Spring Academic Conference
Looking Ahead: Your future in Psychology

Irene Kostiwa, M.A., APAGS Representative and Pam Cartor, Ph.D., KPA Academic Representative

Given the many specializations and training opportunities available in the field, students often have difficulty envisioning their own career path in psychology. Thankfully KPA’s annual Student Academic Conference is here to help. The conference provides an outlet for students at all levels of training to learn more about their options for the future. The event this year will be held at the University of Louisville on Saturday, March 27.

Building on the remarkable success and popularity of last year’s programming, students will again be able to display and discuss their current research and receive mentoring feedback. New this year will be an event where students can meet professionals from a variety of specialties for conversation and consultation. Other workshops and presentations will focus on the theme of this year’s conference Looking Ahead: Your Future in Psychology. Undergraduate and graduate students alike will find programming to meet their needs.

Undergraduates are invited to participate in a research poster competition where they not only receive valuable feedback on their presentation but are eligible to win up to $200. Students considering graduate school and those headed out into the field will find workshops to answer questions and meet their needs as they contemplate their future paths. Undergraduates are also invited to challenge last year’s champions from Bellarmine in the 23rd Annual Psych Bowl.

Graduate students interested in honing their research skills can participate at the conference by showcasing their work in the research poster competition (1st place prize of $500) or practice oral presentation skills and receive feedback and recognition for their work. Workshops will help students market their skills via an effective CV or navigate the stress of graduate school by finding a way to balance work and life events. Graduate students also have the opportunity to participate at the event as a judge at the undergraduate poster competition or Psych Bowl.

All students will be interested in a new event “Career Directions: Psychologists on Parade!” an exhibit-style panel of psychologists representing a range of specialties, interests, and careers available for consultation and conversation. Students should also consider nominating their favorite mentors for the

KPA Event Calendar
Registration and complete details can be found at http://kpa.org/calendar.cfm

March 2010
March 19th - The ABC’s of CBT with Kids: Principles and Clinical Application (Louisville)
March 27th - Spring Academic Conference (University of Louisville)

April 2010
April 16th - Issues in Advanced Supervision (Lexington)

May 2010
May 21st - Narrative Storytelling: Facilitating Secure Attachments (Louisville)

June 2010
June 25th
Regional Conference (Owensboro)

July 2010
July 23rd - “Take a TO, Baby!” Using Time-Out Technology for Ourselves and Our Children (Louisville)

August 2010
August 6th - Impasse or Opportunity: Clinical Use of Transference and Countertransference Phenomenon (Louisville)
Meet KPA’s New Executive Director

Lisa Willner, Ph.D., KPA Executive Director

If you had told me a year ago that I would find myself today in the KPA Executive Director position, I expect my reaction would have been one of bemused skepticism. A little more than a year ago, I left a position as Director of Religious Education at First Unitarian Church in Louisville, where I had served for eight years. My work there had the advantages of being multi-faceted, people-oriented, and focused on encouraging others to personal growth – three essential qualities of what I consider to be a great job. And yet, I had begun to feel that it was time for some new challenges, and to explore reconnecting more substantially with my roots as a psychologist.

Licensed as a Kentucky psychologist since 1994, I regularly attended continuing education events, often through KPA. As an adjunct psychology faculty member, briefly at U of L and Indiana University Southeast, and at Bellarmine University since 1999, I review theoretical material, stay abreast of developmental research, and have regular contact with undergraduates in psychology. Even though my primary work was outside our field, I felt a strong connection to and identification with psychology and psychologists.

And so, even though – or because - my path has been a long and circuitous one, it is wonderful to be here. In my first four months as KPA’s executive director, I’ve been repeatedly reminded of what drew me to psychology in the first place: a fascination with human behavior and relationships, curiosity and an eagerness to understand, and a desire to help. These are the same qualities that I recognize and resonate with in so many of you, our members. Although Kentucky psychologists are engaged in a wide range of professional activities, and operating from a broad spectrum of theoretical perspectives and educational backgrounds, there is a shared language and a common purpose that unites us in our profession.

A lot has happened in my brief time with you. KPA’s 2009 Annual Convention in November was its most successful ever, in terms of the numbers in attendance and positive ratings by participants. Plans for the March 27 Spring Academic Conference at the University of Louisville are well underway, with many of you having already signed up to participate. Director of Operations Leslie Proasi and I just spent an afternoon in Owensboro with the Western Regional Conference planning committee, led by Ed Morris. The day-long June 25th conference will feature required CE courses as well as an academic track, and will take place on the beautiful Owensboro Community and Technical College campus. Joe Edwards has stepped up to lead the 2010 Convention planning, and has already assembled an outstanding group to work on that project, including KPA’s new Academic Representative, Pam Cartor. The Continuing Education Development Committee, chaired by Kaveh Zamanian, is putting together a diverse program for the year, with Steve Stratton taking the lead on a new webinar series. A new slate of members, with lots of fresh ideas and energy, has been elected to the KPA Board. David Susman and the KPA Ambassadors headed up a new member drive, and worked to keep current members involved and connected to KPA and to one another.

Paying special attention to the diversity of our members’ interests and professional needs, we have a new Forensics Interest Section listserv up, running and active, with new KPA member Kelli Marvin taking the lead; a new Science and Research representative’s seat has been added to the KPA Board and filled by Jamie Studts; a Supervision listserv has been re-activated and re-energized; and we expect to begin a new Interest Section soon for those of you working with or wanting to learn more about developmental disabilities. The KPA Board has renewed its membership in the Kentucky Mental Health Coalition, and voted to support KMHC’s legislative goals. Sheila Schuster and David Hanna took immediate leadership and action to address the concerns of psychologists in pending legislation KPA is the glue that holds together these disparate pieces, all for the sake of promoting the practice and science of psychology throughout the Commonwealth, and for serving the varied needs of our diverse membership.

And there is a renewed commitment by KPA staff and elected leadership to ensuring that KPA is truly a statewide association. Historically, KPA’s advocacy and lobbying efforts for the protection and promotion of psychology and psychologists have served all Kentucky psychologists. Member benefits such as free ethics consultations, discounted continuing education courses, access to a community of committed professionals, and opportunities for association leadership have been statewide as well. Building on that, we want our members to know that we are also willing to bring the central office resources to you. I would love to come and meet with you in your region. This year’s Owensboro conference is, we hope, the first of many KPA regional conferences to rotate throughout the state, and we are open to the possibility of additional regional events. Contact your Regional Representative, or get in touch with me directly, and let us know what your needs and concerns are, or let’s just schedule a visit.

It is an honor to be your new Executive Director. I’ve enjoyed the opportunities I’ve already had to meet and work with so many of you. It is a privilege to hear about the important, challenging, and varied work you’re doing in your private practices, your clinics, your classrooms, your research, and your advocacy. As I continue to learn about KPA’s multi-faceted work, the room we have for continued growth, and the many ways the Association supports your professional endeavors, the more pleased and humbled I am to have found my way here.

Spring Academic Conference (continued)

prestigious Outstanding Faculty Mentor Award. This award is presented to a faculty member who has worked diligently and tirelessly to motivate and inspire students.

Faculty and other career professionals are encouraged to get involved by serving as judges, mentors, and proctors during the conference. The conference will conclude with an awards ceremony and raffle. Winners from the Psych Bowl, paper and poster sessions will be awarded and the Outstanding Faculty Mentor will be honored. Details for the conference can be found at the KPA website at www.kpa.org, under the Student section. Please do not hesitate to contact the KPA office if you are interested in volunteering, attending, or presenting.

Hundreds of students, faculty and other professionals made last year’s event the biggest ever, and the lineup of events at this year’s conference is sure to draw even more! Student, faculty, and career professionals can’t afford to miss out on this event where they can learn, mentor, or mingle with current and future Kentucky psychologists.
One of the things I do at the beginning of each year is take some time to remember the people from the past twelve months for whom I am especially grateful. This year my list included a friend who provided support as I sorted out the college application process with my son, an older couple in my church, now nearing the end of their lives, who have been like second family to me since graduate school, and the mother of a child client from over 20 years ago who, on a very cold and cheerless December day, flagged my car down in the Wal-Mart parking lot to greet me warmly and update me on her now adult children.

As I reflected on the folks who have contributed to my life during the last year, I wasn’t surprised that many of the names were fellow KPA members. Of all the benefits of KPA, the one I value most is being part of a larger community of psychologists who are available for consultation, stimulating conversation, support, and, often, fun. Jennifer Sutherland keeps the breakfast card swap for child psychologists happening regularly in Lexington and I always look forward being able to talk about professional challenges and issues with a group that really understands my world. Pat Burke provided enormous support and organizational ability in the year long preparation for convention. More than once, I’ve had the pleasure of discussing complicated cases with Tasha Geiger.

In late December, however, I really saw how great the varied resources of our association are. Only a few days before the start of the legislative session, a bill was pre-filed that would expand services for children with autism and also introduce the regulation of a new group of providers: applied behavior analysts. Autism is a complex disorder and strongly-held opinions sometimes collide over appropriate treatments. Behavior analysts have their roots in psychology, but have gradually developed as a separate profession that focuses on the use of behavioral techniques to help individuals with disabilities to acquire and maintain new behaviors. Putting both issues into statute has implications for the practice of psychology.

Knowing that we needed to have our best expertise to analyze the bill and formulate a response, the KPA Board encouraged me to contact KPA’s Child Section members and ask for folks to volunteer to share their expertise. Despite the busy holiday season, within a day or two, I had seven psychologists with a wide range of experience, training, and expertise step up to help out. Lisa Ruble, Joanna Conley and Mike Farina were especially helpful in providing detailed comments on the proposed legislation. Within a very few days, we had excellent feedback to provide to the bill sponsors that, hopefully, will improve service quality and also make sure that psychologists have an appropriate role in the service system. As always, Sheila Schuster provided wise counsel and facilitated the communication of our input to legislators. As I write this, the bill has not yet been heard in committee, but I really appreciate that our organization’s response has been informed by such strong professionals.

KPA has underway a number of initiatives designed to make it easier for members to connect with each other and benefit from their membership. The hiring process has started for our new Director of Professional Affairs (DPA) who will provide advocacy for members with the insurance industry and support for members struggling with payment issues. Lisa Willner, our Executive Director, is traveling to meet with section members across the state and we have funds budgeted to support social events for geographic section gatherings during the coming year. A full day of workshops will be held in Western Kentucky later this year to bring events usually held in Lexington or Louisville closer to members outside the central part of the state. And, in late March, the annual academic conference will occur. I’m sure those of you who saw the presentation at the annual convention by students in Tom Zentall’s lab will understand why I find the Academic Conference to be one of the most stimulating and enjoyable events of the year.

Whatever your interests, I hope that you will take the opportunity to contribute your talents to supporting other psychologists across the state and enjoying the full benefits of your membership in KPA. And, as we work together to promote the profession of psychology and share its knowledge and applications with the general public, I hope we’ll all have more reasons to be grateful for each other.
APA’s May 2009 Presidential Summit on the Future of Psychology Practice was followed in October by the first annual Continuing Education and Practice Development Conference, sponsored by the National Alliance of Professional Psychology Providers (NAPPP). In the keynote address, former APA President and current NAPPP board member Nicholas Cummings, Ph.D. said he fears psychology practice will not be able to continue in its present form, and he called for “creative extremism” in coping with this problem. One approach he described is a program at Arizona State University that grants a new degree, the doctor of behavioral health (DBH). All admitted students are master’s level psychotherapists, with an average of 7 years experience. This new degree, designed to be completed within 18 months, is designed to produce behavioral care providers who work in partnership with primary care physicians. According to John Caccavale, Ph.D., executive director of NAPPP; students from the DBH program will be eligible for licensure as psychologists in at least 26 states because of psychology equivalency provisions in the laws of those states. In addition, several speakers at this conference noted that prescriptive authority for psychologists is an important issue to explore for the future.

The APA Disaster Response Network (DRN) has been spearheading initiatives in response to the devastating earthquake in Haiti. The DRN is a group of approximately 2500 licensed psychologists with training in disaster response who offer volunteer assistance to relief workers and survivors in the aftermath of disasters. More information on this network is available at the website www.apa.org/practice/programs/drn/index.aspx.

Although the exact status of the health care reform bill remains uncertain at the time of this writing, the impending 21.2% cut to Medicare provider payments has been postponed for 2 months (through February 28), according to APA CEO Norman B. Anderson, Ph.D. This is due to a provision in the Department of Defense appropriations bill that President Obama recently signed into law.

The DSM-V is due to be published in 2012. Committees from the American Psychiatric Association, which publishes the DSM, have been meeting since 2007 to discuss revisions. According to an article in the November/December 2009 Ohio Psychological Association Review, discussions in these meetings have been kept secret. Nevertheless, Priscilla Kingston, Ph.D. writes that it is now well accepted that the biggest change in the DSM-V will be the requirement that every diagnosis be assessed along four dimensions: level of depression, level of anxiety, level of cognitive impairment, and level of reality distortion. This is designed to yield a more complex picture of an individual’s clinical profile. Further changes may involve the addition of hoarding and the deletion of schizoaffective disorder as diagnoses.

Members of the Pennsylvania Psychological Association (PPA) have been influential in getting the APA Council of Representatives to pass a resolution urging the emancipation of and assistance to survivors of human trafficking. Samuel Knapp, Ed.D., Director of Professional Affairs for PPA, noted in the November 2009 PPA newsletter, that many trafficked persons have been tortured and suffer physical and psychological disorders, such as PTSD, and he hopes that the resolution will improve public awareness of this important issue.
One of the most emotionally laden debates about an ethical standard regards 1.02: Conflicts between Ethics and Law, Regulations, or other Governing Legal Authority. Most of the time organizational and governing regulations do not conflict with psychologists’ ethical responsibilities, or if they do, can usually be resolved informally or by psychologists making known their commitment to the Ethics Code and the rationale for a particular standard, and offering alternative procedures that will allow psychologists to fulfill their professional obligations. However, if the conflict is unresolved via such actions, psychologists “may adhere to the requirements of the law, regulations, or other governing legal authority.”

In the years since 9/11, there has been increasing concern and debate over psychologists working in national security-related settings and the critical ethical issues and dilemmas they face. When irreconcilable conflicts occur with various laws and legal authorities, especially related to national security, i.e., unresolved no matter what steps the psychologist takes to resolve the conflict such as state-sanctioned abuse, how then does one apply Ethical Standard 1.02?

Kenneth Pope, Ph.D., former Chair of the APA Ethics Committee, summed up two points of disagreement with the Ethics Code regarding this issue in a letter to the APA President in February, 2008: “Historically, when concerns arose about the impact of psychologists’ behavior on groups at risk, APA moved decisively to create specific requirements and limitations in the ethics code’s enforceable standards,” including persons “for whom testing is mandated by law or governmental regulations, persons with a questionable capacity to consent, research participants, subordinates, clients, students, supervisees, and employees,” and even humane treatment of laboratory animals. “But for detainees, APA chose not to adopt any enforceable standards in the ethics code mandating humane treatment.” Dr. Pope’s second area of disagreement concerns the wording of 1.02 and how it “contradicts one of the essential ethical values voiced in the Nuremberg trials, i.e., “following orders” as a defense to violations of human rights. So deep was this rift in view that Dr. Pope resigned his APA membership.

Stephen Behnke, Ph.D., Director of the APA Office of Ethics, in a rebuttal to Dr. Pope’s views in July 2008, stated that Ethical Standard 1.02 has no connection to 9/11 and that it was written for vastly different reasons, but regardless, the Ethics Code absolutely prohibits involvement in cruel or inhuman treatment, based on Article 2 of the U.N. Convention Against Torture, and that civil disobedience is consistent with Ethical Standard 1.02. Dr. Behnke stated, “It would belie common sense and any respect for humanity for a health professional’s code of ethics not to prohibit torture. APs Ethics Code does.”

There is not adequate space in this article to do justice to all the views, opinions, implications and possible consequences of this issue. However, the APA Council of Representatives has directed the Ethics Committee to propose language that will “appropriately and effectively” amend and make more explicit the language in Section 1.02. This will reportedly take place at its February 2010 meeting.

A related matter that is more on the home-front, but may have just as many far reaching consequences, concerns the Nebraska Board of Psychologists (NBP), which is reported to be fighting a battle against one group’s efforts to change state regulations dealing with the referral of clients, specifically on the basis of sexual orientation. Since 2007, the Nebraska Catholic Conference (NCC) has challenged Ethical Standard 3.01: Unfair Discrimination (or equivalent ethical guidelines of other mental health workers). The NCC reportedly seeks changes in regulations governing psychology by which “it shall not be unprofessional conduct for a psychologist to decline to provide or make a referral for services due to a religious or moral conviction, as long as he/she identifies such services in the informed consent.”

While the Ethics Code does not require psychologists to provide services for which they have grave moral concerns and thus would not likely be competent to provide such services (2.01), it is not permissible to selectively refuse to refer for services. The NBP has voted unanimously against the proposal. The Board of Mental Health Practice (which licenses mental health practitioners who are not psychologists) voted in March 2009 to accept NCC’s proposal, but reversed its position in July.

These challenges to the ethical standards of the Ethics Code and in the sometimes unconventional work places of psychologists pose enormously complex and conflicting (and passionate) views and issues, with possible unforeseen consequences. To quote Dr. Behnke: “A profession based upon science seeks data... and in the coming months and possibly years, we will need to consider all data, not just that which seems to support individual views. In the final analysis, psychologists all share the same goals: To end all forms of violence, including torture and abuse, and to safeguard the welfare and human rights of everyone with whom we work.”

Kentucky Currents (continued)

A Hearty Congratulations to:
Howard Bracco, Ph.D, CBHE, President & CEO, Seven Counties, Inc. will be honored in March with a 2010 Visionary Leadership Award by the National Council for Community Behavioral Healthcare.

Jon Florida just joined the KPA Central Office staff in late January. Jon is an undergraduate student at Bellarmine University with a double major in psychology and sociology. His future plans include earning an MSW with a certification in animal-assisted therapy. His main goal is to an advocate for those who are so often overlooked. Jon will be working in the KPA office through April.

KPA President, Dr. David Hanna, who has just been appointed Chief Clinical Officer for Bluegrass Regional Mental Health Mental Retardation Board, Inc. In his new position, Dr. Hanna will have responsibility for quality of services across the entire mental health and substance abuse programing - in-patient, out-patient, children and adult. Kudos to Dr. Hanna, and to the Bluegrass administration for making such a fine selection!

Pat Pernicano, Psy.D. has two books to be released soon: Family Focused Trauma Intervention: Use of Play and Metaphor with Victims of Abuse and Neglect, will be out in March. Play and Metaphor in Child Therapy will be released in April. Congratulations!
The Council of Representatives of APA will meet in February 2010 with several agenda items of interest to our Kentucky members of both APA and KPA. Chief among them is a topic that several of our members have expressed an opinion about and which I wanted to take this opportunity to clarify. The issue of the exclusion of psychologists from engaging in any activity that is supportive of torture has reached both local and national attention.

In 2002 APA and the Ethics Committee issued a clear policy that there is no defense to torture under the Ethical Principles of Psychologists and the Code of Conduct. This meant that the Ethics Committee would accept no defense to torture in the adjudication of ethics complaints. Torture, however defined was considered to be unethical and inconsistent with membership in APA. Of course if a person is not a member of APA this would not apply to them.

When the 2002 Ethics Code was adopted it was never intended or anticipated that the language of Standards 1.02 and 1.03 could be interpreted to mean that any psychologist in any role could use the standards to justify, or as a defense for, violating basic human rights. Standard 1.02 addresses conflicts between ethics and law, regulations or other governing authority. Standard 1.03 addresses conflicts between ethics and organizational demands.

In 2009 the Ethics Committee acknowledged the discrepancy between the aspirational section of the code and the enforceable section of the code. The discrepancy is that the phrase “…in keeping with basic principles of human rights…” is omitted from the enforceable section of the code. The recommendation has been made that the phrase “…in keeping with basic principles of human rights…” be included in both the aspirational and the enforceable sections of the code. Also, new language has been recommended.

In February 2009 in a resolution entitled “Psychologists and Unlawful Detention Settings with a Focus on National Security” the Council resolved that “…psychologists may not work in settings where persons are held outside of, or in violation of, either international law (e.g., the UN Convention Against Torture and the Geneva Conventions) or the US Constitution (where appropriate), unless they are working directly for the persons being detained, or for an independent third party working to protect human rights” or if they are providing treatment for military personnel.

Thus, the potential conflict between ethical standards and the law has become significant. This has resulted in considerable debate regarding a change of the Ethics Code. The Ethics Committee has reviewed the opinions of many interested groups and has published on the APA website a review of both the public comment to this topic as well as a history of the issue of the code and the conflict between the code and the law. I would recommend you visit the new user friendly APA website and read this information. At the February 2010 meeting of Council the issue of opening up the code for revision will be discussed and voted. Also, new language to be included in both standards will be discussed.

Turning to other items on the February 2010 agenda, Council will discuss and vote on a Model Licensure Act, APA dues credit for SPTA members, organizational changes that will ensure each SPTA a seat on Council, and the development of treatment guidelines consistent with evidence-based practice in psychology [EBPP], to name just a few topics. These and other issues will be included in my next report to the membership in the next e-newsletter.

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The Kentucky General Assembly began its 60-day legislative session on January 5th with doom and gloom palpable in the halls of the Capitol. The dreaded, but projected, shortfall in the Commonwealth’s biennial revenue has materialized, to the tune of more than $1 Billion. Unfortunately, the Governor and the legislators are anything but united in proposing a solution. Governor Beshear’s plan, laid out in the State of the Commonwealth address and his later budget address, sought to “plug the hole” in the budget with revenue from expanded gaming. His budget proposal was immediately discarded by both House and Senate leaders as they summarily rejected that source of revenue.

What will the budget look like – and why is it important to KPA members? The budget is the document that outlines the state’s priorities, marking the importance of various programs and constituencies by the relative funding that they receive. The largest employers of psychologists in the Commonwealth are funded in the state’s budget – community mental health centers, corrections, juvenile justice and education, particularly higher education! If new revenue is not found, the predictions for cuts in funding are dire – 14% in the first year and 34% in the second year. Unfortunately, the push for comprehensive tax reform, led by Rep. Jim Wayne of Louisville (a KPA honoree), is getting little attention. It is unclear if tax reform will be considered this session. The advocacy role is critical: Cuts cannot be tolerated; new revenue must be found!

What else is on the table in Frankfort? KPA’s legislation, SB 12, sponsored by Sen. Denise Harper Angel, would eliminate the strict requirement for a year of post-doctoral supervised experience in order to be fully licensed. This would bring KRS 319 into agreement with APA’s recommendation for adjusting the sequence of training for doctoral-level psychologists. The bill failed to pass in 2008 because of confusion and then opposition from some mental health groups. Last year, only one more vote was needed for passage, but the session was adjourned early without that vote; we are hoping that the third time is a charm! KPA has also been involved in work on HB 159 to assure that psychologists have a role in the provision of services to children with autism spectrum disorders.

As a convening member of the KY Mental Health Coalition, KPA has endorsed the advocacy priorities of that coalition, with an emphasis on the budget and on HB 16, which would preclude the use of the death penalty for individuals with severe mental illness. This bill is parallel to the landmark legislation passed in the 1990 legislative session excluding individuals with mental retardation from the death penalty. KPA provided expert testimony in that session and will do so in this session. Psychologists have played a strong advocacy role in speaking out on these issues.

The good news on the federal level is the long and hard-fought battle to pass a comprehensive mental health/substance abuse parity bill has finally yielded fruit. The Dominici-Wellstone Act went into effect on January 1, 2010. The enabling regulations proposed by HHS in Washington have just been released; they will provide guidance for the full implementation of the legislation. The act mirrors the parity legislation passed in Kentucky in 2000, again with KPA leadership and the outstanding involvement of consumers and family members.

The not-so-good news from Washington is the political maelstrom and now gridlock which has thwarted the President’s hope of major health care reform at the federal level. Only one of the eight members of our KY Congressional Delegation – Rep. John Yarmuth of Louisville – voted in favor of health care reform legislation! That legislation would significantly curtail practices by insurers which have caused harm to consumers (pre-existing conditions, lack of renewability and portability) and would decrease the rolls of the uninsured. The responsiveness of KPA members to act when asked to contact members of Congress has led to some important federal action – primarily in delaying the proposed cuts in Medicare reimbursement. Continued advocacy with our delegation should focus on the role of psychologists on the health care team, reimbursements which keep psychological services accessible, and increased integration of behavioral and physical health care.

There are a myriad number of ways for Kentucky psychologists and students to be active as advocates at both state and federal levels. Our voices must be heard on behalf of the clients that we serve and the need to strengthen and improve the health delivery system so that behavioral health is not an afterthought. Psychologists have the knowledge and expertise – in human behavior, in health education and promotion, in improving educational systems, in data collection, research and analysis – to make significant contributions to educating the public, particularly our policy-makers.

KPA members are urged to join the KPA Grassroots Advocacy Network (GRAN) so you can receive information and Calls to Action on both state and federal issues. I invite you to check out the information on these issues and all of the necessary contact information on the KPA website, as well as on the Advocacy Action Network website: www.advocacyaction.net

Advocacy is an integral part of being a psychologist and a citizen! The anthropologist Margaret Mead said it so well: “Never forget that a small group of thoughtful people can change the world. Indeed, that’s all that ever has.”

KPA Classified Ad:

**Kilgore Center Looking For Psychologist**

The Kilgore Center, a non-profit counseling organization in Louisville, is looking for a Licensed Psychologist. Please refer to our ad on the KPA website, www.kpa.org/classified.cfm, for further details or contact waynej1@bellsouth.net, 502-327-4622.
KPA Early Career Psychologists Mentoring Program

Kristy M. Keefe, Psy.D., Member, Early Career Psychologists Committee

We are pleased to announce that the second year of ECP Mentoring Program will be beginning on June 1, 2010 and the committee is now accepting applications for both mentors and mentees. To refresh your memory about the program, early career psychologists (i.e., those who are < 7 years post terminal degree) may participate as a mentor to a graduate student or a less experienced early career psychologist. If interested, early career psychologist may participate as mentee working with a more seasoned professional. Psychologists who are past this stage of their career are being recruited to serve only as mentors. Graduate students may only apply to be mentees.

During the past year, five mentorship pairs from all regions of Kentucky have been collaborating through the pilot year of the program. Mid-year feedback from our participants has been quite positive! Their comments have highlighted how the Mentoring Program met our member’s expectations and promoted the professional development and interest in KPA of the early career psychologists involved. For example, current mentor Sean Reilley offered about the program, “the ECP Mentoring program offered by KPA has been a unique and an enriching opportunity to learn from a mentee and to provide external mentoring in the areas of teaching, scholarship, and professional life in academia. If you’re considering volunteering to be a mentor or are asked to consider ECP mentoring, don’t hesitate to say yes. You’ll grow personality and professionally as a result of the mentoring experience.” His mentee, Janet Dean, commented “As a new faculty member, being involved in the mentorship program has helped me to settle in my position and get on track for tenure. Sean Reilley has been a sounding board for so many issues – those related to research, courses, and faculty dynamics. Also, having our goals in place and knowing that I’ll be sharing with him has helped me to stay motivated as I work toward those goals. I barely made the cut off to be a mentee in this program and had thought twice about being involved, but now I’m very glad and thankful that I had the opportunity to participate.” In addition, others have commented on the rewarding connections they have made to fellow professionals and to KPA!

If you are interested in participating or have additional questions, please refer to the Early Career Psychologist link at www.kpa.org or go directly to the on-line application at: http://www.kpa.org/displaycommon.cfm?an=1&subarticlenbr=377. You can also request an electronic or paper application from the Mentoring Sub-Committee Chair, Kristy M. Keefe, Psy.D., (kkeefe@unionky.edu) as directed in the program overview document. The deadline for receipt of applications is April 30, 2010, so please contact us as soon as possible with any questions!

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KPA Member Benefit Highlight

Free Ethics Consultation

Have an ethical concern or question? Request a consultation from the KPA Ethics Committee by completing the Ethics Consult form available under the Members Only section of the website.

How it works...Your request will be forwarded to the current KPA Ethics Committee Chair, Dr. Kim McClanahan, who will consult with the entire ethics committee and review ethical guidelines prior to issuing a response. Response time averages around 10 days depending on the depth of the consultation request.

A KPA Member Only Service!

Welcome New KPA Members

Full Members
Rebecca Lynn Asher, Psy.D.
Beverly N. Bertke, M.A.
Kathryn Thor Boggs, Ph.D.
Ronald Botto, Ph.D.
Theresa M. Botts, Ph.D.
Christine E. Chew, Ph.D.
Stephen Cornett, M.S.
Diane R. Follingstad, Ph.D.
Sandra E. Freedman, M.A.
Keith Hersh, M.S.
Leslie Hughes, M.A.
Elizabeth L. Jones, Ph.D.
Brandi M. Jones, Ph.D.
Kathy H. Kugler, M.S.
Ingrid C. Lim, Psy.D.
Joseph E. Link, M.Ed.
Gregory Marcum, M.S.
Jessica Markel, M.A.
Jodi Lynn Martin, M.A.
Kelli Russ Marvin, Ph.D.
Keith Mayo, Psy.D.
Jennifer Ousley, M.A.
Chella Periyanyayagam, Ph.D.
Erica V. Pristas, Ph.D.
Jeff Reese, Ph.D.
Christiane Schneider, Ph.D.
Kathleen M. Spencer, Ph.D.
Todd F. Van Denburg, Ph.D.
Dellynda Werline, M.A.
Heather N. Willis, Psy.D.
Thomas Yerkey, M.A.
Marianne Young, M.S., Ed.S.

KPA GS
Steven M. Andrews, M.A.
Adam N. Brickler, Psy.D.
Nekesha Briggs, M.S.
Tara E. Clark, Ph.D.
Krystal Frieson, M.S., Ed.S.
Natalie Glover
Caroline Gooden
Sandra Kaye Goss
Gabrielle Hargrove, M.Ed.
Jordan Harp, B.A.
Elisha C. Hurley, DMin
Robert Jackson, M.A.
Alison Kaiser
Heather Kay
Reavithi N. Krishna
Karina Ann Lewis
Robert Mattson, M.A.
Jodi L. McKnight, M.Ed.
Krista Moe
Tory Moul
Kate Niehaus, M.S.
Ruth Shelhamer O'Brien
Therese O'Neil, MAT
Elizabeth Parker, M.S.
Taylor R. Saunders
Jamie Scaccia, M.A.
Elise Shaffer
Jessica Gilbert Shain
Laura Silverman, M.A.
Rachel Solomon
Brain Upton
Ebony Vivson
Qianhui Zhang

Undergraduates
Danelle Ambrose
Diana Armstrong
Callie Baker
Alyson Nicole Barnes
Amanda Frances Barnes
Bernard Lee Bell
Daniel Bentley
Stephanie Lynne Bowlin
Courtney S. Bowman
Chelsey Taylor Brown
Catherine Brown
Katie Carver
Demetrick Keshon Coleman
Nakeisha Curtis
Katherine Louise Dennis
Brittany Deskins
Ebony Janea Dixon
Claire M. Doins
Crystal Elliott
Jeffrey Etue
Chelsea Marie Feix
Jon Florida
Marjorie Lee Grefe
Maria Gurren
William Hall
Jennifer Marie Hammons
Samantha Lee Hawkinson
Bailey N. Higgs
Tara Caitlin Holiday
Amanda Michelle Holt
Karen Michelle Jackson
Daniel Carlin Jean-Louis
Erica Arum Kang
Monica Lawson
Abby Lewis
Maureen Ann McGill
Nichole Marie Moody
John Zachary Motte
Kellie Murphy
Mallory Nelson
Kathleen Sams
Vanessa Sinclair
Sarah R Singleton
Brett Donovan Smith
Emily Smith, B.A., BSSW
Jonathan Snedeker
Miki Tanaka
Kala L Taylor
Lori Ann Thomas
Simon Tilley
Alvaro Felipe Vargas
Amanda Marie Velez
Stephanie Wagner
TaShaunida Walker
William J. Waters
Brittany L Wells
Kiara Marie Wessling
Jordan White
Jennifer Williams

Out of State
Sabrina Jo Grubbs, Ph.D.
Jemma Rosen-Webb, Psy.D.

*Donations Received between July 2009 and January 2010
2009 Convention Wrap-Up

The 2009 KPA Convention brought together more than 400 psychology professionals and graduate students and by far was the most successfully convention to date! The convention offered cutting edge CE programs and top speakers, including Dr. Steven Behnke, Director of the APA Office of Ethics, and Dr. Kathleen Nordal, Executive Director of the APA Practice Directorate. The new Thursday-Saturday format helped to better accommodate requests from private practice psychologists for weekend training opportunities and will be the format for the 2010 Convention. A special thank you goes out to the 2009 Committee members for helping make the event such a success:

Pat Burke, Ph.D.
Jonathan Cole, Ph.D.
David Hanna, Ph.D.
Tom Miller, Ph.D., ABPP
Marilyn Robie, Ph.D.
John Ranseen, Ph.D.

What you can find online…

- View a photo gallery from the convention by following the link on the main convention webpage.
- Many convention presenters have posted their workshop handouts online. These can be found under the individual workshop listings on the convention webpage.

Save the Date!

The 2010 KPA Annual Convention is scheduled for November 11 – 13 and will be held in Louisville Kentucky at the new Crowne Plaza Hotel (formerly Executive West). We are delighted to announce that Dr. Joe Edwards has signed on as this year’s Convention Committee Chair! If you are interested in presenting at the convention this year or if you have workshop ideas/requests, please contact Dr. Edwards at Joeedwards@iglou.com.

2009 KPA AWARDS

The Kentucky Psychological Association (KPA) held its annual Awards Luncheon during the convention on Friday, November 13. Congratulations to the award recipients!

KPA Hall of Fame Inductees:
C. Dwight Auvenshine, PhD
Robert Baker, PhD

Psychologist of the Year: Suzanne R Rogers, PhD

Distinguished Career in Psychology: James P. Bloch, PhD

Jack Runyon Community Service: Carol E. Jordan, MS

Distinguished Public Service Award: Senator Denise Harper Angel

Schuster Advocacy Award: Elizabeth W. McKune, EdD

Special Recognition for Interim Executive Director Role
Leslie M. Proasi
The Kentucky Psychologist

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Membership IN KPA

A Great Investment in your future!

This annual edition of the Kentucky Psychologist goes out to both members and non-members alike. I would like to personally encourage each of you who are not currently Members of KPA to take a fresh look at the Association. I think you will find a vibrant, active organization!

- KPA is an organization that works to meet the needs of ALL of psychology in Kentucky.
- The new KPA Interest Sections helps Members connect with those sharing similar professional interests. Current sections include Clinical, Child/Adolescent, Education & Training, Science/Research, Health Psychology, and Forensic. Best of all, it’s free to members!
- KPA has an active legislative agenda, and works to promote and protect the profession on both the state and national levels.
- KPA is focused on the needs of the next generation: more than 25% of members have graduated within the last 10 years and KPA is proud to have the third largest student membership in the country.
- KPA has one of the highest Academic membership counts in the country and this year’s Academic Conference was estimated to be the largest of any state psychological association.
- Unlike many other states, KPA includes Masters psychologists as full members and has voting Masters representation on the Board.

Membership in KPA really is an excellent investment in your profession - now and for the future. Here are a few of the “dividends” you can expect:

**KPA Members...**

- **Save Money...** special discounts at all KPA sponsored Continuing Education Events, including more than 30% off Convention fees. With the new Monthly payment option, it’s more affordable than ever!
- **Bypass Sticky Situations...** Free access to our Ethics Committee and Legal Resource Consultant provides you with the tools you need to handle those difficult professional situations, so you can head off a mistake that could possibly threaten your career.
- **Conserve Time...** KPA sorts through and summarizes all kinds of information for you, and that information is available 24 hours a day online at www.kpa.org. You’ll find information on APA activities, HIPAA Help, consumer information and guides, summaries of national events affecting psychology, and links to numerous psychology-related sites.
- **Get Help with Questions...** Need to know how to reach the Board of Examiners? Can’t find the rule on how long to hang onto those files? Membership in KPA means you have somebody ready to help you - and it’s just a phone call away.
- **Define the Profession...** Have a strong voice in how our profession is defined in Kentucky - through legislation, community outreach, public education, and participation in the statewide mental health community.
- **Have a Sense of Community...** Psychologists can sometimes feel isolated. KPA helps you connect through list serves, CE activities, Academic programs, and service activities.

Join with your colleagues to protect psychology now and in the future... KPA Members take pride in knowing that their association is well-respected at the national level. Through their support of the Foundation, Members help to educate the public about psychological factors in every day life. Through their dues and support of outreach activities, Members help to nurture and protect the profession of psychology in Kentucky. They recognize their responsibility to give back to the profession that has given them their livelihood. Yet, all of KPA’s work to enhance the science and practice of psychology in our state is supported by fewer than half of those who benefit from it.

*If you aren’t investing in psychology in Kentucky - isn’t it time you did? Become a Member today and begin to collect those dividends!*

Apply online at www.kpa.org