Using Everyday Objects to Achieve Extraordinary Results

Providing Interesting, Creative, and Innovative Treatment Sessions with Minimal Resources

Many rehab facilities are cutting back funds and budgets and therapists are left with very minimal supplies to meet the needs of their patients. It becomes tedious and boring for both the therapist and the patient to complete the same activities over and over. Many therapists need a recharge or a boost in creative treatment ideas to help motivate patients to achieve their full rehab potential. However, these innovative ideas must fit into the ever-decreasing treatment tool budget.

This educational offering teaches therapists how to look at common objects in a new and creative way for use in their work setting. A virtual tour is taken through hardware and home improvement stores to identify tools that are inexpensive and valuable when making modifications for patients. A “cookbook” of creative treatment plans is provided with items that cost less than $5, many of which are found in most homes or workplaces.

Course Director

MARTI SMITH, OTR/L, has been a practicing Occupational Therapist in school systems, with the 0- to 3-year-old population, and in geriatric rehabilitation for nearly a decade. Ms. Smith graduated from Indiana University in 1996. Her specialty is providing creative, quality care while working in low-income demographic areas. Out of necessity, she has developed many creative ways to look at common resources.

Cost to Register is $189

For more information on this and other programs, please contact us at:

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Continuing education available for Physical Therapists, and Occupational Therapists
What You Will Learn

- Evaluate adaptations for fine motor, oral motor, positioning, sensory, strengthening exercises through case studies.
- Identify treatment plans with inexpensive everyday objects, such as lamps, fans, and radios.
- Identify items available in local stores to make modifications for individual patients.
- Deduce how to creatively use common materials to increase motivational and participation with your patients.
- Formulate other perspectives on true life difficult treatment case studies.

Who Should Attend

- Occupational Therapists
- Occupational Therapy Assistants
- Physical Therapists
- Physical Therapist Assistants
- Nurses
- Nursing Home Administrators
- Athletic Trainers

COURSE CONTENT

- Using local stores (hardware, discount, pharmacy) to modify and adapt items for individual patient equipment and independence needs
- Turn lamps, fans and radios into a touch with a $12 appliance
- Using PVC to make inexpensive treatment tools for
  - strengthening
  - range of motion
  - adaptation
  - endurance
  - lab (Demo only)
- How to make inexpensive modifications (adapt a vacuum hose to the end of a recliner, use an ironing board as an incline board, use photo frames as slant/wipe boards, and many more!)
- Decrease boring, repetitious exercise routines by adding a creative spin (strap a flashlight to the body part and make patterns on the wall for ROM)
- Discover how other therapists have solved problems with limited space for daily living tools in cramped rooms
- Exploring creative treatment ideas
- Sharing successful innovations (homemade patterns, adaptations)
  - lab (demo only)
  - case study
- Therapist brainstorming and networking
  - lab (demo only) - case study
Continuing Education Credit

Physical Therapist: This program has been submitted to the Oklahoma State Board of Medical Licensure & Supervision for preapproval of 6 contact hours. This program has been submitted to the West Virginia Board of Physical Therapy for 6 Continuing Education hours. This program has been submitted to the Louisiana Physical Therapy Board for approval of 4.0 contact hours for Physical Therapists and Physical Therapy Assistants. This activity has been submitted to the FSBPT for certification. FSPT certification is accepted by the physical therapy regulatory boards/agencies in certain U.S. jurisdictions. This program has been submitted to the Florida Physical Therapy Association for approval of 7 contact hours. This program has been approved by the Pennsylvania State Board of Physical Therapy for a total of 6 contact hours of which 0 hours have been approved for Direct Access. PA Board Approval PTCE004718. This program has been submitted to the New Mexico Physical Therapy Association for 6 contact hours. This program has been submitted for 6 CEUs to the Ohio Physical Therapy Association for Physical Therapists and Physical Therapy Assistants. This program has been approved by the Maryland State Board of Physical Therapy for physical therapy and physical therapist assistant continuing education. This seminar is awarded 7.2 contact hours. This program has been approved by the Kentucky Physical Therapy Association for 6 contact hours (Category 1) Approval #CS74-2011-KPTA. This approval is valid until 10/31/2015. This course has been approved by the Maryland Board of Physical Therapy does not award CEUs for fractions of an hour per COMAR 10.38.08.02(B)(2) (ii). This program has been approved by the Arkansas State Board Of Physical Therapy for 6.0 contact hours for Physical Therapists. The Physical Therapy Board of California recognizes California Education Connection as an Approval Agency to Approve Providers of Continuing Competency Courses in California for Physical Therapists and Physical Therapy Assistants. This course is approved for 6 Ces/Contact Hours (CEC-D137). This program has been submitted to the Minnesota Board of Physical Therapy for 4 continuing education hours for category 1. This program has been submitted for 6 continuing education credits to the New Jersey State Board of Physical Therapy Examiners for Physical Therapists and Physical Therapy Assistants. This program has been approved by the Tennessee Physical Therapy Association for .6 CEUs (6 Contact Hours) TPTA Approval number 5044 for Class I Continuing Education Competency Requirement for Physical Therapists and Physical Therapy Assistants. This program has been submitted to the Illinois Physical Therapy Association for approval of 6 credit hours. This program has been submitted to the NV State Board of Physical Therapy Examiners for approval of CEUs. This course has been submitted to the Texas Board of Physical Therapy Examiners for 6 continuing competence unit(s) for PTs and PTA. This program has been submitted to the Arizona Physical Therapy Association for 6.0 hours. This meets the IN-PTh approval under 844 IAC 6-8-5 Approved Organizations #9, please contact IN Board or Association if you have questions.

Occupational Therapists and Occupational Therapy Assistants: Cross Country Education is an AOTA Approved Provider of continuing education. This course is offered for .6 AOTA CEUs. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. AOTA Educational level Introductory, Category 1: Domain of OT, 2: Occupational Therapy Process. Cross Country Education is an approved provider #50-466 with the Florida Department of Health Board of Occupational Therapy Practice. This course is approved for 6 contact hours for Occupational Therapist and Occupational Therapy Assistants.

Other Professionals: This educational offering qualifies for 6 continuing education hours as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific filing requirements.

All professionals: In order to process continuing education, please bring the appropriate license/certification number to the seminar.

Confirmanions & Cancellations

Confrmations of registration are sent via email within three days of receipt in our office. Add customerservice@crosscountryeducation.com to your email address book to ensure delivery. If you have not received a confirmation, you may call our office at 800-397-0180 or 615-331-4422 to verify registration. Cancellations received at least five working days before the event are refundable minus a $20 administrative charge per registrant. There is no refund for cancellations received later; however, a credit will be issued toward a future event or product order. Please note that if you register and do not attend, you are still liable for full payment. Substitutions may be made at any time. A refund or voucher will be issued to any participant who is registered to attend a seminar that is cancelled by Cross Country Education, LLC. The expense of continuing education, when taken to maintain and improve professional skills, may be tax deductible. Please contact your accountant for complete details.

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Our Guarantee

Cross Country Education is a national leader in high-quality educational products and services for the health care industry. We have trained over one million health care providers, managers, professionals, and key personnel through our seminars, conferences, and study programs. Our programs are guaranteed to improve the effectiveness and efficiency of participants. If you attend one of our live seminars or webinars, or purchase an audio, video, or online product, and do not receive the professional or business benefits described in our literature, or have some other professional complaint, please let us know in writing within seven days and we will issue a credit voucher that you or anyone in your facility may use toward another live seminar, webinar, audio, video, or online product. All returned audio and video products and materials must be received in original condition before a voucher or replacement is issued. You may contact us at Cross Country Education, P.O. Box 200, Brentwood, TN, 37024.