Course: NSG440 Community Health Nursing

Semester / Year: Spring Semester, 4th year

Credit Hours: 4 semester hours (3.0:0:1.0)
Day / Time: Thursday 5:30-8:30 PM

Course Faculty – Barbara M. Carranti, MS, RN, CNS
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Pre / Co-requisites: NSG 375, NSG 420, AND BIO 435

Course Description: This course focuses on the role of the theory and practice of community health nursing using an open systems framework. It blends the components of public health science, which incorporates the principles of epidemiology, and the art and science of nursing. The emphasis is on the community as client for a population-focused practice of nursing. Students conduct assessments of individuals, families and groups to identify health needs and commonly encountered health problems within the population. Research-based findings are critically examined and applied in the process of planning, implementing, and evaluating nursing interventions at the primary, secondary and tertiary levels of prevention. Using the many community-based resources available for nursing practice, students are provided the opportunity for service learning in a wide variety of settings to advance their skills in communication and collaboration with clients and health care team members for the overall improvement in the health of the community.

Course Objectives: Upon successful completion of this course, the student will be able to:
1. apply concepts and theories of community health practice in clients at all three levels of prevention.
2. identify the impact of social, cultural, economic, and environmental influences on the health of the community.
3. implement the nursing process as a decision-making tool to critically analyze the effectiveness of providing health care to the community.
4. use communication and collaboration skills with clients and health care team members in the delivery of population-based nursing care.
5. formulate a plan to meet the priority health care needs of a population group by collecting and critiquing epidemiological, environmental, and socioeconomic data relative to a specific area of the community.
6. demonstrate professional responsibility and accountability by serving as an advocate for individuals, families, and population groups.
7. evaluate the client’s response in achieving expected outcomes related to health promotion, disease prevention, risk reduction, health maintenance, and health restoration.
8. demonstrate professional responsibility and accountability to all interactions with peers and faculty.
9. demonstrate professional responsibility and accountability in all interactions with peers, faculty, clients, and clinical agency personnel.

**Suggested Textbooks:**


**Library Reserve Texts:** See appendix B

**Websites:** [www.nursingworld.org](http://www.nursingworld.org), [www.nyj-phtc.org](http://www.nyj-phtc.org), [www.health.state.ny.us](http://www.health.state.ny.us)

**Teaching Strategies:** Lecture, discussion, video and student presentations

**All assignments must be written in APA format (6th ed).**

**Assignment Grading Criteria:**

**Clinical Practicum:** All students must complete the equivalent of 45 hours (1.0 credit) of a clinical practicum experience in an assigned community health setting. Students are responsible for making contact with the assigned agency, meeting with the preceptor and setting up a clinical schedule. The student will provide the preceptor with clinical objectives (after receiving faculty approval), and the evaluation document.

- Draft of Clinical objectives due February 3, 2011. **Students are not to begin clinical activity until drafts are reviewed. This review will be done in class on 2/3/11.**
- **All clinical activity must be completed by April 29, 2011.**
- Students are required to keep a clinical log documenting clinical hours, clinical activities and achievement of objectives (see appendix for sample log format). The log will be graded for **10% of the course grade. Clinical logs are due May 5, 2011.**
- Students must achieve satisfactory completion of the clinical practicum experience as evidenced by the preceptor evaluation of the student, achievement of objectives, and log submission, in order to pass the course. **PRECEPTOR EVALUATIONS OF THE STUDENT ARE REQUIRED IN ORDER TO RECEIVE A GRADE FOR THE CLINICAL COMPONENT. The student is responsible for ensuring that the preceptor receives and completes the evaluation. A grade of “U” (unsatisfactory) will be assigned for students who fail to return a completed evaluation.**
- 2.5 hours of clinical time may be spent in preparation and analysis of the clinical practicum activities and may be used as clinical hours.

**Neighborhood Assessment:** This activity is a method for the student to assess the community for resources and health risks.

- Students will be assigned in groups to visit a zip code (or zip codes) in the Syracuse area.
- One class period will be allowed for groups to work on this assignment; however the assignment does not need to be done during that time.
- The Neighborhood Assessment tool gives an example of what types of observations should be included is found in appendix A.
Part of class on March 17, 2011 will be devoted to discussion of the assessments in a seminar format.

Each student will submit a completed Windshield Survey summary in APA format on the activity due date for grading. This assignment is 15% of the course grade.

**Community Risk Assessment:** Using the information gathered via the neighborhood assessment, each student group will identify one community health risk. This health risk will be used as the basis for a group presentation. The grade for this presentation will be based on:

- Identified risk factor and evidence to support that this is a significant problem. This should reflect significant research into the demographics, economy, and health issues of the area. (10 points).
- Literature review. The group is to utilize at least five (5) citations published since 2003 which provide evidence that the identified issue is a significant health concern and support its identification as a major health problem for the Syracuse community. Citations should include at least 2 journal articles and 1 book. This is submitted in the form of a reference list (in APA format) one week before the group is assigned to present (5 points).
- Identify one realistic initiative that could be put in to place to assist in addressing this health risk. Describe the initiative in detail and how success would be measured. (10 points).
- Professional quality of presentation (5 points)
- **Presentations are scheduled for April 7 and 14, 2011 and are worth 35% of the course grade.**

**Tests:** Four quizzes based on readings, lectures and course activities will be given. Quizzes will be a combination of objective and short answer format. *Each quiz is worth 10 points. The lowest quiz score will be dropped. 30% of the total course grade is based on quiz scores.*

Quiz dates are:

- February 17
- March 17
- March 31
- April 14

There are no make-up quizzes unless a written medical excuse is provided. If a student misses a scheduled quiz, the points are forfeited.

**Nursing Philosophy:** This capstone nursing course requires that the student submit a personal philosophy of nursing. The student will include a theoretical framework for the philosophy which shows a clear relationship to the student’s stated professional philosophy. *This paper is worth 10% of the course grade* and should be written in APA format. The philosophy is *due May 5, 2011.*

**Service Learning Project Guidelines**

**Purpose:** The purpose of this assignment is to apply the growth, development, and health promotion principles related to a group within the community and to achieve course objectives through service. Students are expected to devote at least 15 hours to this project. Several options will be offered for appropriate projects or the student may select a project of their own with the approval of the course faculty.
**Process:** For this assignment, the student will identify a health promotion activity within the community. The student will participate in this project as a professional in a meaningful way. This may include direct client care, instruction counseling or evaluation. Grading of this service project will be based on the following:

**Grading Criteria:**

1. Submission of a 1-3 page proposal which will include a description of the activity, target population, and objective of the activity. This must be submitted for approval at least 3 weeks prior to the scheduled activity, but no later than 10/7. (10 pts)
2. Student will submit a log of hours spent in preparation, participation, and evaluation of the activity. (10 pts)
3. The final paper, due no later than 12/2, will include a summary of the health promotion activity and address the following questions:
   
a. Provide a complete description of the project and how it unfolded. Please be specific. Provide data if possible. (20 pts)
   b. How were the *Healthy People 2010* objectives and indicators used to guide this health promotion activity? (10 pts)
   c. How did the health promotion strategy or intervention meet the needs of the target population? (10 pts)
   d. Can a theory or model of health promotion be applied to the activity? (5 pts)
   e. How were the issues such as developmental level and special needs of the patients addressed? (8 pts)
   f. How were the course objectives met through the service learning activity? (10 pts)
   g. How was individual learning and professional growth accomplished through the service learning experience? (7 pts)
   h. Use at least two current sources in addition to your text to complete the assignment. Include the references at the end of your paper. References must have a publication date within the last five years. APA format throughout. Writing will be graded on style, grammar and sentence structure. (10 pts)

**Website (this list is not all inclusive of those that may be helpful):**

- [www.healthypeople.gov](http://www.healthypeople.gov)
- [http://www.cdc.gov/nchs/healthy_people.htm](http://www.cdc.gov/nchs/healthy_people.htm)
- [www.realage.com](http://www.realage.com)
Directions:

Students should use this tool as a guide to making observations about the assigned area. Each student will submit a written summary of the assessment and use the data within the assigned group as a basis for the project.

Please comment on each of the following regarding your assigned survey area:

1. People:
   - what did you notice about the residents of the area?
   - Did you observe any activity?
   - What age groups are represented?
   - Are there any particular ethnic groups represented?
   - What is the socioeconomic status of the residents?

2. Area: Comment on the following
   - Land use
   - Housing conditions
   - Commercial space: stores, services, shops
   - Road conditions/walkways/natural boundaries
   - Open space/common areas

3. Environment:
   - Pollution
   - Hazards
   - Pets
   - Water conditions
   - Presence of agriculture
   - Transportation

4. Social system
   - Schools
   - Libraries
   - Museums
- Clubs
- Night life
- Churches/Synagogues
- Recreation facilities/Community centers
- Health Care facilities/offices
- Political influences
- Media presence

5. Select one nursing diagnosis for the selected area.
6. State your rational for the identified diagnosis
7. List several strategies that the community health nurse might use to address the identified diagnosis.

References

Appendix B

Clinical Practicum Guidelines
NSG440

Each student in NSG 440 is required to complete 45 hours of a clinical practicum experience. The clinical site is assigned by the course instructor.

The student responsibilities related to this experience are as follows:

1. Ensure that health records, CPR certification (course level as required by the agency) and OSHA blood-borne pathogen training are current and documentation is on file.
2. Contact the assigned agency preceptor and arrange for times to complete clinical hours.
3. Complete the learning contract to be presented to the preceptor along with the course objectives. Objectives must be approved by the course faculty PRIOR to engaging in clinical activity. Objectives may be changed during the experience, but initial objectives must be presented to the faculty by FEBRUARY 3, 2011 for approval or revision.
4. Notify the clinical coordinator of clinical schedule. Please make sure that any changes to the schedule are reported to the clinical coordinator immediately.
5. Complete all clinical practicum experience by APRIL 29, 2011.
7. Complete an evaluation of the assigned clinical practicum experience.
8. A maximum of 2.5 hours of clinical time may be used in preparation/analysis/journaling activities.
Appendix C

LeMoyne College
Nursing Department
NSG 440
Community Health Nursing
Clinical Practicum Evaluation

Please complete and include this form in the clinical practicum log.

Student name:

Clinical Hours Completed:

Clinical practicum agency:

Dates of experience(s):

Description of population:

Types of activities:

Identify the course objective(s) that were met through this experience and how the activity contributed to meeting the objective(s).

Identify the student developed objective(s) that were met through this experience and how the activity contributed to meeting the objective(s).
Student’s general thoughts regarding the experience.