

CENTERING PREGNANCY Basic Facilitation WORKSHOP Schedule

Day 1

- 8:00 – 8:30 Registration
- 8:30 – 9:00 Welcome and Introduction
- 9:00 – 10:00 Centering Model of Group Care Overview
- 10:00 – 10:30 BREAK
- 10:30 – 12:00 Facilitative Leadership Introduction
- 12:00 – 12:45 LUNCH
- 12:45 – 1:30 Health Assessment
- 1:30 – 2:15 Group Experience - Session 1
- 2:15 – 2:45 Facilitator Process Evaluation
- 2:45 – 3:15 BREAK
- 3:15 – 4:15 Organizational Needs and Evaluation
- 4:15 – 4:30 Closing Demonstration

Day 2

- 8:00 – 8:30 Breakfast and Check-in
- 8:30 – 9:00 Introduction Exercise
- 9:00 – 9:30 Educational Content
- 9:30 – 10:00 Facilitation Concepts
- 10:00 – 10:15 BREAK
- 10:15 – 12:00 Facilitation Practice
- 12:00 – 12:45 LUNCH
- 12:45 – 1:15 Facilitation Wrap Up
- 1:15 – 1:45 Recruitment & Retention
- 1:45 – 2:15 Putting it all together
- 2:15 – 3:00 Essential Elements
- 3:00 – 3:15 BREAK
- 3:15 – 4:00 Implementation Next Steps
- 4:00 – 4:30 Final Evaluation and Closing