



November 1, 2017

## IAYT Certification Renewal and Continuing Education Requirements

**Renewal of Certification is required every 3 years. To be eligible for renewal you must:**

- Maintain your annual IAYT membership
- Submit documentation of at least 24 hours of IAYT approved continued education.
- Pass the IAYT Ethics Quiz (to be available online beginning in 2018)

Continuing education hours can be acquired through a variety of sources, including:

### Attendance/Participation directly with IAYT:

1. Participating in the **IAYT conferences**, (**SYTAR** and **SYR**, will count up to 22 and 15 continuing education hours respectively. These hours are awarded automatically by management confirmation of attendance.)
2. Passing the IAYT Ethics Quiz, for which you will receive the required credit for 2 hours of continuing ethics education. This is a requirement for all C-IAYT holders. (These hours are awarded automatically by management upon successfully passing the quiz.)

Attendance/Participation outside of IAYT: *(The following are the types of training, participation, activities that may be submitted by using the form below for individual approval by IAYT.)*

1. **Completing courses and workshops** that support one or more of the competencies identified within the *IAYT Educational Standards for the Training of Yoga Therapists*.
2. **Teaching** yoga therapy courses or workshops that support one or more of the **competencies** (contact hours only). **ONLY** the first case of teaching the course/workshop may be submitted for consideration.
3. Hours spent in **individual clinical supervision with a mentor or in peer supervision groups** with a mentor that support one or more of the **competencies**.
4. Any American Red Cross (or international equivalent) CPR course will count as 1 continuing education hour.

### Additional Information About Future Plans

Planning is underway for IAYT to set up a more formal process for approving continuing education courses/programs/workshops, and to partner with other organizations to offer IAYT pre-approved CE courses. More information about this will be shared with IAYT members once this process has been structured.

The continuing education requirements for subsequent renewals of certification will be revised in the future as we engage in efforts to increase CE options and further develop our continuing education approval process.

### About this Submission Form

The form found here will be used to submit your continuing education for course work that you have completed since you received your C-IAYT. **You MUST have a certificate or letter of completion from the program that you will submit with this application. Be sure you have this in digital form on your computer so that you can upload as requested when requested.**

The following is a sample form that must be completed online.

# IAYT Certification Renewal and Continuing Education Requirements

<b>Section 1: Member Information</b>	
First Name *	<input type="text"/>
Last Name *	<input type="text"/>
Find Your Member Number	
<a href="#">Click here for your Member Number</a>	
Member Number *	<input type="text"/>
Zip/Postal Code *	<input type="text"/>
State/Province *	<input type="text"/>
Country *	<input type="text"/>
Email Address *	<input type="text"/>
<b>Section 2. Continuing Education Submission Information</b>	
Title of course/ workshop/training *	<input type="text"/>
Faculty name(s), credentials and contact information	<input type="text"/>
Location	<input type="text"/>
Dates of training	<input type="text"/>
Total CE Credits being submitted with this fo rm	<input type="text"/>
<b>Section 3: Educational Competencies Supported</b>	
PLEASE CHECK ALL THAT APPLY. More details about each of these categories can be found at on the IAYT.org website and may be accessed below.	
check all that apply *	<input type="checkbox"/> Category 1.1. Yoga Teachings and Philosophy <input type="checkbox"/> Category 1.2. Yoga and the Mind <input type="checkbox"/> Category 1.3. Framework for Health and Disease <input type="checkbox"/> Category 2.1. Anatomy and Physiology <input type="checkbox"/> Category 2.2. Additional Biomedical Knowledge <input type="checkbox"/> Category 2.3. Psychology and Mental Health <input type="checkbox"/> Category 2.4. Additional Biomedical/Psychological Knowledge <input type="checkbox"/> Category 2.5. Body and Mind Integration <input type="checkbox"/> Category 3.1. Yoga Therapy Tools <input type="checkbox"/> Category 3.2. Basic Principles of the Therapeutic Relationship <input type="checkbox"/> Category 3.3. Principles and Skills for Educating Clients/Students <input type="checkbox"/> Category 3.4. Principles and Skills for Working with Groups <input type="checkbox"/> Category 4.1. Providing Yoga Therapy <input type="checkbox"/> Category 5.1. Ethical Principles <input type="checkbox"/> Category 5.2. Legal, Regulatory, & Business Issues <input type="checkbox"/> Category 5.3. Relationships with Peers, Mentors, Clinicians, & Organizations <input type="checkbox"/> Category 5.4. Personal & Professional Development & Continuing Ed

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## TRAINING DETAILS

Please provide a BRIEF description of the continuing education being submitted. **Include how it meets the competency areas selected above.**

Review the *Standards* for details of the competencies:

Description

## Section 4: Evidence

Upload certificate or letter of training completion \*

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## Review and posting of CE Credit to Profile

### What happens next..

When the CE form is successfully submitted you will receive a screen with a submission number on it. Save this for follow up if needed. The IAYT Certification Team will receive notification of the forms when received and post the credits to your profile within 90 days. You may check your profile at any time to see your CE credits.

If you have questions or problems please use the Contact Us link on our website to reach us.

***Thank you for supporting your profession through continuing your yoga therapy education.***