

Early Career Mentorship Program

Mentors 2018



David D. Clarke, MD

Medically Unexplained Symptoms (MUS) SIG Mentor

David D. Clarke, MD is President of the [Psychophysiological Disorders Association](#). He is also Assistant Director at the Center for Ethics and Clinical Assistant Professor of Gastroenterology Emeritus both at Oregon Health & Science University (OHSU) in Portland, OR. As Associate Faculty at Arizona State University and at the Cummings Graduate Institute he teaches Psychophysiological Medicine. Dr Clarke is board-certified in Gastroenterology and Internal Medicine and practiced Gastroenterology in Portland from 1984 to 2009. During that time he diagnosed and treated over 7000 patients whose symptoms were not explained by diagnostic testing. He has received numerous awards for patient care and has lectured extensively on Psychophysiological Disorders across North America and in Europe. He has appeared on over 100 television and radio broadcasts throughout the U.S. and has been a Visiting Professor at the Royal Children's Hospital in Brisbane, Australia and at Oxford University in England. His book *They Can't Find Anything Wrong!* was praised by a past president of the American Psychosomatic Society as "truly remarkable." For his own stress, he prescribes adventures with his five grandchildren, bicycling, travel, hiking among mountains, photography and meals by his wife Linda, occasionally all on the same day. Website is www.stressillness.com.



Christopher L. Hunter, Ph.D., ABPP

Primary Care Behavioral Health (PCBH) SIG Mentor

Christopher (Chris) L. Hunter graduated from the University of Memphis with his Ph.D. in clinical psychology with a specialization in behavioral medicine. He is board certified in clinical health psychology and works for the Defense Health Agency as the Department of Defense (DoD) Program Manager for Behavioral Health in Primary Care. As the DoD lead for the last 9 years, he has worked to develop policy, secure funding, and oversee the rollout of primary care behavioral health services for Military Health System enrollees.

He has extensive experience developing integrated primary care behavioral health services as well as training individuals to work in primary care settings treating common mental health conditions (e.g., depression), health behavior problems (e.g. tobacco use, obesity) and chronic medical conditions (e.g., diabetes, chronic pain). He is also a the lead author on the 2017 book, *Integrated Behavioral Health in Primary Care: Step-by-Step Guidance for Assessment and Intervention 2nd edition*, coauthor on the 2016 book, *Integrating Behavioral Health Into the Medical Home: A Rapid Implementation Guide* and a co-editor on the 2014 *Handbook of Clinical Psychology in Medical Settings: Evidence-based Assessment and Intervention*.



Larry Mauksch, M.Ed
Families in Health SIG Mentor

Larry Mauksch is a Clinical Professor in the Department of Family Medicine, University of Washington School of Medicine in Seattle and a national recognized speaker, consultant and trainer for health care system transformation. He has spent 30 years training medical students, residents, mental health professionals, practicing physicians and nurses in interviewing skills, team development, and the diagnosis and management of mental disorders. He is the co-editor of Families, Systems and Health: The Journal of Collaborative Family Health Care and is the past chair and founding board member of the Collaborative Family Health Care Association. He was member of the board, Society of Teachers of Family Medicine (STFM) and former chair of the STFM program committee, as well as a member of Council of Academic Family Medicine Competency Measurement Task Force He continues to serve as an STFM "On the Road" faculty. He was a core faculty in the Washington State Department of Health, Medical Home Collaborative. Mr. Mauksch designs training that combines the use of role models, peer coaching, video applications, and team based exercises for academic and community health care organizations.

Mr. Mauksch's areas of research include examining educational strategies to enhance the value of team and clinician communication on patient satisfaction, health outcomes and efficiency. He was the co—principal investigator of a 2009-2010 Picker Residency Education Challenge Grant studying the development and use of a patient centered care plan. He was the principal investigator of the Paired Observation and Video Editing (POVE) project to disseminate innovative training in communication skills to 7 medical schools. Mr. Mauksch developed the Patient Centered Observation Form (PCOF) to help trainees learn the skills, concepts and language of medical communication while observing provider patient interactions. Between 1998 and 2007 Mr. Mauksch designed and studied quality of care transformation and the integration of behavioral health in a primary care clinic serving only uninsured, low income adults in Grand Junction, Colorado.



Tawnya Meadows, PhD
Pediatrics SIG Mentor

Tawnya Meadows is a caring and trusted psychologist. Dr. Meadows completed her residency at the University of Nebraska Medical Center.

Dr. Meadows is a part of Geisinger Psychology. Her clinical interests include behavioral sleep medicine, autism spectrum disorder and developmental disabilities, pediatric psychology, and applied behavior analysis. She has treated and managed a diverse range of medical dysfunctions and is committed to providing the best comprehensive medical care available. She is devoted to ensuring the longevity of her patients' health and developing long-lasting relationships with them.



Hayley Quinn, PsyD
Pediatrics SIG Mentor

Dr. Quinn is interested in helping behavioral health professionals trained in integrated primary care transition to a pediatric specific setting. She has specialized training in ADHD and pediatric behavioral nutrition, and has additional interests in infant/toddler behavior and parenting.



Jeff Reiter, PhD, ABPP
Primary Care Behavioral Health (PCBH) SIG Mentor

I'm happy to be participating in CFHA's Early Career Mentor program. I have been a member of CFHA since 2005, and have done my best to contribute to its development as an organization over the years. There are few more meaningful ways to help grow an organization than by helping mentor the careers of promising new members. I am a clinical psychologist, and in my day job I help lead a new integrated primary care service at Swedish Medical Group, in Seattle. From 2002-2015, I did similar work for HealthPoint, a large FQHC in Seattle. I still view myself primarily as a clinician, and go to great lengths to spend the majority of my time seeing patients in primary care despite a heavy administrative load. However, I also spend a great deal of time in non-clinical activities related to integration. I am the co-author (with Patricia Robinson, PhD) of one of the leading books on primary

care integration, titled "Behavioral Consultation and Primary Care: A Guide to Integrating Services" (2006; 2nd edition in 2016). I also consult with primary care organizations around the country that are integrating, as an Associate with Mountainview Consulting Group Inc. In 2009, Mountainview and I were awarded an "APA Presidential Award for Innovative Practice" for our integration work. I am also on the faculty of the DBH program at Arizona State University, a new degree program that trains mid-career mental health professionals to work in primary care. As a CFHA member, I have attended almost every conference since 2005, typically giving several presentations each year. In 2014, I co-lead development of the PCBH SIG, which I also co-chaired until 2016. I also am currently the co-chair of CFHA's new Regional Education Committee, and I am a CFHA Board Member. I welcome the opportunity to add mentoring to my CFHA plate. Individuals will be most likely to benefit from working with me if interested in the PCBH model, and in-the-trenches discussions of managing and practicing in primary care.



Patti Robinson, PhD

Primary Care Behavioral Health (PCBH) SIG Mentor

Patricia Robinson, Ph.D., currently works for Mountainview Consulting Group, Inc. During her career she has worked in a number of areas with particular interest and emphasis in integrating behavioral health services into primary care clinics and research and training in Acceptance and Commitment Therapy (ACT). Dr. Robinson has over 46 professional publications, 74 presentations, posters and papers, and 73 professional workshops to her credit. In the area of ACT, Dr. Robinson has been a pioneer of this form of evidence-based therapy. She has presented workshops in Canada, Denmark, Sweden, Australia, Hong Kong, the Netherlands, Germany, Spain, Great Britain and Italy, as well as the United States. A long-time friend of the community health centers, public health departments and the Air Force, Dr. Robinson has consulted with clinics in rural and urban

areas across the United States and with the Air Force continually since their inception of primary care behavioral health services.

Her mentoring interests include clinician resilience, transdiagnostic clinical interventions, and work force development.



David B. Seaburn, PhD, LMFT

General Membership Mentor

David B. Seaburn, PhD, LMFT was an Assistant Professor of Psychiatry and Family Medicine at the University of Rochester Medical Center for nearly twenty years. In Psychiatry, Seaburn was Director of the Family Therapy Training Program; in Family Medicine, Seaburn was Coordinator of the Highland Family Medicine's Psychosocial Medicine Rotation. With his clinical practice in family medicine, Seaburn was a pioneer in medical family therapy and collaborative healthcare, co-authoring two seminal books, *Family-oriented Primary Care* (1st Ed, 1990, McDaniel, Campbell, Seaburn) and *Models of Collaboration* (1996, Seaburn, Lorenz, Gunn, Gawinski, Mauksch) as well as over sixty professional papers. Seaburn was a member of the inaugural Board of CFHA, as well as its treasurer; he was a department editor for the journal *Families, Systems, and Health*. Retired now, he is

a novelist and blogger for *Psychology Today* magazine.

Seaburn's interests include: collaborative practice between mental health and healthcare professionals; clinical care of families facing chronic and terminal illnesses; developing partnerships in healthcare settings; systems consultation; physician-patient communication; writing for publication.