcommittee, please email STLhealthycommunity@gmail.com.

Worksite Wellness Partners

American Cancer Society
American Heart Association
Barnes-Jewish Hospital
Gateway Region YMCA

Mercy St. Louis
Saint Louis University
St. Louis Area Business
Health Coalition

St. Louis County Department
of Public Health
St. Luke's Hospital
United Healthcare