DATE: MAY 18 – 19, 2010

C. Ted Lick, Wildwood Conference Center, Harrisburg Area Community College
One HACC Drive, Harrisburg, PA

Jointly Sponsored by:
PA Department of Health, Office of Public Health Preparedness
PA Department of Public Welfare, Office of Mental Health and Substance Abuse Services
Target Audience: (Limited to 200 Registrants)

Emergency Behavioral Health Responders (EBH)
Disaster Crisis Outreach & Referral Teams (DCORT)
Critical Incident Stress Management Team (CISM)
Emergency Response Groups/Task Forces Members
First Responders, Coroners
Emergency Management Agencies
Other persons/ professionals interested in Emergency Preparedness and Emergency Behavioral Health Response

Program Description and Participant Objectives

The Pennsylvania Emergency Behavioral Health Institute is a two-day training program to provide participants with essential information about the Pennsylvania emergency behavioral health response, using an All-Hazards approach. Workshops will focus on integrating emergency behavioral health response into planning and preparing for, coping with, responding to, and recovering from natural and man-made disasters.

As a result of this training, the participants will be able to:

1. Define the structure of the Pennsylvania Emergency Behavioral Health response, with emphasis on coordination of resources and collaboration with other agencies’ roles.
2. Outline the need for emergency behavioral health (EBH) services to promote individual and community resiliency during the response and recovery stage; focus includes children, adolescents, persons with special needs, et al.
3. Describe the benefits of a regional response to an “All-Hazards” event, such as occurred with the Amish School Shooting.
4. List disaster preparedness resources available through various local, regional, and state agencies and advocacy organizations.
5. Identify key roles of emergency behavioral health (EBH) responders during the various phases of disasters, including planning, preparing for, responding to, coping with, and recovery from disasters.
6. Explore methods of integrating the emergency behavioral health (EBH) response with established resources, such as Task Force activities, school all-hazards plans, hospital emergency rooms/clinics.

CONTINUING EDUCATION CREDITS

General CEUs: In accordance with Western Psychiatric Institute and Clinic, Office of Education and Regional Programming approval process, health care professionals are awarded 1.35 units of Continuing Education Units (CEU). One CEU is equal to 10 contact hours.

Nursing Contact Hours: Nursing professionals receive 12.5 contact hours for this program. The Office of Mental Health and Substance Abuse Services (OMHSAS) is an approved provider of continuing nursing education by the Pennsylvania Nursing Association

Social Workers/Counselors CEUs: NASW-PA Chapter approved this workshop. Up to 13.25 CEUs will be awarded for completion of this course. NASW has been designated as a pre-approved provider of professional continuing education for social workers (Section 47.36), Marriage and Family Therapist (Section 48.36) and Professional Counselors (Section 49.36) by the PA State Board of Social Workers, Marriage & Family Therapists and Professional Counselors.

EMS (Emergency Medical Services): This program has been approved by the Department of Health, Bureau of Emergency Medical Services for continuing education credits for EMS Practitioners. Approved Course #005096 for 10 hours of EMS CE in the “Other” category.

Pending application and approval, additional professional CE credits may be available for Psychologists.

FUNDING: Funding for this training was made possible by Cooperative Agreement from the U.S. Centers for Disease Control and Prevention (CDC). The views expressed in written conference materials or publications and by speakers and moderators do not necessarily reflect the official policies of the CDC nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government.
## 2010 PA Emergency Behavioral Health Institute

**TUESDAY 5/18/2010**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30 – 8:15 AM</td>
<td>Registration/Continental Breakfast</td>
</tr>
<tr>
<td>8:15 – 8:30 AM</td>
<td>Introduction and Welcoming Remarks</td>
</tr>
<tr>
<td>8:30 – 9:15 AM</td>
<td>PA Emergency Behavioral Health Response and the Multi-State Consortium Structure</td>
</tr>
</tbody>
</table>

During an emergency or disaster, the PA Emergency All Hazards Behavioral Health response is essential in helping individuals and communities recover from traumatic events. The PA Emergency Management Plan behavioral health response and role of the Multi-State Consortium described.

Bobby Smith, PhD  
After being shot and blinded in the line of duty as a police officer, Bobby Smith received his Ph.D. in Counseling Psychology. His goal is to provide training and counseling for law enforcement, fire fighters, emergency services personnel, first responders, and their families. During his keynote, Bobby will provide tools to motivate the audience to overcome adversity.

12:15 – 1:15 PM **LUNCH**

**See Pages 4-5 for Workshop Descriptions**

### WS 1

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>1:15–2:45 PM</td>
<td>1A H1N1: Preparation, Response, and Lessons Learned</td>
</tr>
<tr>
<td></td>
<td>1B Partnering to Break Down Silos of Response and Integrating BH with Regional Task Forces</td>
</tr>
<tr>
<td></td>
<td>1C Implementing Methods of Community Outreach</td>
</tr>
<tr>
<td></td>
<td>1D ARC Basic First Aid Instruction</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>2:45 – 3:00 PM</td>
<td><strong>BREAK</strong></td>
</tr>
</tbody>
</table>

### WS 2

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>3:00–4:30 PM</td>
<td>2A Empowering Faith Based Communities to Be Part of All Hazards Response</td>
</tr>
<tr>
<td></td>
<td>2B Hope for Haiti: Story of Response, Recovery, and Resiliency</td>
</tr>
<tr>
<td></td>
<td>2C Identifying and Reaching Vulnerable Populations</td>
</tr>
<tr>
<td></td>
<td>2D ARC Basic First Aid Instruction</td>
</tr>
</tbody>
</table>

4:30 – 4:45 PM Evaluations and Adjournment

### WEDNESDAY 5/19/2010

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30 – 8:15 AM</td>
<td>Registration/Continental Breakfast</td>
</tr>
</tbody>
</table>
| 8:15 – 9:45 AM| Local/Regional Behavioral Health Response in Action; The Amish School Shooting  
CPL Govan Martin III and CPL Shawn H. German, PSP  
In October 2006, the peaceful ambience of the Amish Community was shattered by the actions of a gunman entering the Nickel Mines schoolhouse. The shooting of its occupants and its aftermath brought local, regional and national response. Law Enforcement Officers, First responders EMS, Paramedics, and Firefighters played important roles in the overall outcome of the incident. Following the keynote by representatives of the PA State Police Members Assistance Program, the panel members will describe their roles during the response and the impact of this tragic event.

9:45 – 10:30 AM **Debriefing Panel: Revisiting the Amish School Shooting**  
Moderator: Corporal Govan A. Martin, III, MAP, PSP  
Panel members:  
Corporal Shawn H. German, Southeast Regional Coordinator, MAP, PSP  
Lancaster County CISM Team: Brenda Pittman, BA, EMS and CISM Coordinator; and Deborah Adams, Paramedic, Senior Peer  
10:30 – 10:45 AM **BREAK**

### WS 3

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>10:45 AM – 12:15 PM</td>
<td>3A H1N1: Preparation, Response, and Lessons Learned</td>
</tr>
<tr>
<td></td>
<td>3B Strategic National Stockpile PODs: Identifying Roles of BH and EMS Providers</td>
</tr>
<tr>
<td></td>
<td>3C Addressing BH Needs of Children/Adolescents During All Hazards Planning &amp; Response</td>
</tr>
<tr>
<td></td>
<td>3D ARC Psychological First Aid</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>12:15 – 1:15 PM</td>
<td><strong>LUNCH</strong></td>
</tr>
</tbody>
</table>

### WS 4

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>1:15–2:45 PM</td>
<td>4A School Safety: Including Responders in All Hazards School Planning</td>
</tr>
<tr>
<td></td>
<td>4B Expanding Parameters of Response Teams to Meet Specialized Needs</td>
</tr>
<tr>
<td></td>
<td>4C Fostering Resilience: Planning and Preparing for Self &amp; Family Care</td>
</tr>
<tr>
<td></td>
<td>4D ARC Psychological First Aid</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>2:45 – 3:00 PM</td>
<td><strong>BREAK</strong></td>
</tr>
</tbody>
</table>

### WS 5

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>3:00–4:30 PM</td>
<td>5A FEMA Best Practices Award: Spotlighting Indiana County</td>
</tr>
<tr>
<td></td>
<td>5B Implementing All Hazards BH Response in a Hospital Emergency Room</td>
</tr>
<tr>
<td></td>
<td>5C Facilitating Community Resilience:</td>
</tr>
<tr>
<td></td>
<td>5D ARC Psychological First Aid</td>
</tr>
</tbody>
</table>

4:30 – 4:45 PM Evaluations, Certificates, and Adjournment
**REGISTRATION FORM**

2010 PA EMERGENCY BEHAVIORAL HEALTH INSTITUTE (PQ44)

May 18-19, 2010
C.Ted Lick Wildwood Conference Center at Harrisburg Area Community College
One HACC Dr., Harrisburg, PA 17110

**THERE IS NO REGISTRATION FEE FOR THIS TRAINING EVENT, BUT DUE TO SPACE, REGISTRATION IS LIMITED.**

**PRE-REGISTRATION IS REQUIRED. DEADLINE FOR REGISTRATION IS MAY 3, 2010. PLEASE NOTIFY US IF YOU MUST CANCEL.**

To register, please fill out this form and return it via fax (412-802-6910) or email (briankl@upmc.edu). Telephone registrations CANNOT be accepted.

---

**Social Security Number (Last Five Digits Only):**

**Name (Last, First):**

**Degree(s) (i.e. MD, PhD) as you wish them to appear on name badge:**

**Institutional Affiliation:**

**Address1 Home:**

**Address2 Work:**

**City:**

**State:**

**Zip Code:**

**County:**

**Day Telephone:**

**E-mail Address:**

**Degree(s) (i.e. MD, PhD):**

**Please choose a selection for each workshop time: (Please Note: ARC Courses are multi-sessions)**

**Day 1 from 1:15 – 2:45**

1A: H1N1: Preparation, Response, Lessons Learned  
1B: Silos of Response and Integrating BH  
1C: Implementing Methods of Community Outreach  
1D: ARC Basic First Aid (continued in next session)

**Day 1 from 3:00 pm – 4:30 pm**

2A: Empowering Faith-Based Communities  
2B: Hope for Haiti  
2C: Identifying/Reaching Vulnerable Populations  
2D: ARC Basic First Aid (continued from first session)

**Day 2 from 10:45 am – 12:15 pm**

3A: H1N1: Preparation, Response, Lessons Learned  
3B: Strategic National Stockpile PODs  
3C: Meeting Needs of Children/Adolescents  
3D: ARC Psychological First Aid (continues to 4:30 pm)

**Day 2 from 1:15 pm – 2:45 pm**

4A: School Safety: Including Responders in Planning  
4B: Expanding Parameters of Response Teams  
4C: Fostering Resilience; Self and Family Care  
4D: ARC Psychological First Aid (continued)

**Day 2 from 3:00 pm – 4:30 pm**

5A: FEMA Best Practices; Spotlighting Indiana County  
5B: All Hazards in the Hospital ER  
5C: Facilitating Community Resilience  
5D: ARC Psychological First Aid (continued)

---

**For continuing education purposes, please indicate if you require the following:**

<table>
<thead>
<tr>
<th>Social Work/LPC/LMFT</th>
<th>Nursing (RN)</th>
<th>EMS</th>
<th>General CEU</th>
</tr>
</thead>
</table>

**(PLEASE NOTE: RN Contact Hours are not available for the ARC Basic First Aid or Psychological First Aid courses.)**

**Special Needs:** Participation by all individuals is encouraged. Advance notice of any special needs will help us provide better service. Please call **at least two weeks** in advance of the program **412-802-6905.**

**Accommodation Needs (Including Dietary Needs):** (Specify) __________________________________________

---

**Telephone registrations CANNOT be accepted!**

**Please return this completed registration form via fax, email, or US mail to:**

**Kyessa L. Brian**
OERP/WPIC  
3811 O’Hara Street, Building:  
4601 Baum Blvd, Room 178  
Pittsburgh, PA 15213

**Fax:** (412) 802-6910

**E-mail:** briankl@upmc.edu

**For questions only:** Telephone: (412) 802-6905
1A/3A H1N1: Preparation, Response, Lessons Learned
Shannon Fitzgerald, DOH OPHP
Novel H1N1 was a new strain of influenza that spreads from person-to-person just as the seasonal flu does, and was expected to be widespread this flu season. PA DOH began an aggressive plan to prepare for, respond to, and minimize the impact of this pandemic influenza. This workshop will describe the approach DOH used to implement the plan, the response of the public and the results.

1B Partnering to Break Down the Silos of Response and Integrating BH with Regional Task Forces
Joseph A. Cocciardi, PhD, MS, CSP, CIH, REHS, RS, Cocciardi and Associates, Inc., SC Task Force
Effective resource decision-making prepares responders for a unified, timely, and appropriate response regardless of hazard, size of event, or geographic location. Through support of both vertical and horizontal planning, “silos of response” vanish. This workshop will describe ways to partner with government agencies responsible for emergency management activities, private sector stakeholders, non-profit and volunteer organizations, and survivors.

1C Implementing Methods of Community Outreach
Sylvia Twersky-Bumgardner, MPH, Temple University
Groups that may need extra assistance to prepare for, respond to, and recover from an emergency include individuals living with both functional and social vulnerabilities. This session will have a discussion of methods to find out what that population looks like in your community. It will also address how to include community and service representatives in your general emergency planning process, working with them as partners to develop and disseminate messages, and the advantages/methods of two-way information flow.

2A Empowering Faith Based Communities to Be Part of All Hazards Response
Sister Marguerite Kropinak, CSJ, LCSW, D.Min and Rev. Steven McKeown, Community of Celebration, Chaplain FBI Pittsburgh District
Faith-based community organizations (communities of worship, religious organizations and their leaders) offer multiple resources (people, facilities, education, supports, networking, communication) in a variety of emergency situations. To maximize their involvement, their inclusion in planning and preparation is essential. This workshop will discuss methods of building and supporting faith-based communities to become an active part of response.

2B Hope for Haiti: Story of Response, Recovery, and Resiliency
Members of Haiti Response Team, US Public Health representative invited
The international humanitarian response to the 2010 Haiti earthquake included national governments, charitable and for-profit organizations from around the world. This workshop will describe the psychological impact during the aftermath of this event, through the personal experiences of the Response Team which provided aid designed to help the Haitian people.

2C Identifying and Reaching Vulnerable Populations
Chad Thomas (SE PA) – Regional Vulnerable Populations Outreach Project/Lucille Underwood and Kevin McElligott (Western PA Special Populations Workgroup
In disaster preparedness and response, the terms "vulnerable" or "special needs" populations are often used to characterize groups whose needs are not fully addressed by traditional service providers. This workshop will highlight two PA projects used to identify and reach vulnerable populations.

3B Strategic National Stockpile PODs: Identifying Roles of Behavioral Health and EMS Providers
Jon Williams, Cocciardi and Associates, Inc., SC Task Force
PODs are locations where medication/vaccine or other materials are dispensed quickly to a large group of people. This stressful situation can create anxiety in any member of the population. During this workshop the roles of BH workers and EMS responders at PODs will be outlined.

3C Addressing BH Needs of Children & Adolescents During All Hazards Planning and Response
Dr. John Biever, Psychiatrist, DPW, OMHSAS Consultant
Dr. Mary Margaret Kerr, STAR-Center Outreach Representative from PEMA and Health & Human Services Invited Children’s response to trauma is a highly specialized area of behavioral health. This workshop will explore the BH needs of children and adolescents and discuss the special needs which must be considered in preparing for, responding to, and recovering from any emergency or disaster.

4A School Safety: Including Responders in All Hazards School Planning
Donald W. Smith Jr., MEd, Center for Safe Schools
Preparedness plan that keeps students and faculty safe, as well as first responders who are called to an incident. This workshop will focus on methods of including local emergency management agencies, first responders, school-based security, and law enforcement agencies in preparing for any and all contingencies.

4B Expanding Parameters of Response Teams to Meet Specialized Needs
Panel: Erie County DCORT, KCIT, CISM, RedCross, et al
When disaster occurs in a community, it is essential to assess the needs, based on location, culture, individuals affected, etc. This workshop will explore the opportunity of developing specialized response teams that can address the needs of the people affected by the disaster.

4C Fostering Resilience: Planning and Preparing for Self & Family Care
Simone Gorko, MS
Resiliency is the ability to bounce back from stress and crisis. It is displayed in individuals, families, and communities when they build caring support systems and solve problems creatively. This workshop will provide prevention and early intervention efforts help build coping skills.
5A FEMA Best Practices Award: Spotlighting Indiana County
FEMA recognized the emergency preparedness efforts of Indiana County by awarding them a Best Practices Award. Representatives from Indiana County will provide an overview of the project.

5B Implementing All Hazards BH Response in the Hospital Emergency Room
Thomas Terndrup, MD., FACEP, FAAEM, Dept of Emergency Medicine, Penn State University College of Medicine
Behavioral health professionals trained in disaster response work in shelters, medical/psychiatric facilities, or engage in outreach and educational activities in communities to facilitate the resiliency and recovery of survivors and responders. This workshop will focus on implementing behavioral health response (including CISM team) in a medical facility.

5C Facilitating Community Resilience
Panel: Representatives from PA Psychological Association invited from (national, state, and local) to respond to the stresses faced by today’s children, youth, and families. This panel will discuss approaches to facilitate community resilience, using various resources.

AMERICAN RED CROSS EXTENDED WORKSHOPS

1D/2D ARC Basic First Aid Instruction (8 – 25 participants)
Training Facilitator/Coordinator, ARC Susquehanna Valley
This 3½ hour course will prepare participants with the knowledge and skills necessary to prevent, recognize, and provide basic care for injuries and sudden illnesses until advanced medical personnel arrive and take over. Participants will receive ARC certification.

3D/4D/5D ARC Psychological First Aid Instruction
John Weaver
Psychological First Aid is an evidence-informed approach for assisting children, adolescents, adults, and families in the aftermath of disaster, terrorism, and other crisis events. It is designed to give practical assistance to meet immediate needs and concerns, reduce distress, and foster adaptive coping. This training will expand the skills of faith communities, behavioral health workers, and other disaster responders. Participants will receive ARC certification.

HOTEL RESERVATIONS: Call the hotel directly to make your reservations.

Staybridge Suites (located ½ mile from HACC Conference Center): A block of rooms is reserved for participants at a rate of $89 (includes complimentary hot buffet and shuttle service to conference site)
Register by April 26, using Code Name EBA-Emergency Behavior Attendees. Telephone: 717-233-3304

Additional Local Hotel Information:
Address Telephone Rates
Holiday Inn Express East (5 miles from HACC) 4021 Union Deposit Road 717-561-8100 $99
Holiday Inn Express Hotel & Suites (7 miles from HACC) 5680 Allentown Blvd 717-657-2200 $75
Howard Johnson Inn Harrisburg (10.5 miles from HACC) 473 Eisenhower Blvd 717-564-6300 $59
Holiday Inn Harrisburg East (11 miles from HACC) 4751 Lindle Road 717-939-7841 $69

DIRECTIONS to Harrisburg Community College

From Points East or Northeast (Using Turnpike): Take Exit 247 Harrisburg East off the Turnpike, traveling 283 West to I-83/81. At the three-way split, follow the signs to I-83 North. Take I-81 South towards Carlisle and move to the middle lane of I-81 South. Take the Cameron St. Exit ramp to 22/322 East. Turn right at first traffic light onto Wildwood Park Drive; Continue through next traffic light to gate #4. Turn right into parking lots. Walk over bridge to Conference Center.

From Points West or Northwest (Using Turnpike): Take Exit 226 from Turnpike at Carlisle. Follow signs to Harrisburg, Route 11 East and I-81. At the I-81 Interchange, follow signs to I-81 North to the Cameron Street Exit 67. Turn right at first traffic light onto Wildwood Park Drive; Continue through next traffic light to gate #4. Turn right into parking lots. Walk over bridge to Conference Center.

From Points North, Northwest, or Northeast (Using Route 11/15 or 22/322):
Traveling South on Route 11/15 or East on Route 22/322, two alternate routes are available:
- At the interchange of 11/15 and 22/322, travel East on Route 22/322, across the Susquehanna River (Clarks Ferry Bridge). Continue on East 22/322 into Harrisburg. At the I-81 Interchange, stay in the far left lane and travel South onto Cameron St. Continue with instructions below (From I-81 North or South)
- At the Intersection of 11/15 and 22/322, travel South on Route 11/15 to I-81 at Harrisburg. At the I-81 Interchange, take I-81 North, crossing the Susquehanna River (George Wade Bridge). Continue with instructions below (From I-81 North or South).

From I-81 North or South: Exit from I-81 at the Cameron St. Exit Ramp, and travel South on Cameron St. Turn right at first traffic light onto Wildwood Park Drive; Continue through next traffic light to gate #4. Turn right into parking lots. Walk over bridge to Conference Center.

For additional directions, please visit www.mapquest.com.