

MIRRORS OF THE MIND 3: THE PSYCHOTHERAPIST AS ARTIST
NOVEMBER 1 – 8, 2014

The Los Angeles County Psychological Association (LACPA) is pleased to announce *Mirrors of the Mind 3: The Psychotherapist as Artist*. In its third year, this exhibition explores and celebrates the intersection of psychology, arts and creativity. It reflects our belief in the importance of creativity and the power of art to educate, inspire, promote empathy, and to celebrate diverse perspectives. This special event is a carefully curated mix of multimedia visual art arts including painting, drawing, photography, textiles, sculpture, ceramics, woodwork and other 3-D pieces created by psychologists/psychotherapists, psychology professors, and psychology graduate students. The event is organized by LACPA's Community Outreach Committee which is dedicated toward increasing the awareness of the general public about mental health issues and building relationships with community organizations, organizational leaders, and individuals. We foster a culture of inclusiveness and respect for diversity in our organization and in all of our community outreach efforts.

Juried by professionals in both the art and psychotherapy communities, these various works of art reveal how psychotherapists use their creativity to cross-fertilize, heal, protest and renew through self-expression. The Mirrors of the Mind exhibit is a rare opportunity to look into the normally veiled, private spaces of the psychotherapist. Our event has gained national recognition and was highlighted in the June 2014 edition of the American Psychological Association publication, *Monitor on Psychology*, as one of four arts projects in the country in which psychologists use the arts to heal, educate and strengthen communities..

Opening Reception on November 1 extends from 5 pm to 9:30 pm. The reception is open to everyone, more information available at the **LACPA WEBSITE** <http://www.lapsych.org/>. The exhibit is free and opens to the public during the week of November 1 through 8, see the ArtShare LA website for gallery hours at <http://artsharela.org/>

CURATOR

Terry Marks-Tarlow, PhD.
Co-Chair, Community Outreach Committee

ASSISTANT CURATOR

Pamela McCrory, PhD.
Co-Chair, Community Outreach Committee

ArtShare LA Facebook Mirrors 3

<https://www.facebook.com/events/1414916175397621/?context=create&source=49>