

I am currently the Director of School Counseling at Gloucester High School. I am also the current Advocacy Chair for the Virginia Alliance for School Counseling. I received my Master of Education in Counselor Education from Virginia Commonwealth University in 1991 and have recently finished additional coursework requirements at the College of William and Mary for my LPC. I am under supervision and nearing the ½ way point in my hours for my LPC. I am a Nationally Certified Counselor and a Nationally Certified School Counselor through the NBCC. My employment background includes my current three years as Director of School Counseling and 13 years as a School Counselor, all at Gloucester High School. Prior to this I was an Educational Counselor in Federal TRIO programs at Hampton University for 4 years and VA Tech for 1 year. I also have experience as a Certified Correctional Rehabilitation Counselor in the Virginia Department of Juvenile Justice for 4 years and as a Case Manager at an emotionally disturbed treatment center for adolescents for one year. I also have multiple years of work experiences in outdoor adventure based programs. My professional affiliations include: ACA membership since 1991; within ACA I am an initial member of the recently formed ACAC division. VCA member since 1996; within I am a founding member of the recently formed Virginia Alliance for School Counseling division and at the chapter level I have served on the Peninsula Counselors Association Board as Treasurer in 2010/11 and 2011/12 and as Scholarship Chair in 1999, 2009 and 2010. As professional counselors in various work settings I believe WE are the connection. WE are the connection to our clients' social, emotional, mental, physical, spiritual, educational, occupational, and recreational well-being. WE are the connection that links our clients to the programs, institutions, and services they need. WE are the connection to each other to refer and consult and support each other. WE must work together to make these connections possible and I am willing to do my part to help VCA continue to be the voice for professional counselors in Virginia