

Community Conversation

◆◆◆◆◆ On Hope & Resiliency ◆◆◆◆◆

Please Join NAMI Maine

To raise awareness around mental illness, substance abuse and suicide. Hear stories of those who have lived experience for themselves or with loved ones; and be part of a local plan of action.

Cookies and coffee will be provided

**For more information contact Sarah at 207-622-5767
Ext. 2301 Sross@namimaine.org**

When

Thursday November 2nd
6:30 pm - 7:00 pm
Open House
7:00 pm - 8:00 pm
Conversation
FREE
No registration
required

Where

York Library
15 Long Sands Rd.
York, ME, 03909

Nothing has the ability to heal, mend the soul or change the mind like hearing the story of another. The NAMI Maine Speakers Bureau is dedicated to raising awareness about mental health and breaking down the stigma surrounding mental illness and suicide.



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