



May 1, 2016

IAYT Certification Renewal and Continuing Education Requirements

Renewal of Certification is required every 3 years. To be eligible for renewal you must:

- Maintain your annual IAYT membership
- Submit documentation of at least 24 hours of IAYT approved continued education.
- Pass the IAYT Ethics Quiz (to be available online beginning in 2017)

Continuing education hours can be acquired through a variety of sources, including:

1. Completing courses and workshops that support one or more of the IAYT Educational Competencies for yoga therapists. For example, participating in the IAYT conferences, SYTAR and SYR, may count up to 22 and 15 continuing education hours respectively.
2. Teaching yoga therapy courses or workshops that support one or more of the IAYT Educational Competencies for yoga therapists (contact hours only).
3. Hours spent in individual clinical supervision with a mentor or in peer supervision groups with a mentor.
4. Passing the IAYT Ethics Quiz, for which you will receive credit for 2 hours of continuing education
5. Any American Red Cross (or international equivalent) CPR course will count as 1 continuing education hour.

Planning is underway for IAYT to set up a more formal process for approving continuing education courses, and to partner with other organizations to offer IAYT-approved CE courses. More information about this will be shared with IAYT members once this initiative is underway.

We anticipate that the continuing education requirements for subsequent renewals of certification will be revised in the future as we engage in efforts to increase CE options and further develop our continuing education approval process.

The following form will be used to submit your continuing education upon application for renewal.

IAYT Certification Renewal and Continuing Education Requirements

IAYT Certification Renewal Continuing Education Submission Form					
Source	Activity Name	Date	# of Hours	IAYT Competency Supported	Evidence
EXAMPLE: xyz Yoga Therapy Training Program	Yoga Therapy for Stress Management workshop	January 6–8 2017	12	Areas 2, 3, & 4: Biomedical and Psychological Foundations; Teaching and Therapeutic Skills Yoga Therapy Tools and their Application	certificate
EXAMPLE: IAYT Online	Ethics Quiz	April 2017	2		C-IAYT member record