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Get To Know Your Patient


Transitions of Care


Medical Conditions

Arrhythmia


Arthritis


Ng CT, Tan MP. Osteoarthritis and falls in the older person. Age Ageing. 2013 Sep;42(5):561-6. PMID: 23864423


Cardiovascular Disease/Myocardial Infarction


Cerebellar ataxia (and other neurodegenerative disorders)

Increased gait variability is associated with the history of falls in patients with cerebellar ataxia. J Neurol. 2014 Jan;261(1):213-23. PMID: 24263407

**Cerebrovascular Disease/Stroke**


**Alzheimer’s Disease/Dementia**


**Depression**


Stuart AL, Pasco JA, Jacka FN, Berk M, Williams LJ. Falls and Depression in Men: A Population-Based Study. Am J Mens Health. 2015 Oct 5 PMID: 26438469  {This is listed as an e-pub ahead of print}
Hemophilia


Impaired Hepatic Function/Liver Disease


Impaired renal function/Kidney disease


Incontinence


Infection


Lower Extremity arthroplasty


**Lower Extremity Injury/Pain**


**Lower Extremity Neuropathy**


**Malnutrition/Dehydration**


Multiple Sclerosis


Obesity


Pain


Parkinson’s Disease

Mayor S. Parkinson’s disease diagnosis is preceded by increased risk of falls, study finds. BMJ. 2016 Feb 4;352:i695. PMID: 26849893


**Seizures/Epilepsy**


Nguyen-Michel VH, Bornand A, Balathazar AM, Kinugawa K, Lâm XY, Piette F, Mariani J, Dupont S. Fall related to epileptic seizures in the elderly. Epileptic Disord. 2015 Sep 1;17(3):287-91. PMID: 26170208
**Medication Assessment**


Laflamme L, Monárrez-Espino J, Johnell K, Elling B, Möller J. Type, number or both? A population-based matched case-control study on the risk of fall injuries among older people and number of medications beyond fall-inducing drugs. PLoS One. 2015 Mar 27;10(3):e0123390. PMID: 25815483


Thorell K, Ranstad K, Midlöv P, Borgquist L, Halling A. Is use of fall risk-
increasing drugs in an elderly population associated with an increased risk of hip fracture, after adjustment for multimorbidity level: a cohort study. BMC Geriatr. 2014 Dec 4;14:131. PMID: 25475854


**Prescribing Tools**


Gallagher P, Ryan C, Byrne S, Kennedy J, O'Mahony D. STOPP (Screening Tool of Older Person's Prescriptions) and START (Screening Tool to Alert doctors to Right Treatment). Consensus validation. Int J Clin Pharmacol Ther. 2008 Feb;46(2):72-83. PMID: 18218287


**Falls Risk Inducing Drugs (FRIDs)**

**Anticholinergic**


**Anticholinergic Scales**


**Anticonvulsants**


**Antihypertensive**


**Antidepressants**


**Antipsychotics/neuroleptics**


**Benzodiazepines**


Darker CD, Sweeney BP, Barry JM, Farrell MF, Donnelly-Swift E. Psychosocial interventions for benzodiazepine harmful use, abuse or dependence. Cochrane Database Syst Rev. 2015;5:CD009652. PMID: 26106751


**Sedative/Hypnotics**


CNS Depressants


Dopaminergic agents


Hypoglycemic/Glucose lowering


Muscle Relaxants


**Opioids**


**Over-the-Counter**

Albert SM, Roth T, Toscani M, Vitiello MV, Zee P. Sleep Health and Appropriate Use of OTC Sleep Aids in Older Adults-Recommendations of a Gerontological


**ALTERNATIVES**

Ferreri S, Roth MT, Casteel C, Demby KB, Blalock SJ. Methodology of an ongoing, randomized controlled trial to prevent falls through enhanced pharmaceutical care. Am J Geriatr Pharmacother. 2008 Jun;6(2):61-81. PMID: 18675765