

Treatment Resource list for Law Enforcement & 1st Responders

Detoxification and Inpatient Treatment

Brattleboro Retreat, Uniformed Services Program, short-term residential

www.brattlebororetreat.org/usp

The USP is designed specifically for first responders and military personnel, for treatment of substance abuse issues, as well as depression, anxiety, PTSD. They have detoxification capabilities when needed, and the typical stay is 10-20 days.

The program takes many types of insurance which covers the treatment. Room and board is not included, and options range from dorm room to the Bed and Breakfast, which is the preferred option, as officers would be residing only with other USP participants (Brattleboro Retreat runs a number of different programs).

Information specific to the USP can be obtained by calling (802) 258-3700. For admission into the program, call 1-800-738-7328. Typically, placement can occur within 1-3 days.

On-Site Academy, short-term residential (5-90 days), outpatient counseling

www.onsiteacademy.org

This program is designed for first responders and military members with trauma issues, and includes EMDR. Note that this program does NOT accept insurance, but does have a small number of “scholarship beds” available. Call (978) 874-0177 for more information on the program.

Outpatient Treatment

Karen K. Hardy, LCPC, Med, CAC

Karen has extensive experience in corrections and working with first responders, and is certified in EMDR for PTSD. She is in Belgrade, (207) 494-4751 and is an exceptional therapist. Accepts many forms of insurance.

12-step support

Love and Service Law Enforcement AA group

This group is restricted to active or retired law enforcement and corrections officers, and is not advertised outside of law enforcement. You will find support here from brother and sister LEO's. Contact Matt Brown (207) 415-4737 for more information, or for immediate help, 24/7/365. Any of our group are ready, willing and able to come to see an officer to share our experience, strength and hope in recovery and assist in any way we can.