



# ESSKA Advanced Knee Arthroscopy Course - ALL about Meniscus

**11-12 December 2017** in Rotterdam, The Netherlands



The ESSKA Advanced Knee Arthroscopy Course is designed to provide certified Orthopaedic Surgeons thorough didactic and practical training in challenging disorders of the knee from renowned ESSKA Faculty using state of the art surgical facilities.

## ESSKA Faculty



**Prof. Martin Lind**  
*Course Chairman*  
Department of Orthopaedics  
Aarhus University Hospital  
Århus, Denmark



**Dr David Dejour**  
Lyon-Ortho-Clinic  
Clinique de la Sauvegarde  
Lyon, France



**Assoc. Prof. Karl Eriksson**  
Stockholm South Hospital,  
Stockholm, Sweden



**Dr Marc Jacob Strauss**  
Oslo University Hospital  
Oslo, Norway



**Dr Vincenzo Condello**  
Ospedale Sacro Cuore-  
Don Calabria,  
Verona, Italy



**Dr Bas Pijnenburg**  
Acibadem International  
Medical Centre  
Amsterdam, The Netherlands

## Course objectives

- understand the decision-making process involved in choosing the appropriate surgical approach in challenging disorders of the knee
- observe and practise the state of the art surgical technique
- be able to discuss the management of disorders with the ESSKA Faculty dedicated to training

# Programme

## Monday, 11 December

Start	End		
07:45	08:00	Registration	
08:00	08:10	Welcome and Introduction	<i>D. Dejour M. Lind</i>
08:10	08:20	How to access to meniscus (arthroscopic portals)	<i>D. Dejour</i>
08:20	08:30	How to optimize the meniscus healing	<i>M. Lind</i>
08:30	08:40	How to do a non-traumatic meniscectomy	<i>M. Strauss</i>
08:40	08:50	Questions to the "teachers"	
08:50	09:00	Coffee break	
09:00	11:30	<b>First Lab Session:</b> The portals and approaches a. Portals b. Needling c. Postero-medial d. Postero-lateral	
11:30	12:15	Lunch	
12:15	12:35	Question to "teachers" about surgical indications (morning session)	
12:35	12:45	How to suture a Ramp lesion (video)	<i>V. Condello</i>
12:45	12:55	How to do suture a root tear	<i>K. Eriksson</i>
12:55	15:30	<b>Second Lab. Session:</b> A: Meniscectomy Partial to Total B: Meniscus sutures - All inside - Outside-in	
15:30	15:45	Coffee break	
15:45	16:05	Question to "teachers" about surgical indications	

## Tuesday, 12 December

Start	End		
08:00	08:10	Is meniscal allograft or substitute an option?	<i>B. Pijnenburg</i>
08:10	10:40	<b>Third session:</b> A: Root tears - Different techniques and fixation - Bone or soft fixation and sutures B: Meniscal graft	
10:40	10:55	Coffee break	
10:55	11:15	Question to "teachers" about surgical indications	
11:15	11:30	Closure and Meeting Evaluation	<i>D. Dejour</i> <i>M. Lind</i>
11:30	12:15	Lunch	

## Course Venue

### Erasmus MC

'S-Gravendijkwal 230  
Rotterdam  
3015 CE  
The Netherlands

Phone: +31 10 704 0704

## Hotel Information

### Intel Hotels Rotterdam Centre

Leuvehaven 80  
Rotterdam – 3011 EA  
The Netherlands

Phone: +31 (0)10 413 4139

## Transfers

### Nearest airport are:

Rotterdam The Hague Airport: 20 minutes by car  
Amsterdam Schiphol Airport: 60 minutes by car

Ground transportation to and from Rotterdam The Hague Airport and Amsterdam Schiphol Airport can be arranged

## Other Details

**Course Language:** English

**Dress Code:** Business casual

**Registration Fee:** 500€ (upon selection)

ESSKA covers the following for selected candidates:

- travel reimbursement up to 350€
- selected transfers in The Netherlands
- accommodation - 2 nights\*
- lunches and dinner

\* Accommodation for the nights of 10 and 11 December is included in the registration fee. Please request an additional night (12 December) at a discounted rate if required. You will need to arrange payment for the additional night directly with the hotel upon departure.



## Contact Information

Course information, registration  
and general queries

### **ESSKA**

Joseph Ramesh  
Education Coordinator, Luxembourg  
Email: [courses@esska.org](mailto:courses@esska.org)  
Phone: +352 4411 7027

Logistics - Transfer Bookings  
and on-site queries

### **On-site Contact**

Stefan Krabbendam  
Skills Lab Coordinator, Rotterdam  
Email: [s.krabbendam@erasmusmc.nl](mailto:s.krabbendam@erasmusmc.nl)  
Phone: +31 (0)10 703 8283