

FINAL RULES - **December 2015:** Eligibility Pathways to IAYT Yoga Therapist Certification

**Eligibility Pathways for IAYT Yoga Therapist Certification**

There are three (3) eligibility pathways by which you may qualify for IAYT Certified Yoga Therapist (C-IAYT). Please review the information below and identify which pathway best suits your situation.

More details for the Grandparenting Pathways are available on the website under Certification – Grandparenting.

Ways to Qualify	Who Should Follow this Pathway	Required for Submission	Comments
Graduate of IAYT-Accredited Yoga Therapy Training Program	Your date of graduation for the IAYT Accredited Training Program was <b>AFTER that program's accreditation date.</b>	<ol style="list-style-type: none"> <li>1. Application</li> <li>2. Graduation certificate</li> <li>3. Current IAYT member AND agree to the IAYT Code of Ethics and Grounds for Disciplinary Action</li> <li>4. \$250 application fee</li> </ol>	Application submissions will be accepted continuously following release of the application (projected date <b>June 2016</b> ). Certification is for 3 years with modest continuing education requirements for initial renewal.
Grandparenting Pathway 1: Formal Education Plus Yoga Therapy Client Contact Hours of at least 150 hours	<p>You have at least 200 hours of yoga teacher training  <b>AND</b> have accumulated a total of at least 300 HOURS of yoga therapy training in no more than 3 different programs  <b>AND</b> at least ONE of the training programs is a completed formal yoga therapy training program which began prior to <b>January 1, 2014</b>  <b>AND</b> you have at least 150 hours of client contact hours  <b>AND</b> all requirements have been completed by <b>January 1, 2017</b>  <b>AND</b> prior to submitting the application, whichever comes first.</p>	<ol style="list-style-type: none"> <li>1. Application</li> <li>2. RYT 200 (or equivalent) documentation</li> <li>3. Training Log and documentation (including completion evidence from formal yoga therapy program)</li> <li>4. Client Contact Hours Log</li> <li>5. Yoga Resume</li> <li>6. Current IAYT member AND agree to the IAYT Code of Ethics and Grounds for Disciplinary Action</li> <li>7. \$250 application fee</li> </ol>	Application submissions will be accepted for a period of <b>1 year following release of the application (projected date June 2016)</b> . Certification is for 3 years with modest continuing education requirements for initial renewal.
Grandparenting Pathway 2: Seasoned Yoga Therapy Practitioner	<p>You began practicing as a yoga therapist prior to <b>January 1, 2008</b>  <b>AND</b> you have at least 200 hours of yoga teacher training  <b>AND</b> you have accumulated at least 1000 hours composed of:</p> <ul style="list-style-type: none"> <li>•700 hours or more of sustained yoga therapy client contact hours across your years of practice.</li> <li>•The remaining 300 hours can be achieved through:                             <ul style="list-style-type: none"> <li>•Additional yoga therapy client contact hours,</li> <li>• Yoga therapy training, and/or</li> <li>•Teaching in a yoga therapy training program</li> </ul> </li> </ul> <p><b>AND</b> all requirements have been completed by <b>January 1, 2017</b>  <b>AND</b> prior to submitting the application, whichever comes first.</p>	<ol style="list-style-type: none"> <li>1. Application</li> <li>2. RYT 200 (or equivalent) documentation</li> <li>3. Yoga Resume</li> <li>4. Estimated Yearly Hours Log</li> <li>5. Yoga Therapy Client Contact Log</li> <li>6. Yoga Therapy Training and/or Teaching Log and documentation (if applicable)</li> <li>7. Current IAYT member AND agree to the IAYT Code of Ethics and Grounds for Disciplinary Action</li> <li>8. \$250 application fee</li> </ol>	Application submissions will be accepted for a period of <b>1 year following release of the application (projected date June 2016)</b> . Certification is for 3 years with modest continuing education requirements for initial renewal.