Conference details
Friday, Feb. 17, 2012
7 a.m. – 4:30 p.m.

Conference fee
• Physicians -- $200
• Physician Assistants and Nurse Practitioners -- $100
• Registered Nurses -- $85

Location
The Westin Hotel Galleria
3201 Galleria
Edina, MN 55435
952-567-5000

The Westin Hotel Galleria is one of the newest and most luxurious hotels in the Twin Cities. The hotel is located in the heart of Edina, about 15 minutes from downtown Minneapolis. Participants are only minutes away from hundreds of cultural, dining, sports and shopping experiences.

Hotel arrangements
A block of rooms has been reserved through Jan. 20, 2012 for participants. Please call The Westin Hotel Galleria directly at 952-567-5000, and indicate you are attending the Women’s Heart Conference, presented by University of Minnesota Physicians Heart.

Registration
Please register by Feb. 10, 2012
To register, call 612-293-4479 or toll-free 855-222-0787.
Or register online at: umphysicians.org/womensheartconf

2013 Save the date!
Be sure to mark your calendar for next year’s Women’s Heart Conference, scheduled for Friday, Feb. 15, 2013.

Registration fee and cancellation policy
Course fee includes materials, continental breakfast and lunch. A letter of confirmation will be mailed once we have received your registration. Cancellations on or before Feb. 8, will be returned less a $10 administration fee. Cancellations after Feb. 8 are non-refundable. For questions about the conference, call 612-293-4479 or toll-free 855-222-0787.

Women’s Heart Expertise
University of Minnesota Physicians Heart offers Women’s Heart Clinics at Fairview Southdale Hospital and University of Minnesota Medical Center, Fairview. Expert teams of cardiologists, nurse practitioners, physician assistants, registered dietitians and cardiac rehabilitation therapists work together to deliver the best heart care to prevent, manage and treat heart disease in women. For more information about women’s heart clinics, please call 612-365-5080 or visit us at umphysicians.org/heart.

University of Minnesota Physicians Heart
University of Minnesota Physicians Heart is a state-wide cardiovascular program that offers the region’s finest and most comprehensive heart services from 12 Twin Cities and greater Minnesota locations. The program’s 52 cardiovascular physicians provide a full continuum of care, ranging from prevention and treatment to transplants and the latest medical research.

Women’s Heart Conference at Fairview Southdale Hospital invites you to:
Matters of the Heart
Second Annual Women’s Heart Conference

Presented by:
University of Minnesota Physicians Heart in cooperation with American Heart Association (AHA) and WomenHeart: The National Coalition for Women with Heart Disease

For physicians, physician assistants, nurse practitioners and registered nurses
Friday, Feb. 17, 2012
7 a.m. to 4:30 p.m.
Matters of the Heart
Women’s Heart Conference

Learning Objectives

Heart Healthy Sleep
- Describe the relationship between sleep disorders and cardiovascular disease
- Identify the unique presentation of sleep disorders in women
- Recognize alternative therapies for the treatment of deep aperia, moving beyond Continuous Positive Airway Pressure (CPAP)

The Often Ignored Right-sided Heart Disease in Women
- Review of diagnostic criteria of pulmonary hypertension
- Discuss the risks of heart disease to females, especially in child-bearing years
- Discuss the current management options of pulmonary hypertension

Heart Failure in Women
- Review cardiac causes of syncope
- Create strategies for evaluation
- Explain the utility of devices and ablation in management of syncope

Cardiovascular Imaging Made Easy - A Case-based Approach
- Explain how blood flow to the heart is controlled by the body
- Connect how changes in heart blood flow leads to symptoms
- Describe how hormone changes in women affect heart arteries, heart blood flow, and symptoms

Hormone Replacement Therapy - Pros and Cons
- Discuss Hormone Replacement Therapy (HRT) and the relationship to cardiovascular disease
- Discuss those symptomatic women who should or should not take Hormone Replacement Therapy (HRT)
- Review current literature on younger perimenopausal women and timing of therapy

Chest Pain in Women – When to Intervene
- Identify differences in presentation of acute coronary symptoms in women
- Explain the procedural outcomes data in women - COURAGe data
- Describe new procedural approaches i.e., Radial approach

The Key to Success Is Prevention
- Identify prevention guidelines for women as defined by new American Heart Association (AHA) 2011 update
- Define terms of 10-year coronary heart disease (CHD) vs. overall (long-term) cardiovascular disease (CVD) risk
- Review AHA decision on role of novel CVD risk biomarkers and imaging technologies

Learning Objectives

Women’s Heart Conference Credit

American Medical Association / PRA

The University of Minnesota is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. The University of Minnesota designates this live activity for a maximum of 6.5 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

American Academy of Physician Assistants

AAPA accepts certificates of participation for educational activities certified for AMA PRA Category 1 Credit™ from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 6.5 hours of Category 1 credit for completing this program.

Nurse Practitioners, Nurses, and Other Health Care Professionals

Nurse practitioners, nurses, and other health care professionals who participate in this CME activity may submit their Statements of Attendance to their appropriate accrediting organizations or state boards for consideration of credit. The participant is responsible for determining whether this activity meets the requirements for acceptable continuing education.

Participants are eligible for 7.0 contact hours.

Disclosure

University of Minnesota Physicians Heart is committed to providing balance, objectivity and scientific rigor in its sponsored educational activities. All faculty and planning committee members participating in sponsored activities are required to disclose any real or apparent conflict(s) of interest related to the content of the program. Disclosure information is reviewed in advance to manage and resolve possible conflicts of interest. Specific disclosure information for all involved parties will be shared prior to the start of the conference.