A campaign organised by the IDF Life for a Child Programme and the Diabetes Association of Jamaica with funding from the Leona M and Harry B Helmsley Charitable Trust.

**DIABETES IN CHILDREN AND YOUNG ADULTS**

**KNOW THE WARNING SIGNS**

- Excessive thirst
- Frequent urination
- Weight loss
- Lack of energy
- Bed wetting

In late stages vomiting, dehydration, rapid deep breathing or coma (ketoacidosis) can occur – consider diabetes in any severely ill child or young adult.

If anyone shows these signs, check for diabetes immediately. Treatment is urgent.