THE CERVICAL AND THORACIC SPINE
A Five Syndrome Based Diagnostic and Manual Therapy Treatment Approach

Become more effective in identifying the true origin of cervical, thoracic and shoulder pain

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PT, Dip. MT
MANUAL THERAPY EDUCATORS

LOCATION & DATE:
ROCKFORD, IL - May 22-23, 2010
Location: To Be Announced
NAPERVILLE, IL - June 5-6, 2010
Hilton Garden Inn - Naperville/Warrenville

Course Fee: $370 (register prior to 30 days before course) $405 (register within 30 days of course)
Payment is due in full at time of registration.
5% discount: 2 - 3 registrants
10% discount: 4 or more registrants
Registrations must be received together to receive discount
Accreditation: IPTA Approval pending 12 CEH’s
Course Confirmation: You should receive confirmation, by email, within 1 week of registering. Please check your junk/spam email folder, or contact us if you do not receive it. If you would prefer confirmation another way please indicate at the bottom of your registration form.
Intended Audience: Licensed PT’s, PTA’s
Instruction level: Various
Cancellation Policy: Payment includes a $50 non-refundable administration charge. Cancellation must be received more than 14 days prior to course. No refund will be given for cancellations less than 14 days before course, however credit will be given towards one of our future seminars.
Manual Therapy Educators reserves the right to cancel a course. In this case there will be a full refund. Manual Therapy Educators will not be responsible for any charges incurred by the registrant due to the cancellation of the course.
Clothing: It is suggested that the participant wear suitable clothing so the cervical and thoracic spine can be examined and treated in the lab sessions.

For more information please contact:
info@mteducators.com
Ph: 248-921-9170 (Course registration)
Ph: 248-921-9171 (Course information)

4 easy ways to register:
1. Online at: www.manualtherapyedu.com
2. Fax this form to: (248) 347-8221
3. Mail to: Manual Therapy Educators
21660 Phillip Dr.
Novi, MI 48375
(make check payable to Manual Therapy Educators)
4. Phone: (248) 921-9170

REGISTRATION FORM
THE CERVICAL & THORACIC SPINE
Please print clearly!

Location: ____________________________
Date: ____________________________
Fee (check one):
☐ $370 (register prior to 30 days before course )
☐ $405 (register within 30 days of course)
Name (as you would like it to read on your certificate):
________________________________________________________
Address: ________________________________________________
City: ____________________________________________________
State:________ Zip:______________________
Work Phone: (          ) _______________________
Home Phone: (          ) _______________________
E-Mail: __________________________________________
Profession (please circle and initial): PT   PTA ______
Visa / MC / AMEX / DIS (please circle)
Card #:
__________________________________________
Cardholder's name and address: (if different from above)
__________________________________________
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Exp. Date: /     Sec. code#: ____________
Signed:___________________________________
Confirmation will be by e-mail. Please check your junk/spam folders. If you prefer this another way, please circle:   mail   /   fax
Fax # _________________________________________

Manual Therapy Educators
21660 Phillip Dr.
Novi, MI 48375
COURSE DESCRIPTION

A systematic and hands-on differential evaluation and manual treatment approach is presented. This is applied to the neuromuscular and articular components of the cervical and thoracic spine. An important aspect of treating these areas is the ability to determine whether the source of a problem is the shoulder girdle, the cervical or thoracic spine, or a combination of these.

The use of vindication and incrimination tests to determine the contribution of each area to the presenting problem will be covered. Participants will be taught how to treat the cervical and thoracic spinal regions, utilizing a syndrome classification system that allows manual therapy techniques to be selected based on the patient’s condition, instead of anatomical classification.

Treatment techniques will include various manual therapy approaches, including disc centralization rationale, mobilization, as well as new and effective patient and clinician-friendly techniques. These include physiological overpressure mobilizations (POMs), muscle energy, POSTLATION and five forms of manual traction.

This is a practical course for a clinician in the outpatient setting.

COURSE OBJECTIVES

- Apply a clinically based manual therapy approach
- Classify problems of the cervical and thoracic spines according to treatable categories
- Distinguish between pain and dysfunction arising from the shoulder girdle or cervical and thoracic spine
- Assess joint integrity to ensure safe treatment
- Apply treatment rationale for the management of derangement syndrome, joint hypomobility and neuromuscular imbalances
- Select and perform the most effective manual therapy techniques for each type of problem
- Progress treatment as appropriate for the patient’s condition

This is a practical course for a clinician in the outpatient setting.

COURSE SCHEDULE

DAY ONE
7:15    Sign in and breakfast
8:00    Introduction to orthopedic manual therapy
8:30    Discussion of conditions and pathology of the cervical thoracic region
9:00    Testing of the shoulder quadrants
9:30    Mobilization grades and thoracic spine assessment
10:00   Break
10:10   Special tests of the cervical thoracic spine and shoulder used to incriminate or vindicate the structures involved in the patient’s presentation
12:00   Lunch (on own)
1:00    Cervical, thoracic spine and shoulder girdle treatment rationale
1:30    Objective examination of the cervical spine in the clinical setting
2:30    Evaluation and treatment of crossed proximal syndrome (muscle imbalance)
3:00    Break
3:10    Shoulder assessment and cervical links
4:00    Cervical O-A assessment and treatment
5:00    End of Day One

DAY TWO
7:30    Breakfast
8:00    Cervical A-A assessment and treatment
8:30    Middle and lower cervical dysfunction, derangement and stenosis treatment
10:00   Break
10:10   Assessment and treatment of thoracic derangement and dysfunction
12:30   End of Course

FACULTY

Gavin Hamer, PT, Dip. MT, graduated in 1979 from Otago University, New Zealand. He completed his post-graduate manual therapy training in 1991 and was awarded the Diploma of Manipulative Therapy. His 26 years of clinical experience include owning private practices in New Zealand and Canada, and since coming to the USA, directing out-patient orthopedic clinics. He currently manages an orthopedic clinic in Detroit, Michigan.

Gavin covers approaches ranging from McKenzie rationale to muscle energy, joint mobilization and the implementation of new techniques he has developed. Many of these approaches have been modified to make them more clinician and patient friendly. He has recently written the book entitled “The Lumbar Spine and Pelvis: A Syndrome Based Diagnostic and Treatment Approach.” The follow-up edition for the cervical spine is currently in progress.

Gavin has taught over 170 manual therapy courses since 1995 and material and techniques are continually updated. Material is presented in a manner that is both interesting and down to earth.

Great seminar! Would attend another course by Gavin without a doubt. Thanks!

Hands on! Sense of humor! Knowledgeable instructor!

Hands on techniques are refreshing and different!

Good speaker...made it fun and interesting!

Great class - Love the hands on!!

Great to have experienced clinician / manual therapist as instructor!