SUCCESSFUL LYMPHEDEMA MANAGEMENT & COMPLETE DECONGESTIVE THERAPY

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CROSS COUNTRY EDUCATION
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PRICING INFORMATION

<table>
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<tr>
<th>Single Registrant</th>
<th>Early*</th>
<th>$189</th>
<th>Regular</th>
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<td>5 or more**</td>
<td>$169 ea.</td>
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*Registrations received 10 days prior to seminar date.
**Price per person when registering at the same time.

I would like a set of Course Audio CDs with my Registration $59 + $8 S&H

COURSE AUDIO CDs

I cannot attend this seminar, but would like a set of Audio CDs & Course Manual $189 + $8 S&H

PAYMENT INFORMATION

# of Registrants

Total $ 

Check Enclosed

Purchase Order # ________

Payable to: Cross Country Education

Credit Card: ☐ Visa / MC ☐ Discover ☐ AmEx

Card Number

Name on Card

Exp. Date

Security Code

Authorized Signature

PLEASE INCLUDE ALL REGISTRATION FORMS WITH PAYMENT

SUCCESSFUL LYMPHEDema MANAGEMENT & Complete Decongestive Therapy

Through this evidence-based program, learn the gold standard of therapy for lymphedema – Complete Decongestive Therapy.

- Gain the tools to properly treat the complicated pathology of lymphedema
- Examine the anatomy and physiology of the lymphatic system
- Recognize and appreciate the clinical presentation of a patient with lymphedema
- Study of treatment interventions including an in-depth

- Fortify your knowledge of treatment interventions including an in-depth

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Successful Lymphedema Management & Complete Decongestive Therapy

The Keys to Successful Treatment & Management of Lymphedema

Lymphedema is a complex condition that affects millions of Americans. It is a disease all too often caused by surgery, sedentary living, cancer therapy, poor vein health, infection, and a host of other reasons. Lymphedema results from damaged lymph nodes or lymph vessels which cause an atypical accrual of protein-rich edema due to impaired transport capacity from the lymphatic system, carrying bacteria, viruses, and other waste products away from the body. This results in chronic, painful soft tissue swelling limiting a patient’s ability to walk and perform even the most basic activities of normal daily living. The current supply of lymphedema therapists is estimated to be just 1 to every 100,000 lymphedema patients, creating a vast shortage of those who can provide adequate care for this growing population.

This course provides clinicians with a thorough understanding of the lymphatic system and the complex pathology of lymphedema. Attendees will be able to recognize the clinical presentation of lymphedema and appreciate the importance of Complete Decongestive Therapy (CDT). This seminar will not only help you treat your patients, but will also assist you in teaching them proper life and limb saving self-care techniques.

Course Director

DOUGLAS YARBORO, DPT, MPT, MBA, CWS, ICLM, is a Licensed Physical Therapist and is a Certified Wound Specialist. He currently instructs doctorate physical therapy students at Winston-Salem State University. Dr. Yarboro is Director of Wound Care Services for United Rehab Specialist, LLC. He is also the Director of the Wound Care Center and Lymphedema Clinic of Northern Hospital of Surry County.

Dr. Yarboro is a graduate of Elon University with both a master’s and doctoral degree in Physical Therapy. He received an International Certification in Lymphedema Management in 2007. He specializes in wound care and published an original research study in 2013 in Advances in Skin & Wound Care.

Connect with Us!
Course Hours
Registration begins at 7:30 a.m. The seminar begins at 8:00 a.m. and concludes at 3:30 p.m. Coffee/hot tea provided in a.m. One-hour break for lunch on your own. For late arrivals or early departures, please see amended certificate information under Continuing Education Credit.

COURSE CONTENT

OVERVIEW OF LYMPHATIC SYSTEM
- Anatomy of lymphatic system
- Physiology of lymphoid tissue
- Description of lymphatic circulation
- Lymph propulsion

PATHOPHYSIOLOGY OF LYMPHEDEMA
- Stages of lymphedema
- Primary lymphedema
  - Congenital malformations
- Secondary lymphedema
  - Post breast cancer
  - Trauma
  - Venous complications

DIAGNOSTIC IMAGING
- Lymphoscintigraphy
- Xeroradiography
- CT scans

COMPLETE DECONGESTIVE THERAPY
- Manual lymphatic drainage techniques
- Multi-layer bandaging techniques
- Patient education
- Patient exercises

DIFFERENTIAL DIAGNOSES
- Lipedema
- Chronic venous insufficiency
- Venous-lymphostatic insufficiency
- Generalized edemas
- Edema during pregnancy
- Acute Inflammation

INTERMITTENT PNEUMATIC COMPRESSION THERAPY

LYMPHEDEMA CASE STUDIES

Dates & Locations

EVANSVILLE - Aug 27, 2014
Holiday Inn Evansville
7101 Hwy 41 N, Evansville, IN 47725  812-867-7999

LOUISVILLE - Aug 28, 2014
Crowne Plaza Louisville Hotel
830 Phillips Ln, Louisville, KY 40209  502-367-2251

LEXINGTON - Aug 29, 2014
Hyatt Regency Lexington
401 W High St, Lexington, KY 40507  859-253-1234

INDIANAPOLIS - Sept 10, 2014
Crowne Plaza Indianapolis Airport
2501 S High School Rd, Indianapolis, IN 46241  317-244-6861

CINCINNATI - Sept 11, 2014
Embassy Suites Hotel Northeast
4554 Lake Forest Dr, Blue Ash, OH 45242  513-733-8900

COLUMBUS - Sept 12, 2014
Embassy Suites Dublin
5100 Upper Metro Pl, Dublin, OH 43017  614-790-9000

What You Will Learn
- Identify four major components and their functions in the lymphatic system
- Describe the pathology of lymphedema
- Distinguish the clinical presentation of lymphedema
- Evaluate two different types of lymphedema
- Articulate an understanding of Complete Decongestive Therapy
- Identify clinical resources utilized in lymphedema management

Who Should Attend
- Physical Therapists
- Physical Therapist Assistants
- Occupational Therapists
- Occupational Therapy Assistants
- Massage Therapists
- Nurse Practitioners
- Nurses
- Physicians

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AUDIO PRODUCTS

Audio products include a comprehensive CD recording and companion course manual. If you are registered to attend this seminar, you may order a set of CDs at a reduced fee. Pricing can be found on the registration form, along with shipping and handling. All pricing given in US currency; please call for international rates. You can order online at our website, by faxing or mailing the registration form on this brochure, or by calling 800-397-0180 or 615-331-4422. All material is under copyright; any duplication is unauthorized without written consent from Cross Country Education. Products in stock will typically ship within 5-7 business days. Call for availability.

CONFIRMATIONS & CANCELLATIONS

Confirmations of registration are sent via e-mail within three days of receipt in our office. Add customerservice@crosscountryeducation.com to your e-mail address book to ensure delivery. If you have not received a confirmation, you may call our office at 800-397-0180 or 615-331-4422 to verify registration. Cancellations received at least five working days before the event are refundable, minus a $20 administrative charge per registrant. There is no refund for cancellations received later; however, a credit will be issued toward another live seminar, webinar, audio, video, or online product. All returned audio and video products and materials must be received in original condition before a voucher can be made.

FOR ADVICE OR ASSISTANCE, CALL

REGISTRATION OFFICE

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Continuing Education Credit

Physical Therapists: This program has been submitted to the Kentucky Physical Therapy Association for approval of 6 contact hours. This program has been submitted for 6 CEUs to the Ohio Physical Therapy Association for Physical Therapists and Physical Therapy Assistants. This program has been submitted to the Illinois Physical Therapy Association for approval of 6 credit hours. This meets the IN-PT approval under 844 IAC 6-8-5 Approved Organizations #9, please contact IN Board or Association if you have questions.

Nurse Practitioners: Cross Country Education is accredited by the American Association of Nurse Practitioners as an approved provider of nurse practitioner continuing education. Provider number: 060313. This program was planned in accordance with AANP CE Standards and Policies and AANP Commercial Support Standards. This course is offered for 6.0 contact hours.

Nurses: Cross Country Education, LLC. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation. This course is offered for 6 contact hours.

Cross Country Education is an approved provider with the Iowa Board Of Nursing, approved provider #328. This course is offered for 7.2 contact hours. Cross Country Education is approved by the California Board of Registered Nursing, Provider #CEP 13345, for 7.2 contact hours. Cross Country Education is an approved provider by the Florida Board of Nursing, provider #50-466. This course is offered for 6.0 contact hours.

Occupational Therapists: Cross Country Education is an AOTA Approved Provider of continuing education. This course is offered for .6 AOTA CEUs. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. AOTA Educational level Introductory, Category 1: Domain of OT, 2: Occupational Therapy Process.

Massage Therapists: Cross Country Education, LLC. is approved by the National Certification Board for Therapeutic Massage and Bodywork (NCTMB) as a continuing education Approved Provider. Provider #450123-06. This course is offered for 6 CE hours. 100% attendance is required for a Certificate of Completion to be issued, no variable credit is given.

Other professions: This educational offering qualifies for 6 continuing education hours as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific filing requirements.

All professionals: In order to process continuing education, please bring the appropriate license/certification number to the seminar.

Amended certificates: Please note that the credit hours listed above are offered by Cross Country Education and/or boards/associations for a full day’s attendance. In the event of late arrival and/or early departure, amended certificates indicating the actual number of credit hours earned will be provided upon calling Cross Country Education.

ADA: If you require ADA accommodations, please contact Cross Country Education at least two weeks before the seminar date so that arrangements can be made.

Eighth Annual
Rehab Summit
Conference & Expo
July 24-26, 2014
Nashville, Tennessee
Omni Hotel
www.RehabSummit.com • 866.303.9103

For details, visit www.CrossCountryEducation.com or call 800-397-0180

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