



Advanced Competency in Home Health (ACHH)

an advanced program for physical therapists in the home health setting

2-Day Live Training Overview

DESCRIPTION: The Advanced Competency in Home Health program is a hybrid program consisting of core and elective on line modules and a 2-day live face to face course. This 2-day program includes learning labs, a review of and training in skills introduced in the online pre-requisite courses in assessment, evaluation, examination and plan of care with exercise prescription for those therapists working in the unique environment of the home health setting.

LEARNING OBJECTIVES

Upon completion of this course, you will be able to:

1. Demonstrate effective assessment and examination skills for clients in the home health setting with appropriate supportive documentation.
2. Perform effective balance and fall risk screen and examination.
3. Formulate an evidenced based treatment plan of care and exercise prescription for clients in the home health setting.
4. Critically analyze the behavioral change process for application to clients in the home health setting.

SAMPLE COURSE SCHEDULE (Varies, depending upon venue) – 15 contact hours

Day 1

7:30 – 8:00	Check-in
8:00 – 8:15	Welcome and introduction of objectives
8:15 – 9:15	Evidence-based discussion regarding examination and assessment in the home health setting
9:15 – 9:30	15 minute break
9:30 – 11:30	Lab: training and competency assessment for skills training and clinical decision-making related to physical therapy examination and assessment in the home health setting
11:30 – 12:30	Legal and ethical issues: analyzing the issues related to the skills reviewed and demonstrated previously
12:30 – 1:30	Lunch
1:30 – 2:15	Evidence-based discussion regarding balance and fall risk screening and evaluation
2:15 – 4:15	Lab: training and competency assessment for skills and clinical-decision making related to balance and fall risk screening and evaluation
4:15 – 4:30	15 min break
4:30 – 5:00	Documentation of the day's experience: How to document skilled need and intervention and meet regulatory requirements timely and efficiently

Day 2

8:00 – 8:15	Analysis of day 1 with questions and answers as needed
8:15 – 9:45	Real life OASIS walk through: How to complete the OASIS in a timely, accurate and thorough manner
9:45 – 10:00	15 min break
10:00 – 11:30	Evidence-based discussion regarding effective communication to all stakeholders and how to document it
11:30 – 12:30	Evidence-based discussion regarding the plan of care and exercise prescription
12:30 – 1:30	Lunch
1:30 – 3:30	Lab: training and competency assessment for plan of care and exercise prescription, including skill training, demonstration, and sign off.
3:30 – 3:45	15 min break
3:45 – 4:45	Evidence-based discussion regarding the theories of and facilitation of behavioral change
3:45 – 4:00	Wrap up, question and answer