



15

MODULE 15

Oral Health Across the Lifespan

Part 4: Oral Health and Older
Adults

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Oral Health and Older Adults

Quiz Questions

Multiple Choice

1. Effective strategies for treatment of root caries (cavities) in older adults include:

- i. brushing and flossing
- ii. tooth whitening
- iii. fluoride varnish
- iv. diet with fiber

- a) i, ii, iii
- b) i, ii, iv
- c) i, iii, iv
- d) ii, iii, iv

2. Oral health problems interfere with an older person's:

- a) comfort
- b) chewing
- c) self-esteem
- d) all of the above

3. Xerostomia (dry mouth) is associated with the following medications taken by older adults:

- i. antidepressants
- ii. antihypertensives
- iii. antibiotics
- iv. antihistamines

- a) i, ii, iii
- b) i, ii, iv
- c) i, iii, iv
- d) ii, iii, iv

4. Periodontal disease in older adults is related to:

- a) inflammation
- b) risk of heart disease
- c) decreased diabetes control
- d) all of the above