ICS CME CREDIT QUIZ: 1 CREDIT HOUR CATEGORY 1

To earn credit, read the CME credit articles and answer the questions below. Circle your answer and return to the ICS per instructions at the end of the quiz. To earn credit, a minimum score of 70% must be obtained. Each quiz may be submitted only once for credit consideration and must be submitted within one year after the date of issue.

ACA News, March 2016

ALCOHOL ABUSE (P. 14 – 17)

1. How many people died from alcohol induced causes including DUI & accidents in 2014?
   A. 28,647
   B. 30,722
   C. 57,869
   D. 90,000

2. Which of the following has 14 grams of pure alcohol?
   A. 3 oz. wine
   B. 0.5 oz. distilled spirits
   C. 12 oz. beer
   D. None of the above

3. Which of the following is related to an increased risk for alcohol related problems?
   A. Men 1 beer/day
   B. Women 3 drinks/day
   C. Men 10 drinks/week
   D. Women 5 drinks/week

MODIFIED COX (P. 24-26)

4. What is the prevalence for LBP in pregnancy [%]?
   A. 41
   B. 51
   C. 61
   D. 71

5. What percent of pregnancy related LBP cases improved post chiropractic therapy in a retrospective case series?
   A. 76.2
   B. 84.1
   C. 90
   D. 94.1

6. What percent of 115 pregnant LBP patients improved at one week?
   A. 52
   B. 70
   C. 85
   D. 90

PRINT NAME: _______________________________________________
ADDRESS: _______________________________________________
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I attest that I have read the articles and answered the test questions for this issue 3/16.

SIGNATURE: _______________________________________________
DATE: ______________

To receive credit, mail this page with a self-addressed stamped envelope and a check, when fee* is applicable to:

ILLINOIS CHIROPRACTIC SOCIETY
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