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Dr Parkinson is Senior Medical Director for Health and Productivity overseeing employer health and productivity strategies for UPMC Health Plan and WorkPartners. He also is Principal of P3 Health (“Prevention, Performance, Productivity”) engaging employers and organizations to improve health, productivity and competitiveness. Dr Parkinson is the Past President of the American College of Preventive Medicine, the national medical specialty society of physicians trained in and committed to disease prevention, health promotion and systems-based approaches to improving health and health care. He formerly was Executive Vice President, Chief Health and Medical Officer of Lumenos, a pioneer of consumer-directed health plans and a subsidiary of Wellpoint. A retired Air Force colonel, he served as associate director of medical programs and resources in the Office of the Surgeon General where he was responsible for policy and planning for over 2 million beneficiaries, 70 facilities and a \$4 billion budget. While assigned to the US Public Health Service, he oversaw federal health professions programs in public health, geriatrics and preventive medicine. He served on the National Advisory Committee of the Robert Wood Johnson Foundation Health Care Purchasing Institute assisting employers to purchase higher quality care. Mike was vice chair of the American Board of Preventive Medicine and a member of the Residency Review Committee. Other appointments included the Institute of Medicine Committee reviewing NASA employee health programs, and as faculty for the 14-cities Robert Wood Johnson Foundation “Aligning Forces for Quality” project. He served on the External Advisory Board of the NIOSH-funded U of Iowa Center for Workforce Excellence and as board member American Heart Association Great Rivers Affiliate, the Defense Health Board and IOM Committee on Select Populations. He currently is on the editorial boards of the *American Journal of Preventive Medicine* and the *American Journal of Medical Quality*. Dr. Parkinson is a recipient of the Air Force Legion of Merit, Distinguished Service Award of the American College of Preventive Medicine, and Distinguished Recent Graduate Award from the Johns Hopkins School of Public Health. He received his AB from Cornell University, MD from George Washington University, family practice training at the UCLA and his MPH, preventive medicine residency and chief residency at Johns Hopkins.