



PAUL QUINN C O L L E G E

Thanks for sending your child to Kappa Kamp this year, you may be wondering what he or she will need to bring. The good news is that most of what you'll need to pack you probably already have. But there are likely to be some items you'll need to buy that no camper should be without and you'll find them on the handy packing list below.

When planning your own camp packing list keep in mind that most camps offer laundry service approximately once a week. And also remember that the type of clothing needed can vary depending on the location, climate and type of camp you've chosen. Most importantly, do remember to label your campers clothing and belongings so that they come home with the same things they brought!

This list can be used as a guideline for a 2 week stay at a general, multi-activity camp. You should adjust it as you see fit. There is no need for designer clothes, electronic devices and excessive amounts of money.

TIP: If you would prefer to mail some items to have them arrive before your child arrives, please advise me and have them sent to – **Kappa Kamp – Attn: (Your Child)**
3837 Simpson-Stuart Rd. – Dallas, TX 75241 (You will need to pay for postage on both ends)

Check off the items you'll need and print this list for your shopping convenience.

Clothing		
<input type="checkbox"/>	Shorts	7 - 8
<input type="checkbox"/>	T-Shirts	8 - 10
<input type="checkbox"/>	Sweatshirt & Sweatpants	1
<input type="checkbox"/>	Dress Shirt & Ties (Church Visit & Business Presentation)	2
<input type="checkbox"/>	Slacks/Pants	1 - 2
<input type="checkbox"/>	Jeans	1



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<input type="checkbox"/>	Socks	12 Pair
<input type="checkbox"/>	Underwear	12 Pair
<input type="checkbox"/>	Swimsuits	1
<input type="checkbox"/>	Pajamas/Nightwear	2 pair
Footwear		
<input type="checkbox"/>	Sneakers	2 Pair
<input type="checkbox"/>	Dress Casual Shoes	1 Pair
<input type="checkbox"/>		
Bedding And Linen Sheets - Twin (1 set) Blanket & Pillow (1)		
<input type="checkbox"/>	Laundry Bag	1
Toiletries & Bedding		
<input type="checkbox"/>	Soap	
<input type="checkbox"/>	Soap Container/Holder	
<input type="checkbox"/>	Toothbrush	
<input type="checkbox"/>	Toothpaste	
<input type="checkbox"/>	Bath and Wash Towels (2-3 sets)	



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<input type="checkbox"/>	Deodorant
<input type="checkbox"/>	Mouthwash
<input type="checkbox"/>	Q-Tips
<input type="checkbox"/>	Brush
<input type="checkbox"/>	Comb
<input type="checkbox"/>	Shampoo/Conditioner
<input type="checkbox"/>	Lotion
<input type="checkbox"/>	Tissues
Personal Items	
<input type="checkbox"/>	Stationary & Stamps
<input type="checkbox"/>	Pens/Pencils
<input type="checkbox"/>	Books
<input type="checkbox"/>	
<input type="checkbox"/>	Sunscreen
<input type="checkbox"/>	Extra batteries
<input type="checkbox"/>	Baseball cap
<input type="checkbox"/>	
Athletic Gear	
*Note: Most camps can provide sporting equipment but your child may prefer to bring his/her own.	
<input type="checkbox"/>	



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<input type="checkbox"/>	Shin guards - 1 pair
<input type="checkbox"/>	Mouthpiece
<input type="checkbox"/>	Athletic Supporter w/cup (boys)
<input type="checkbox"/>	Basketball Shoes
<input type="checkbox"/>	Knee pads - 1 pair
Miscellaneous Items	
<input type="checkbox"/>	Ear Plugs
<input type="checkbox"/>	Water Bottle/Canteen
<input type="checkbox"/>	Insect Repellent
<input type="checkbox"/>	Any medication to be given to medical staff
<input type="checkbox"/>	Lightweight Jacket
<input type="checkbox"/>	

DO NOT BRING

- Blow dryers**
- Any electrical items**
- iPods**
- Expensive jewelry**
- Designer/expensive clothing**
- Articles that are of value to you, sentimental or otherwise**
- Fireworks or any incendiary items**
- Weapons of any kind, including knives**
- Alcohol, tobacco, or illegal drugs**

Happy packing!

NOTE: Please mark all luggage with your child's name. Also, label all belongings with your child's first and last name. These simple measures will help prevent items from getting lost or misplaced.